



FOUR NATIONALS CHAMPIONSHIPS
Czechia, Hungary, Poland, Slovak Republic

Prešov, Slovakia
11 – 13 December 2025

ANNOUNCEMENT

4NC 2026



FOUR NATIONALS CHAMPIONSHIPS 2026
Prešov / SLOVAKIA, 11 – 13 December 2025



FOUR NATIONALS CHAMPIONSHIPS 2026 (4NC)

**National Championships of
Czechia, Hungary, Poland and Slovak Republic**

for the following categories

Senior:	Men, Women, Ice Dance, Pair Skating
Junior:	Ice Dance, Pair Skating

organized by

Slovak Figure Skating Association

Prešov, Slovakia

11 - 13 December 2025

Four Nationals Championships 2026 – Organizing Committee
Slovak Figure Skating Association
Záhradnícka 95, 821 08 Bratislava, Slovakia
4nat26@gmail.com, www.kraso.sk, +421 918 791 227

1. INTRODUCTION

The **Four Nationals Championships 2026 in Figure Skating** will be conducted in accordance with the National Regulations. All participating Nations follow its own valid Regulations for its own National Championships.

The Organizers reserve the right to change the date, location and program of the competition as well as to update the Announcement if necessary. When submitting an entry all competitors acknowledge that the Organizers can only host the competition in accordance with the effective medical and government regulations. The competitors also acknowledge that in case laws forbid it the Organizers are unable to hold the competition. Furthermore, in case the competition cannot take place due to legal restrictions or public health issues the Organizers bear no responsibility for any damage resulting from the cancellation and thus no claims can be made towards the Organizers. The Organizers are not obliged to assign a new date for the competition if it is cancelled because of the above-mentioned reasons.

2. GENERAL REGULATIONS

Place of competition: **ICE Arena Zimný štadión Prešov**
Pod Kalváriou 48, 08001 Prešov
Rink is indoor with a surface of 58 x 28 meters
located in the centre of the city.

Date: **December 11 – 13, 2025**

Organizer: Slovak Figure Skating Association,
Záhradnícka 95, 821 08 Bratislava,
e-mail: 4nat26@gmail.com
Sportity: **4NAT26**

Categories:

Men:	Senior
Women:	Senior
Ice Dance:	Senior, Junior
Pair Skating:	Senior, Junior

3. TECHNICAL DATA

MEN	Short Program	The required elements to be skated are those listed in ISU Technical Rules Single & Pair Skating 2024, Rule 611, paragraphs 1 and 2. Duration: 2 min., 40 sec. +/- 10 sec.
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	Free Skating	In accordance with ISU Technical Rules Single & Pair Skating 2024, Rule 612 and the respective ISU Communication. Special attention should be paid to the “well balanced program” and the element value. Duration: 4 min. +/- 10 sec.
WOMEN	Short Program	The required elements to be skated are those listed in ISU Technical Rules Single & Pair Skating 2024, Rule 611, paragraphs 1 and 2. Duration: 2 min., 40 sec. +/- 10 sec.
	Free Skating	In accordance with ISU Technical Rules Single & Pair Skating 2024, Rule 612 and the respective ISU Communication. Special attention should be paid to the “well balanced program” and the element value. Duration: 4 min. +/- 10 sec.
ICE DANCE	Rhythm Dance	In accordance with ISU Technical Rules Ice Dance 2024 , Rule 709. Rhythms, required elements and guidelines are those listed in ISU Communications 2704 and subsequent updates. Duration: 2 min., 50 sec. +/- 10 sec
	Free Dance	In accordance with ISU Technical Rules Ice Dance 2024, Rule 710. The required elements to be skated are those listed in ISU Communication 2704 and subsequent updates. Duration: 4 min. +/- 10 sec.
PAIR SKATING	Short Program	The required elements to be skated are those listed in ISU Technical Rules Single & Pair Skating 2024, Rule 620, paragraphs 1 and 2. Duration: 2 min., 40 sec. +/- 10 sec.
	Free Skating	In accordance with ISU Technical Rules Single & Pair Skating 2024 Rule 621 and the respective ISU Communication. Special attention should be paid to the “well balanced program” and the element value. Duration: 4 min. +/- 10 sec.
JUNIOR ICE DANCE	Rhythm Dance	In accordance with ISU Technical Rules Ice Dance 2024 , Rule 709. Rhythms, required elements and guidelines are those listed in ISU Communications 2704 and subsequent updates. Duration: 2 min., 50 sec. +/- 10 sec

	Free Dance	In accordance with ISU Technical Rules Ice Dance 2024, Rule 710. The required elements to be skated are those listed in ISU Communication 2704 and subsequent updates. Duration: 3 min. 30 s +/- 10 sec.
JUNIOR PAIR SKATING	Short Program	The required elements to be skated are those listed in ISU Technical Rules Single & Pair Skating 2024, Rule 620, paragraphs 1 and 3 for 2025/2026. Duration: 2 min., 40 sec. +/- 10 sec.
	Free Skating	In accordance with ISU Technical Rules Single & Pair Skating 2024 Rule 621 and the respective ISU Communication. Special attention should be paid to the “well balanced program” and the element value. Duration: 3 min. 30 s +/- 10 sec.

4. ENTRIES

4.1. General

All entries for the Four Nationals Championships 2026, must be done by one of four participating Federations. The Federations are responsible for correct entries of their competitors as for their own National Championships event.

4.2. Preliminary entries

The preliminary entries must reach the Organizer by latest: **November 10th 2025**. A link to the online form will be sent to each federation.

4.3. Entries by Name

4.3.1. Entries of Competitor

The Entries by names must reach the Organizer by latest: **November 28th 2025 - 18:00 h**. Link for the entries by names will be sent to each federation.

4.3.2. Entries of Judges

Each participating Federation has the right to nominate two judges per discipline who has at least the qualification “Judge for International Competitions”.

Additionally, each participating Federation has right to nominate one of the following Officials per discipline (Technical Controller, one of two Technical Specialists, Referee). The appointment of Officials will be made through an agreement among the four participating Federations, with the Organizer having the first choice of roles in each discipline. Each participating Federation has right to choose an Official for designated role who has at least the qualification “(...) for International Competitions”.

The Organizer will appoint two Data & Replay Operators with at least the same qualification as above.

The Entries of Judges and Officials must be made by **November 28th 2025**.

The panel of Judges will consist of 8 Judges. In exceptional cases and if there is no possibility to compose a panel of judges with 8 Judges, the participating Federations may authorize panel of a minimum of 6 Judges.

4.3.3. Entries of Team Members

Official entries of all Team Members and Team Officials must be submitted via the online form sent to the federations by **November 28th 2025**

5. MEALS & LODGING

5.1. Official hotels

The official hotels for the event are:

Hotel Best Western (designated for Teams)
Solivarská 1B
080 01 Prešov

- shuttle bus service will be provided

Hotel Belier (designated for Judges and Officials)
Jarková 1
080 01 Prešov

- shuttle bus service will be provided

Hotel Lineas (if it is necessary)
Budovateľská 14, 080 01 Prešov

- shuttle bus service will be provided

5.2. Room rates

	Hotel Best Western	Hotel Belier	Hotel Lineas
Twin or double bed room	100 EUR / night	100 EUR / night	100 EUR / night
duplex apartment with 4 beds	180 EUR / night		
Prices include local tax, breakfast and parking			

In order to be able to provide special room rates at the official hotels, the room reservations for all team members have to be done exclusively through the Organizing Committee with the use of the Hotel Sheet.

5.3. Meal rates

Lunch and dinner for all participants of the Four Nationals Championships will be served at the Ice Rink in buffet style on Friday (December 12th) and Saturday (December 13th). Meal vouchers must be ordered through the Organizing Committee.

There will be lunch and dinner available at the Ice-rink for Officials and Judges.

Meal voucher rate **20 EUR / meal** (lunch or dinner)

Meal hours* lunch 12:00 – 16:00
 dinner 19:00 – 22:00

* meal hours may change after closing the final time schedule

5.4. Reservation deadlines

In order to properly secure the hotel capacity, the participating Federations are requested to send the preliminary Hotel Sheet by **November 10th 2025**.

Final hotel reservation must be made by **November 28th 2025**. Please, be informed that the Organizing Committee may not accept hotel cancellations made after this date. Late cancelations will require payment of 75% of the hotel fee.

The cost of accommodation is requested to be paid by bank transfer or in cash / credit card no later than **December 5th, 2025**. Prepayment of 40% of the reservation value will be requested from the participating Federations before **November 15th, 2025**.

All extra expenses incurred by any person will be the responsibility of that person and must be paid prior departure at the hotel.

6. EXPENSES

Expenses for the ice rink as well as other costs associated with the organization of the Four National Championships shall be divided among the 4 participating Members. Reimbursement for travel, lodging and per diem for Referees, Technical Controllers, Technical Specialist, athletes and coaches as well as for a panel of judges shall be determined by each participating country according to their own rules and decisions.

7. DRAW

Concerning the first segment of the categories the starting order draws will be held on Thursday **December 11th 2025 at 18:00** with the respective Referee, Technical Controller and Event Coordinator. Location of the draw and opening dinner will be announced in due time.

Starting orders for the second segment will be reverse order of the result of SP/RD results.

8. PRACTICE

Official practice for Competitors begins on Thursday **December 11th 2025**. The detailed schedule will be issued at the time of registration.

Unofficial practice is not available.

9. MUSIC/ PLANNED PROGRAM CONTENT

In accordance with Rule 343 in the ISU Special Regulations & Technical Rules Single & Pair Skating and Ice Dance, the following method to submit the Competitor's music to the Organizing Committee must be followed:

- The participating Federation is responsible for submitting their Competitors' music as a direct attachment to an email to the Organizing Committee (4nat26@gmail.com) or via the official form that will be published. until **December 7th, 2025**.

Please note: some music files might exceed the size of a regular email. In this case, an email-based transfer service which allows to send large files could be used to send the file to the OC.

- each submission shall be labelled with the name of the participating Federation, name of the category, segment and the name(s) of the competitor(s):

Example:

SVK_JuniorPairs_SP_KARASOVA-Anna_KARAS-David

- the music files must be sent as **WAV or MP3** file formats. Any other format is not acceptable.

Please note: Files in MP3 format may have a significant difference in the music quality when reproduced. The Organizing Committee in this case is not responsible if the music quality would be insufficient.

- Each Competitor must have an own back-up drive (USB Stick) for each program in the format of a WAV or MP3 file.
- The exact running time of the music (not skating time) must be communicated to the Organizing Committee when submitting the music and shall be certified by the Competitor/Coach/ at the time of registration.
- During the 1st Official Practice, the music will be played as indicated in the Practice Schedule and will allow to verify the correctness of the submitted music. If there is an issue with the music, the /Coach may be allowed to change the music by presenting an acceptable reproduction to the Organizing Committee's Music Team (USB Stick with file format of WAV or MP3 file).

If the music files have been submitted within the above-mentioned deadline to the Organizing Committee, then the music team of the Organizing Committee is entirely responsible for the correct execution of the music. In case of issues with submitted music files the Organizing Committee may request at the time of registration a secondary copy of the music files. In case the music files have not been submitted in time to the Organizing Committee, the skater(s) must present their music latest at the time of registration on the above defined mean and in the defined format.

Please note: CDs will **not** be accepted by the Organizing Committee.

The Planned Program Content must also be entered by the participating Federation or the Skater(s) and sent to the Organizing Committee (naplne@kraso.sk) no later than **December 7th, 2025**.

10. ACCREDITATION

The official accreditation for Teams will take place at the Ice Rink during the official practices. **Thursday** (December 11th, 2025).

11. RESULTS

The marking system (ISU Judging System) as described in ISU Technical Rule Single & Pair Skating 2024, Rule 352 and Rule 353 (Determination and publication of results) will be used. The results link will be available on www.kraso.sk & Sportity, and Live Results will be provided throughout the competition.

12. PRESENTATION OF MEDALS AND PRIZES

The three best placed Skaters/Couples will be announced and honored gold, silver and bronze medals will be presented to the medalists. The national anthem of the winner will be played.

The Victory Ceremony for the best three placed skaters / couples in each federation national championships will be organized off-ice by federations themselves.

All nations participating in the Four Nationals Championships will automatically participate in the Team Trophy.

13. INSURANCE AND LIABILITY

In accordance with Rule 119, it is the sole responsibility of each Member participating in the **Four Nationals Championships**, to provide medical and accident insurance for their athletes, officials and all other members of the Member's team. Such insurance must assure full medical attendance and also the return of the ill or injured person to the home country by air transport or by other expeditious. It is an internal matter of each participating Federation to decide the issue who shall pay the premium for such insurance.

The Organizing Committee assumes no responsibility for or liability with respect to bodily or personal injury or property damage incurred in connection incurred by Competitors and Officials.

14. GDPR

By entering all participants accept that personal data are collected by the Organising Committee (OC) and such data are stored and used by the OC, and when necessary, third parties, for the purposes only of, and to the extent necessary only in relation to facilitate their participation in the competition; personal data may include but will not be limited to full legal name as per national identity documents, address, date of birth, nationality, sex.

15. INFORMATION AND VARIOUS

For information, please contact the Organizing Committee:

Organizing Committee of the Four Nationals Championships 2026

Slovak Figure Skating Association

Záhradnícka 95

821 08 Bratislava, Slovakia

phone: +421 918 791 227

email: 4nat26@gmail.com

Sportity: 4NAT26

16. EVENT SCHEDULE

Thursday December 11, 2025	TBA	Individual Technical Panel Meetings
	TBA	Official Practice
	TBA	Referee and Technical Controller Meeting
	TBA	Judges Draw and Meeting
	18:00	Opening and Draw
Friday	TBA	Official Practice
December 12, 2025	13:00	JUNIOR Pair Skating – Short Program SENIOR Pair Skating – Short Program JUNIOR Ice Dance – Rhythm Dance SENIOR Ice Dance – Rhythm Dance SENIOR Women – Short Program SENIOR Men – Short Program
Saturday	6:00	Official Practice
December 13, 2025	12:00	JUNIOR Pair Skating – Free Skating SENIOR Pair Skating – Free Skating JUNIOR Ice Dance – Free Dance SENIOR Ice Dance – Free Dance SENIOR Women – Free Skating SENIOR Men – Free Skating

Please note:

This schedule is subject to changes and will be updated in accordance with final number of entries.