

Figure skating club USK Praha



Prague Cup Grebovka

Interclub Competition ice dance

GENERAL REGULATIONS

The Prague Cup Grebovka 2025 Interclub Competition in Ice Dance will be conducted in accordance with the ISU Constitution and General Regulations 2024, the Special Regulations & Technical Rules Ice Dance 2024, and the relevant ISU Communications.

Organizer:	Figure skating club USK Praha
Date:	16.2.2025
Place of competition:	Ice-rink Hasa, Sámova 1, Praha 10
Manager:	Ing. Markéta Štroblová, E-mail: kraso.usk@gmail.com
Office:	Lucie Petráková, tel.: +420 724 245 760 E-mail: zavodyusk@gmail.com
Accommodation:	Will be secured for officials, judges, technical panel and invited guests only.
Draw:	The starting number will be drawn by organizer the day before competition.
Entries:	Full names, category, PPC and music via E-mail: zavodyusk@gmail.com Deadline for entries – 4.2.2025.
Entry fee:	130 euro per couple – all categories Deadline for fees – 10.2.2025.
Bank information:	Bank name: ČESKÁ SPOŘITELNA Bank Address: Václavské n.16, 110 00 Praha 1,CZ BIC: GIBACZPX BAN: CZ61 0800 0000 0019 2239 0329 Account Name: Univerzitní sportovní klub Praha Account Number: 1922390329/0800

Results:	Will be published at Czech Figure Skating Association official web sides - ČKS www.czechskating.org
Program schedule:	Please, be informed that only the category starting times are fixed and that all changes in entries and Preliminary Program might be followed on the information board in the ice rink.
Music and Planned Program Sheet:	All competitors shall send their music and Planned Content Sheet to zavodyusk@gmail.com
Liability:	It is the responsibility of each Member participating in the Prague Cup Grebovka to take out health and accident insurance for their athletes, officials and all other members of the Member Team. This insurance must provide full medical care and also return to the home country by air or other expedited means of a sick or injured person. The Organizer shall not be liable for any bodily injury or property damage incurred in connection with competitors, officials or other persons involved.

Categories

Junior Ice Dance

Age Requirements:	In accordance with ISU Constitution and General Regulations 2024, Rule 108, paragraph 3.b)
Rhythm Dance:	In accordance with ISU Technical Rules Ice Dance 2024, Rule 709. Rhythms, required elements, and guidelines are those listed in ISU Communications 2625, 2630, 2646, 2647 and subsequent updates. Duration: 2.50 min. +/- 10 sec.
Free Dance:	In accordance with ISU Technical Rules Ice Dance 2024, Rule 710. The guidelines and required elements to be skated are those listed in ISU Communication 2625, 2630, 2646, 2647 and subsequent updates. Duration: 3.30 min. +/- 10 sec

Advanced Novice Ice Dance

Age Requirements:	In accordance with the ISU Communication No. 2625.
Pattern Dances:	In accordance with the ISU Communication No. 2625, 2630, 2646, 2647 and subsequent updates. The following two (2) Pattern Dances are to be skated: • Tango • Westminster Waltz Couples shall provide their own music for all Pattern Dances.
Free Dance:	In accordance with the ISU Communication No. 2625, 2630, 2646, 2647 and subsequent updates. Duration: 3.00 min. +/- 10 sec.

Intermediate Novice Ice Dance

- Age Requirements:** In accordance with the ISU Communication No. 2625.
- Pattern Dances:** In accordance with the ISU Communication No. 2625, 2630, 2646, 2647 and subsequent updates. Two (2) Pattern Dances are to be skated from the following. These will be drawn before the first practice on site:
- **Foxtrot, Kilian**
- Couples shall provide their own music for all Pattern Dances.
- Free Dance:** In accordance with the ISU Communication No. 2625, 2630, 2646, 2647 and subsequent updates.
Duration: 2.30 min. +/- 10 sec.

Basic Novice Ice Dance

- Age Requirements:** In accordance with the ISU Communication No. 2625.
- Pattern Dances:** In accordance with the ISU Communication No. 2625, 2630, 2646, 2647 and subsequent updates. Two (2) Pattern Dances are to be skated from the following. These will be drawn before the first practice on site:
- **Tango Fiesta and Rhythm Blues**
- Couples shall provide their own music for all Pattern Dances.
- Free Dance:** In accordance with the ISU Communication No. 2625, 2630, 2646, 2647 and subsequent updates.
Duration: 2.00 min. +/- 10 sec.

Preliminary Schedule

Sunday 16.2.2025

07:30 – 08:00 *Judges meeting*
08:00 – 09:30 PD Basic novice ice dance
09:40 – 11:10 PD Intermediate novice ice dance
11:20 – 13:00 PD Advanced novice ice dance
13:10 – 14:10 RD Junior ice dance
14:10 – 14:40
14:40 – 15:30 FD Basic novice ice dance
15:40 – 16:30 FD Intermediate novice ice dance
16:40 – 17:30 FD Advanced novice ice dance
17:40 – 18:40 FD Junior ice dance

V Praze dne 15.12.2024

Schvalovací doložka

Identifikační číslo závodu:
Schváleno STK ČKS dne:
Za STK ČKS rozpis schválil: