



Announcement

Grünerhallen
Oslo, Norway

Saturday 4th March 2017
Sunday 5th March 2017

Debs	Girls and Boys
Novice	Girls and Boys
Junior	Ladies and Men
Senior	Ladies and Men

Arranged by Oslo Skøiteklub (OSK)
www.oslosk.no

Oslo Skøiteklub has the pleasure to invite you to OSK Interskate 2017:

Participation is open to all competitors/clubs who are a member of ISU and who qualify, with regard to eligibility, according to Rule 102 (provided their ages fall with the limits specified in Rule 108, paragraph 3. Requirements of ISU Communication 1420 must be fulfilled). Passports of all skaters, as well as Clearance Certificates if applicable, must be presented for verification at the accreditation event.

Entry is open to an ISU member.

- An international competition that is open to all clubs
- Prizes both for overall performance as well as in different categories
- “After Skate” party in Grünerhallen after the end of Saturday’s competition with prize giving, food, drinks and mingling
- Participants get a lovely “competition jacket”
- The competition will be streamed live and the results will be updated on “Rink Results”

The competition and the accreditation will be held in Grünerhallen, Oslo.

Date: 4th (Saturday) to 5th (Sunday) March

Time: Saturday and Sunday at 9:00 am

Address: Seilduksgt. 30, 0553 Oslo

Organizer: Oslo Skøiteklub

Website: www.oslosk.no

Schedule

The list of participants will be published on our website on the 11th of February 2017. The final time schedule, with starting numbers, will be published on our website on Thursday, 2nd of March. Draw will be done on the Thursday, the 2nd of March, prior to the competition.

Draw

The draw will be conducted at Grünerhallen on Thursday the 2nd of March and the results will be published on our website the same day.

The start list of the free program will depend on the results of the short program, and will be in reverse order.

Saturday March, 4th 09.00 am

Debs Girls and Boys - SP

Novice Girls and Boys - SP

Junior Ladies and Men - SP

Senior Ladies and Men - SP

Sunday March, 5th 09.00 am

Debs Girls and Boys - FS

Novice Girls and Boys - FS

Junior Ladies and Men - FS

Senior Ladies and Men - FS

Detailed Schedule will be published latest by February 15th, 2017.

Rules

The competition will be held in the following singles skating categories:

ISU SENIOR LADIES	Age:	See ISU Rule 108, paragraph 3	SP/FS	IJS/ISU RULES 2016
ISU JUNIOR LADIES	Age:	See ISU Rule 108, paragraph 3	SP/FS	IJS/ISU RULES 2016
ISU JUNIOR MEN	Age:	See ISU Rule 108, paragraph 3	SP/FS	IJS/ISU RULES 2016
ISU NOVICE A GIRLS	Age:	See ISU Rule 108, paragraph 3	SP/FS	IJS/ISU RULES 2016 Comm. 2024
ISU NOVICE A BOYS	Age:	See ISU Rule 108, paragraph 3	SP/FS	IJS/ISU RULES 2014 Comm. 2024
DEBS GIRLS	Age:	Born January 1. 2005 or earlier	SP/FS	IJS/Norwegian rules*
DEBS BOYS	Age:	Born January 1. 2005 or earlier	SP/FS	IJS/Norwegian rules*

For the Novice category in accordance with ISU **Communication 2024**, or an **updated document of this Communication**.

There is no upper age limit in Debs.

*All skaters need to follow the rule of Norges Idrettsforbund: Skaters can compete the year they turn 11 years old.

Debs will be judged with the same components and levels as ISU-Novice;

Levels explanations:

For Advanced Novice and Debs, in all elements which are subject to Levels, only features up to **Level 3** will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

The Program Components are only judged in:

Skating Skills, Transitions, Performance, Interpretation of the music

DEBS

Short Program girls and boys (max 2.30)

- 1A or 2A
- Double jump directly preceded by steps
- Jump combination(2+1,2+2,3+1,3+2)
- FSSp/FCSp(5)
- CCoSp/FCCoSp(5+5)
- StSq

Free Skate girls and boys (3 minutes +/- 10 seconds)

- Max.6 jump elements (must include Axel)
- Max.2 spins
Spin in one position (5) (change of foot(8) and flying entry is optional)
- CoSp (6)/CCoSp(8)
- StSq

Registration of participants

Registration must be completed by the 23th of January 2017. (Appendix 1)

Registration must include: name, date of birth, category. All skaters must also provide the planned program sheet (Appendix 2). The organizer retains the right to limit/increase the number of participants in each category. The clubs are asked to list the skaters according to the order in which they wish the skaters to be accepted into the competition.

Participation will be confirmed, by e-mail, by the 30th of January, 2017.

Registration should be sent, by email, to ***Registrering.osk@gmail.com***

Planned program sheet

All foreign (non Norwegian) participants are requested to send their planned program sheet to ***Registrering.osk@gmail.com*** by the 23th of January, 2017.

The planned program sheet for the Norwegian skaters will be downloaded from NSFs "Stevnepakken". The sheet must be completed in English using the terminology listed in ISU –rules.

Entry fee, deadline

Deadline, for registration and payment, is by the 23th of January, 2017.

The entry fee is 90 EUR (NOK 750) per person irrespective of category, and must be paid fully, at the time of registering, to the following account :

Account Number - 6049 05 03601

Swift code - NDEANOKK

IBAN - NO1260490503601

Oslo Skøiteklub – Anneli Aschim Lae, Post Box 5129, Majorstua, 0302 Oslo.

We request all clubs to pay the total amount for all their participants. The competition fee will not be refunded should participants withdraw after January 23th (as per the rules of the Norwegian Skating Association).

The fee will be refunded if a participant is unable to participate due to limitations imposed on the numbers of participants.

The clubs are requested to inform, at the earliest, should there be any change to the registrations. Changes are to be emailed to ***Registrering.osk@gmail.com***

Music

Music files in mp3 format can be sent to ***musikk.osk@gmail.com*** no later than February 11th. The music file is marked with the participant's full name, club, group and programme (short or free) (the music will be deleted after the competition).

Bring a copy of the CD to the competition (not CD-RW or DVD). The CD must be labeled with the participant's full name, club, group and programme (short or free). Submission of the CD is done at the time of checking in, prior to the start of the competition, at the organizer's marked location.

Prize giving/AfterSkate

All participants will be awarded a prize. We will present prizes for the day's best (highest attained points) in jump elements, step sequence, and spins.

Please note that the ranking will be decided based on the results list from Rink Result.

Examples:

<http://www.rinkresults.com/nb/competitions>

<https://www.facebook.com/rinkresults>

There will be an "AfterSkate" party, at the Grünerhallen, on Saturday evening. There will be a simple selection of food and drinks. The "AfterSkate" fee is 30 EUR (NOK 250) per participant (Skater, coach, attendee) and shall be paid in at the time of paying for the competition entry. Kindly note the name, club and the number of participants for the "AfterSkate" party.

Expenses skaters/coaches

Travel costs, food & accommodation costs etc must be borne by the individual/club.

COMPOSITION OF PANELS

Participating clubs and federations are welcome to propose ISU, international or national championship recognised Judges, Technical controllers and Technical Specialists. The host club will make a selection based on the order the candidates are received, country and qualifications. The panels will be announced on January 23th 2017.

The host club will cover the costs of accommodation for all Judges, Technical Specialists, controllers and technical staff during the competition. Travel costs for officials from outside Norway will be borne by the respective club/ISU member. If invited by the organizer; all expenses will be covered. Lunch will be served at the rink. Please fill in the Judge's form (Annex 3) and return not later than January 23th 2017. Please email the Judge's form to ***Registrering.osk@gmail.com***.

Accommodation

Anker Apartment is a nice hotel across the road for Grünerhallen. Anker Apartment features Single room, double room, 3-beds room and 4-beds room. Some of the rooms have their own bathroom and kitchenette. Breakfast is not served.

Competitors and coaches may book their own rooms at the competition hotel, Anker Apartment, Københavngata 10, 0566 Oslo.

Price pr room pr. night:

Single room	550 NOK
Double room	720 NOK
3-beds room	960 NOK
4-beds room	1040 NOK

Linen can be rent for 50 NOK and towel for 20 NOK or you can bring your own linen and towel. Sleeping bag is not allowed.

Hotel's email address : aa@ anker.oslo.no

Telephone number : +47 22 99 30 00

www.ankerapartment.no

Travel to Oslo

Gardermoen is the nearest airport.

The easiest way to travel to the hotel from the airport, is by bus. You take bus "FB1 Oslo Lufthavn-Gjelleråsen-Sinsen-Majorstuen" to **Københavngata**.

Protocol/ List of results

The judge's score and the results for all classes will be published on our website. The organizer will print out the list upon request.

Disclaimer

Oslo Skøiteklub takes no responsibility for any injuries, accidents, thievery, loss etc incurred by any participant, judge or others connected to the event. It is expected, as per the ISU rule 119, that all members have their own insurance to cover any such eventuality.

Program changes

Oslo Skøiteklub reserves the right to make changes to the program as per need.

If you have any queries, please contact us. We look forward to welcoming you to OSK INTERSKATE 2017.

On behalf of the organizing committee

Alice Fadnes Fevang and Live Lundar