

G L E T S C H E R - C U P
INTERNATIONAL COMPETITION IN FIGURE SKATING
SWISS CUP
FOR LADIES AND MEN
ENTRY CONDITIONS

Organiser:

Eislaufverband Bern-Nordwestschweiz (EVBN)

Place/venue:

Ice rink, Sports Centre, CH-Grindelwald (30 x 60 m – artificial ice rink)

Date:

13th – 14th March 2010

Entries:

Entries may be occurred by the invited ISU-members, their regional associations and clubs. **The enclosed entry has to be returned not later than 31st December 2009** to the following address:
Mr Hans-Ulrich Lüthi, Zelglistrasse 10, CH – 4600 Olten, e-mail hansueli.luethi@gmail.com.

Temporary Schedule

Friday, 12.03.2010	according the actual entries we have to consider the 12 th already as official practice and competition day.
Saturday, 13.03.2010	Practice short program all categories Short program all categories
Sunday, 14.03.2010	Practice free skating all categories Free skating all categories

After receiving all entry forms, the definitive schedule will be published.

Judges:

The participating associations are requested to nominate at least one judge qualified „national level“. Expenses for travel are to the debit of the announcing associations. Accommodation and meals are to the debit of the organiser. If too many judges should be nominated, the organiser will draw the panel of judges.

The judges meeting will take place on Saturday, 13th March 2010.



Entrance fee:

CHF 140.00 per participants all categories.

Entrance fee needs to be transferred electronically to the following account:

UBS Solothurn, EVBN Eislaufverband Bern-Nordwestschweiz, Frau Barbara Kilchenmann, Hofackerstrasse 40, 4573 Lohn

IBAN: CH83 0026 2262 4464 6840 U

or foreign teams may send an Euro- Cheque (+ additional bank fee of CHF 15.00 or EUR 10.00).

Entrance fees are non-refundable. Without payment on time, no participation permission!

Any registration will only be valid after receiving the entry-fee (bank transfer or euro cheque).

If we haven't received any payment until the deadline (31.12.2009), the registration is invalid.

Music:

Cassettes or CDs, tagged with the skater's name, category, association/club as well as the duration of the music.

Accommodation:

After receiving your application we will send you the hotel-list accordingly. Accommodation needs to be booked directly.

Official hotel:

Hotel Derby
CH 3800 Grindelwald
Tel.: +41 33 854 54 61
Fax: +41 33 853 24 26

Liability:

According ISU regulations the organiser won't be reliable for any damage nor injuries, sustained by participants, assistants, coaches, officials, referees and judges.

Doping:

Doping-tests are possible.

Information:

For further information, please contact:

Mrs. Claudia Scherrer, Weidenweg 15, CH – 4402 Frenkendorf

Phone: +41 (0)61 922 22 90; Fax: +41 (0)61 / 690 94 14 oder E-mail: info@evbn.ch

Conditions:

The competition consists of short program and free skating. We follow a special “bonus system” of the Swiss Skating Union as this competition counts for the Swiss skaters as Swiss Cup!

Categories:**Seniors, Ladies and Men****according ISU regulations**

The bonus system provides the following points: 1 point for a triple jump and 2 points for a 3-3-combo, both NOT downgraded (max. 3 points).

Juniors, Ladies and Men**according ISU regulations**

The bonus system provides the following points: 1 point for a double axel and 1 point for a triple jump, both NOT downgraded (max. 2 points).

Novices:**U15****Ladies, born between 01.07.1994 and 30.06.1995****U14****Ladies, born between 01.07.1995 and 30.06.1999****Men, born after 30.06.1993 and younger**

Important: All Swiss Novice participants must have passed the Swiss Silver medal test!

Short program max. 2.30 minutes. (ladies U15, U14 and men)

- a) Axel or double Axel
- b) Double or triple jump preceded by connecting steps or other free skating movements. No repetition of a)
- c) One jump combination consisting of 2 double jumps or one double jump, followed by one triple jump. The single jumps of a) and b) may not be repeated in the combination.
- d) **Ladies:** Lay back spin (sideways or backwards, at least 6 revolutions)
Men: 1 sit- or camel spin (6 revolutions in position), change of foot permitted, but **no** flying entrance.
- e) Spin combination with **one** change of foot **only** and **at least one change** of position (at least 5 revolutions on each foot). The positions need to be hold at least 2 revolutions, otherwise the position won't be counted.
Ladies:
- f) 1 spiral step sequence (at least 2 positions), at least 3 seconds in position. **ONE** change of foot required, followed by a spiral position. The spiral step needs to fulfil the technical requirements of the ISU.
- g) 1 step sequences of choice (straight line, circular or serpentine).
Men:
- h) 2 step sequences of different nature (straight line, circular or serpentine).

2 bonus points are provided for a double axel and/or for a triple jump, both NOT downgraded. (max. 4 points).

Free skating**Ladies: 3.00 minutes****Men: 3.30 minutes.**

Maximum of 6 Elements (Men 7 elements) of jumps* one of it must be an Axel.

Maximum of 3 jump combinations or maximum of 3 jump sequences. Only 1 jump combination may contain 3 jumps. 1 jump sequences may contain several jumps, but only the 2 most difficult will count. Only 2 jumps with 2½ or 3 turns may be repeated either in a jump combination or in a jump sequence.

Maximum of 3 spins of a different nature one of it must be a flying spin (a minimum of 6 revolutions) and one spin combination (a minimum of 10

revolutions). A minimum of 2 revolutions per position. If the requirements are not fulfilled the position won't be counted. The foot changes in the combination spin are free of choice.

Maximum of 1 spiral or step sequence with full utilisation of the ice surface with at least 3 positions in the spiral sequence. At least 3 seconds in the spiral position. No change of foot requested.

*One element of jumps is one solo jump, one jump combination with 2 or 3 jumps or a jump sequence. The jumps of the jump sequence can be connected by small hoppers and connecting steps (max. 1 revolution).

2 bonus points are provided for a double axel and/or for a triple jump, both NOT downgraded (max. 4 points)

Intermediate: **Ladies, birth date between 01.07.1996 and 30.6.1997**
(Swiss Category "Jugend/Cadets") **Men, born 30.06.1995 and younger**

Important: All Swiss Intermediate participants must have passed the Swiss Inter-Silver medal test!

Short program max. 2.30 minutes. (ladies and men)

- a) Axel or double Axel
- b) Double or triple jump preceded by connecting steps or other free skating movements. No repetition of a)
- c) One jump combination consisting of 2 double jumps or one double jump, followed by one triple jump. The single jumps of a) and b) may not be repeated in the combination.
- d) **Ladies:** 1 lay back spin (sideways or backwards, at least 6 revolutions)
Men: 1 sit- or camel spin (6 revolutions in position), change of foot permitted, but **no** flying entrance.
- e) Spin combination with **one** change of foot **only** and **at least one change** of position (at least 5 revolutions on each foot). The positions need to be held at least 2 revolutions, otherwise the position won't be counted.
Ladies:
f) 1 spiral step sequence (at least 2 positions), at least 3 seconds in position. **ONE** change of foot required, followed by a spiral position. The spiral step needs to fulfil the technical requirements of the ISU.
g) 1 step sequence (straight line, circular or serpentine) with full utilisation of the ice surface.
Men:
h) 2 step sequences of different nature (straight line, circular or serpentine) with full utilisation of the ice surface.

2 bonus points are provided for a double axel and/or for a triple jump, both NOT downgraded (max 4 points).

Free skating Ladies: 3.00 minutes Men: 3.30 minutes.

Maximum of 6 Elements (Men 7 elements) of jumps* one of it must be an Axel.

Maximum of 3 jump combinations or maximum of 3 jump sequences. Only 1 jump combination may contain 3 jumps. 1 jump sequences may contain several jumps, but only the 2 most difficult will count. Only 2 jumps with 2½ or 3 turns may be repeated either in a jump combination or in a jump sequence.

Maximum of 3 spins of a different nature one of it must be a flying spin (a minimum of 6 revolutions) and one spin combination (a minimum of 10 revolutions). A minimum of 2 revolutions per position. If the requirements are

not fulfilled the position won't be counted. Die foot changes in the combination spin are free of choice.

Maximum of 1 spiral or step sequence with full utilisation of the ice surface with at least 3 positions in the spiral sequence. At least 3 seconds in the spiral position. No change of foot requested.

*One element of jumps is one solo jump, one jump combination with 2 or 3 jumps or a jump sequence. The jumps of the jump sequence can be connected by small hoppers and connecting steps (max. 1 revolution).

2 bonus points are provided for a double axel, 2 points for a triple jump, 2 points for all 5 double jumps, all correctly executed (no edge, no downgrade, except double axel). (max. 6 points)

Mini: Ladies, birth date after 30.06.1996 and younger

Important: All Swiss Mini participants must have passed the Swiss Inter-Silver medal test!

Short program max. 2.30 minutes.

- a) Axel or double Axel
- b) Double or triple jump preceded by connecting steps or other free skating movements. No repetition of a)
- c) One jump combination consisting of 2 double jumps or one double jump, followed by one triple jump. The single jumps of a) and b) may not be repeated in the combination.
- d) 1 lay back spin (sideways or backwards, at least 6 revolutions)
- e) Spin combination with **one** change of foot **only** and **at least one change** of position (at least 5 revolutions on each foot). The positions need to be hold at least 2 revolutions, otherwise the position won't be counted.
- f) 1 spiral step sequence (at least 2 positions), at least 3 seconds in position. No change of foot required. The spiral step needs to fulfil the technical requirements of the ISU.
- g) 1 step sequence (straight line, circular or serpentine) with full utilisation of the ice surface.

2 bonus points are provided for a double axel and/or for a triple jump, both NOT downgraded (max. 4 points)

Free skating Ladies: 3.00 minutes

Maximum of 6 Elements (Men 7 elements) of jumps* one of it must be an Axel.

Maximum of 3 jump combinations or maximum of 3 jump sequences. Only 1 jump combination may contain 3 jumps. 1 jump sequences may contain several jumps, but only the 2 most difficult will count. Only 2 jumps with 2½ or 3 turns may be repeated either in a jump combination or in a jump sequence.

Maximum of 3 spins of a different nature one of it must be a flying spin (a minimum of 6 revolutions) and one spin combination (a minimum of 10 revolutions). A minimum of 2 revolutions per position. If the requirements are not fulfilled the position won't be counted. Die foot changes in the combination spin are free of choice.

Maximum of 1 spiral or step sequence with full utilisation of the ice surface with at least 3 positions in the spiral sequence. At least 3 seconds in the spiral position. No change of foot requested.

*One element of jumps is one solo jump, one jump combination with 2 or 3 jumps or a jump sequence. The jumps of the jump sequence can be connected by small hoppers and connecting steps (max. 1 revolution).

2 bonus points are provided for a double axel, 2 points for a triple jump, 2 points for all 5 double jumps, all correctly executed (no edge, no downgrade, expect double axel). (max. 6 points)

The competition will be held according to the valid ISU regulations, the latest ISU-Communications and the Swiss Skating Union regulations (Swiss Cup).

The participants must be an amateur and member of an ISU association member.

Judging System

All categories are judged by the ISU judging system.

We are looking forward to welcoming a lot of skaters of many different countries.

Our kindest regards,

ICE SKATING ASSOCIATION OF BERN-NORDWESTSCHWEIZ

Technical commission

Hans-Ulrich Lühti

ALL clubs and federations which are member of the ISU are invited

Olten, in September 2009

