

Lombardia Trophy 2009

*Interclub Competition for Single Skating
Senior, Juniors, Novices, Debs, Springs, Clubs.*

Sesto San Giovanni, Italia

24-27 September 2009

organized by



and

Federazione Italiana Sport Ghiaccio



Comitato regione Lombardia



Regione Lombardia
Sport

1. General

The Lombardia Trophy 2009 is an Interclub Competition. It will be conducted in accordance with the ISU Constitution and General Regulations

Organizer: Club Sesto Ice Skate

Place: Palasesto
P.za Primo Maggio
20099 Sesto San Giovanni (Milano)
(competition-ice-rink, 60 x 30 m)

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Phone: +39 0224860344 (Sesto Ice Skate)
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e-mail: segreteria@sestoiceskate.it

Date: September 24-27 September 2009

Entries: Each Member or Club may enter max. 2 skaters and may nominate 1 substitute per category and the Comitato Regione Lombardia may nominate a team of two skaters plus one substitute in each category. Once the number of entries is closed, it will be decided if substitutes may be entered as well. The decision will be forwarded to the concerned Member or Club. Entries by names are to be sent to the Organizing Committee:

Sesto Ice Skate
Mrs. Anna Grandolfi
c/o Palasesto P.za Primo Maggio
20099 Sesto San Giovanni (Milano)
Fax: + 39 0226263773
e-mail: segreteria@sestoiceskate.it

cc :  **Federazione Italiana Sport del Ghiaccio**
e-mail figura@fisg.it
Fax +39 02 70141360

Close of Entries: August 15th 2009

Charges: € 50,00 per participant to be paid at accreditation.

Expenses of competitors: The Organizing Committee will not cover any expenses for competitors.

Entries of Officials: Each participating ISU Member or Club is allowed to nominate a national or international TS, TC or Judge. The final composition of the panels will be communicated to the participating ISU Member or Club in time.

Costs of Officials: The Organizing Committee will cover accommodation for invited officials. Meals for all officials will be provided at the ice-rink during the days of competition.

Time-Schedule: The competition will start on Thursday 24 September and will be finished on Sunday, September 27. Some participants may arrive on Wednesday September 23. A detailed Time-Schedule will be sent to all participating ISU Members and Clubs soon after the deadline of entries.

Accommodation: The Organizing Committee will make the room arrangements for invited TS, TC, Referees and Judges only.
Participants, Coaches and other Team members may book accommodation individually. Hotel reservations can be done at :

Sesto San Giovanni

Hotel Abacus

Sesto San Giovanni – Via Monte Grappa n° 39 – Tel 02/26225858
In front of Ice rink

Hotel St. John

Sesto San Giovanni – Via Buoizzi, 97 – Tel . 02/2405641

Hotel Europa

Sesto San Giovanni – Via Firenze, 49 – Tel. 02/26225497

Hotel Nuovo

Rondò Sesto San Giovanni – Via Solferino, 5 – Tel. 02/22472558

Hotel Bert

Sesto San Giovanni – Via R. Del Riccio, 200 – Tel. 02/2482948

Grand Hotel Barone di Sassj

Via Padovani 38, - 20099 Sesto San Giovanni (MI)
Tel.: +39 0224114.01 - Fax: + 39 02 24114000
<http://www.caltahotel.it/>

Cinisello Balsamo

Hotel Re

Cinisello Balsamo – Via Milanese 302 – Tel. 02/2412491

Hotel Millenium

Cinisello Balsamo – Viale Romagna, 33 – Tel. 02/61818412

Hotel YORK

Cinisello Balsamo – V.le Marche, 19 – Tel. 02/6170281

Technical Details Figure Skating

Category Senior Ladies and Men

Short Program: Duration: max. 2.50 min
Required elements according to ISU Technical Rules

Free Program: Duration: 4 min +/- 10 sec
Well balanced Program
In accordance to ISU Special Regulations

Factors in accordance with ISU rules

Category Juniors

Age Requirements: according to ISU Constitution and General Regulations

Junior Ladies

Short Program: Duration: max. 2.50 min
Required elements according to ISU Technical Rules

Free Program: Duration: 3 ½ min +/- 10 sec
Well balanced Program
In accordance to ISU Special Regulations

Factors in accordance with ISU rules

Junior Men

Short Program: Duration: max. 2.50 min
Required elements according to ISU Rules

Free Program: Duration: 4 min +/- 10 sec
Well balanced Program
In accordance to ISU
Factors in accordance with ISU rules

Category Novices Girls and Boys

Age requirements: Novice Girls A : before July1st 2009 must not have reached the age of 14
Novice Girls B : before July1st 2009 must not have reached the age of 15
Novice men : before July1st 2009 must not have reached the age of 15

Short Program: Duration: max. 2. 30 min
Required elements in accordance to ISU Communication No. 1397
Guidelines for Novice Competitions

Free Skating: Duration: Girls: 3 min +/- 10 sec
Boys: 3 ½ min +/- 10 sec

Well balanced program
In accordance to ISU Communication No. 1397 **Guidelines for Novice Competitions**
Factors in accordance with ISU rules

Category Debs Girls and Boys

Age requirements: : before July 1st 2009 must not have reached the age of 13

Short Program: Duration: max. 2. 30 min

1. Axel or Double axel
2. Double jump preceded by steps
3. Jump combination of two double jumps (different than the jumps at point 1 and 2)
4. Flying spin (min 5 rev)
5. Camel or sit spin with change of foot (min. 4 rev each foot) **OR** layback spin (min 5 rev)
6. Step sequence
7. **(Girls)** Spiral sequence
7. **(Boys)** Second step sequence different from first one

Free Skating: Duration : 3 min +/- 10 sec

- **max. 6** jump elements (1Axel type), which may contain max. 3 jump combinations or sequences, of which max. 1 jump-combination of 3 and max. 2 jump-combinations of 2 jumps

Repetition of jumps : maximum 3 different type of jumps can be repeated twice but one of the repetition must be in combination or sequence (NOTE: singles, doubles and triples are considered different types of jumps-For example : 1T,2T,3T are three different jumps.)

- 1 spin with only 1 position (min 5 rev)
- 1 combination spin with or without change of foot (min 6 rev)
- 1 Flying spin (min 5 revolutions)
- 1 step sequence of free choice

FALL DEDUCTION 0.5

BONUS JUMPS : Every jump identified as 2A , and all other jumps with higher basic value, will receive a bonus of one point. In order to receive a bonus the jump must NOT be downgraded and must not have an asterix. The bonus is assigned by the specialist and confirmed by controller and is added to the technical element score

Category Springs Girls and Boys (A and B)

Age requirements: Springs A : before July 1st 2009 must not have reached the age of 11
Springs B : before July 1st 2009 must not have reached the age of 12
Springs Boys : before July 1st 2009 must not have reached the age of 12

Free Skating: Duration : max 3 min

- **max. 6** jump elements (1Axel type), which may contain max. 3 jump combinations or sequences, of which max. 1 jump-combination of 3 and max. 2 jump-combinations of 2 jumps

Repetition of jumps : maximum 3 different type of jumps can be repeated twice but one of the repetition must be in combination or sequence (NOTE: singles, doubles and triples are considered different types of jumps-For example : 1T,2T,3T are three different jumps.)

- 1 spin with only 1 position (min 5 rev)
- 1 combination spin with or without change of foot (min 5 rev)
- 1 Flying spin (min 5 revolutions)
- 1 step sequence of free choice

FALL DEDUCTION 0.5

BONUS JUMPS : Every jump identified as 2A , and all other jumps with higher basic value, will receive a bonus of one point. In order to receive a bonus the jump must NOT be downgraded and must not have an asterix. The bonus is assigned by the specialist and confirmed by controller and is added to the technical element score.

BONUS JUMP COMBINATIONS: only in free program any combination of two or more than two double or more difficult jumps will receive a bonus of one point. In order to receive the bonus all jumps in the combination must be valid (no downgrade or asterix)

The bonus is assigned by the specialist and confirmed by controller and is added to the technical element score

Category Cubs Girls and Boys (A and B)

Age requirements Cubs A : before July1st 2009 must have reached the age of 8 and not reached 9

Cubs B : before July1st 2009 must have reached the age of 9 and not have reached age of 10

Cubs boys : before July1st 2009 must not have reached the age of 10

Free Skating: Duration: max. 2 min. 30 sec

- **max. 6** jump elements (1Axel type or Waltz Jump), which may contain max. 3 jump combinations or sequences, of which max. 1 jump-combination of 3 and max. 2 jump-combinations of 2 jumps

Repetition of jumps : maximum 3 different type of jumps can be repeated twice but one of the repetition must be in combination or sequence (note that single, double and triple are considered different types of jumps-For example : 1T,2T,3T are three different jumps.)

Waltz Jump in this category is considered an Axel type jump and is identified by the TS.

The abbreviation is W.

- 1 spin with only 1 position, with or without change of foot (min 3 rev).(Flyng entrance possible)
- 1 spin different from the first one (flyng entrance possible)
- 1 step sequence of free choice

FALL DEDUCTION 0.5

BONUS JUMP COMBINATIONS: any combination of two or more than two double or more difficult jumps will receive a bonus of one point. In order to receive the bonus all jumps in the combination must be valid (no downgrade or asterix)

The bonus is assigned by the specialist and confirmed by controller and is added to the technical element score

BONUS JUMPS : Every jump identified as 2F, 2Lz, 2A and all other jumps with higher basic value will receive a bonus of one point. The bonus is assigned by the specialist and confirmed by controller and is added to the technical element score

LEVELS : only level one and two are possible in this category

Scale of Value category CUBS

	+3	+2	+1	Base	-1	-2	-3
W	1.3	0.9	0.6	0.3	0.2	0.1	0.5
1 A	2.7	2.2	1.7	1.2	1.0	0.8	0.6
STSQ lev 1 SI/Ci/Se St lev 1	2.7	2.2	1.7	1.2	1.0	0.8	0.6
STSQ lev 2 SI/Ci/Se St lev 1	2.9	2.4	1.9	1.5	1.2	1.0	0.8

Attention!!!!!!!!!!!!!!

Factors of components for DEBS, SPRINGS, CUBS

Category	F/M	SS	PE/EX	TR/CH/INT
Debs	Girls Boys	2.00	1.30	1.00

Category	F/M	SS	PE/EX	TR/CH/INT
Debs	Girls Boys	2.70	2.20	1.60
Springs and Cubs	Girls Boys	2.50	2.00	1.30

Music

All Competitors shall furnish competition music of excellent quality on CD. All disks must show Competitors name, the Nation and the exact running time of the music, and must be submitted at the time of accreditation.

Accreditation

The official accreditation will be at the Ice Rink.

Accreditation will be given to all Competitors, Judges, Coaches and Chaperons.

Results

The calculation of results will be done according to ISU Technical Rules

Awards

The first three best placed competitors in each event will be awarded by Medals

Liability

According to the rule 119 the Organizing Committee accepts no liability for bodily and personal injury, or for property loss or damage incurred by Competitors and Officials. Each ISU Members expected to provide its own insurance protection. The O.C. will provide emergency medical services for all invited Officials and Competitors during the competition.

Sesto Ice Skate
Giugno 2009

Anna Grandolfi
Chair Figure Skating