



GAM NESTLE NESQUIK CUP 2009

**INTERNATIONAL INTERCLUB FIGURE SKATING
COMPETITION**

07.01 - 11.01.2009

TORUŃ, POLAND





GAM NESTLE NESQUIK CUP 2009

ORGANISER:

**Figure Skating Club MKS "AXEL" Toruń
ul. Szosa Chełmińska 177-181
www.axeltorun.pl**

DATE:

07.01 – 11.01.2009

CLOSE OF ENTRIES: 01.12.2008

PLACE:

**Ice-rink in Toruń
str. Gen.J.Bema 23/29
(indoor ice-ring, size 30m x 60m)**

DIRECTOR:

**Marek Kaliszek
e-mail: marek.kaliszek@mentor-sa.pl.**

SECRETARY:

**axel@axeltorun.pl
87-100 Toruń ul. Szosa Chełmińska 177-181
tel. 48 56-6693310
fax. 48 56-6693304**

OFFICIALS

COORDINATOR:

**Aniela Hebel – Szmak
e-mail: aszmak@poczta.onet.pl**





EVENTS:

Junior – Pairs*), Ladies, Men (ISU)

Novice - Pairs, Ladies, Men (ISU)

Silver cat. - Girls

born after 01.01.1998

Bronze cat. - Girls:

born after 01.01.2000

***) – for junior pairs there is age limit as follow:
has not reached the age of nineteen (19) and not younger
then twelve (12) for Ladies and the age of twenty-one (21)
and not younger then thirteen (13) for Men.**

ENTRIES: entries must contain competitor's full name, date of birth and requirement for accommodation. Entries should reach the Secretary by 01 December 2008.

Two skaters in one categories from each club only.

Organiser will be send affirmative entries by 15 of December 2008.

RESPONSABILITY: in accordance to ISU Constitution, rule 119, all participants act at their own responsibility. The organiser will provide medical emergency aid during the competition.

MUSIC: music will be reproduced from the cassette player (normal speed) or CD.

AWARDS: the three best placed competitors of each event will get special gift, the others diplomas.

CHARGES: each category 30 EUR,

JUDGES: each ISU Member may nominate one ISU or International Judge, this judge has to be on the list of judges published in ISU Communication number 1525. The organiser may decide about the composition of the panel of judges. The organiser will provide and cover expenses for rooms and meals from 07.01.2009 to 11.01.2009. Organiser will be send affirmative entries by December 17th ,2008.

CALCULATION OF RESULTS: Junior, Novice and Silver category – New Judging System (ISU), Bronze category - OBO Judging System.

ACCOMODATION: all participants, have to pay the accommodation by themselves, but we recomment the Hotel "Filmar" with special offer for the participants of the competition (look www.axeltorun.pl).





Toruń ul.Grudziądzka 45; tel.: +48 (0) 56 61 94 800

e-mail: recepca@hotelfilmar.pl

Officials (Reff., Judges, TC, TS and D&V/O) will be accommodated in the hotel "FILMAR".

We suggest to make the reservation as soon as possible.

CATEGORIES

I. Junior: Ladies, Men, Pairs

II. Novice: Ladies, Men, Pairs

Competition for juniors and novices will be held in accordance with ISU Regulation in Short Program and Free Skating Program.

III. Silver category girls born after 01.01.1998 and younger

Only free skating: duration 3,00 min +/- 10 sec

Free Skating Program, duration 3 min +/- 10 sec, shall consist of:

- a) Maximum of 6 jump elements (one of which must be an Axel type jump and there may be up to maximum three (3) combinations or sequences).
- b) There must be a maximum of three (3) spins of different nature, one of which must be a spin combination (minimum of ten (10) revolutions) and one a flying spin (minimum of five (6) revolutions, **with no change of foot and no change of position**).
- c) There must be a one step or spiral sequence that fully utilizes the ice surface. A spiral position in order to be counted must be held for at least 3 seconds

IV. Bronze cat. girls born after 01.01.2000 and younger

Only free skating: duration max. 2,30 min +/- 10 sec

Free Skating Program shall consist of:

- a) Maximum of 6 jump elements (one of which must be a jump combination or sequence but not more than three(3).
- b) There must be a maximum of three (3) spins of different nature
- c) There must be a one spiral sequence that fully utilizes the ice surface (minimum 2 spiral positions)





GAM NESTLE NESQUIK CUP 2009

**Please complete this form in BLOCK CAPITALS
(this form must return before: 01.12.2008)**

Name of the club _____

Address _____

tel _____

fax _____

e-mail _____

City _____

Country _____

We would like to enter the following skaters:

Category Bronze Girls

Name	Surname	Date of birth
1. _____	_____	_____
2. _____	_____	_____

Category Silver Girls

Name	Surname	Date of birth
1. _____	_____	_____
2. _____	_____	_____

Category Novice Pairs

Name1	Name2	Date of birth
1. _____	_____	_____
2. _____	_____	_____

Category Novice Girls

Name	Surname	Date of birth
1. _____	_____	_____
2. _____	_____	_____





Category **Novice Boys**

Name

Surname

Date of birth

1. _____

2. _____

Category **Junior Pairs**

Name1

Name2

Date of birth

1. _____

2. _____

Category **Junior Ladies**

Name

Surname

Date of birth

1. _____

2. _____

Category **Junior Pairs**

Name1

Name2

Date of birth

1. _____

2. _____

Coach

Team Leader _____

Judge(name and category)_____

Signature of Club Officer _____

Title _____

Print Name _____