

XVIII ICE BLADE

Adult and Recreational Open Cup

17-18th December Sofia

Winter Sports Palace



IN COOPERATION WITH BSF NATIONAL CHAMPIONSHIP

XVIIth ICE BLADE Adult and Recreational Open Cup

DEAR SKATING FRIENDS,

It is a great pleasure for us to invite you to take part in the XVIIth ICE BLADE Adult and Recreational Open Cup free skating event that will take place on December 17th-18th 2016 in Sofia Bulgaria at Winter Sports Palace Ice Rink.

The participation of all skaters from ISU member states, who compete only in adult or recreational free skating events, is welcomed in the following categories:

- Adult Single Gold;
- Adult Single Silver;
- Adult Single Bronze;
- Recreational single Gold;
- Recreational single Silver;
- Recreational single Bronze;
- Recreational single Bronze I;
- Interpretative Level AB: Born in 99/2000/2001/2002/2003/2004/2005;
- Interpretative Level C: Born in 1998 and before.

The Competition outline and Regulations are attached.

**BEST REGARDS,
TSVETELINA YANKOVA,
PRESIDENT, ICE FIGURE SKATING CLUB**

E-mail: iceteam_bg@yahoo.com

Phone: +359 886 552919; +359 878 117740 (English)

1. COMPETITION OUTLINE

DATE&TIME SCHEDULE

The Competition will be held on December 17th-18th 2016.

The final time schedule will be established once the entries deadline is over - i.e. after December, 1 2016. It will be sent to all participants and posted on the official website of ICE FSC: <http://www.ice-blade.net>.

PLACE

The Competition will be held in Sofia, at the “Winter Sports Palace” Ice Rink (an indoor arena: 30m x 60m) situated at “Akademik Boris Stefanov” street, Studentski Grad Area, Sofia, Bulgaria.

CATHEGORIES&AGE REQUIREMENTS

Skaters are welcomed to enroll in the following categories:

FREE SKATING CATEGORY	AGE GROUP	LEVELS	TIME LIMIT
Recreational A1	Born in 2005 or younger	Bronze	2 min 10 sec
Recreational A2	Born in 2004-2003	Bronze, Silver	2 min 10 sec
Recreational B	Born in 2002-2000	Bronze, Silver	2 min 40 sec
Recreational C	Born in 1999-1997	Bronze, Silver, Gold	2 min 40 sec
Adult A	Born in 1997-1987	Bronze, Silver, Gold	2 min 40 sec
Adult B	Born in 1986-1967	Bronze, Silver, Gold	2 min 40 sec
Adult C	Born in 1967 - 1957	Bronze, Silver	2 min 10 sec
Adult D	Born before 1957	Bronze, Silver	2 min 10 sec
Interpretative AB:	Born in 99/2000/2001/2002/2003/2004/2005;	N/A	2 min 10 sec
Interpretative C	Born in 1998 and before.	N/A	2 min 10 sec

In case the number of entries requires, competitors may be redirected into united age group in order to ensure competition.

2. ENTRIES & CHARGES

All ISU members and clubs, members of National Figure Skating federations associated in ISU are invited to take part in the competition. Entry forms and Program Content Sheets should be used. It is mandatory that the Program Content Sheet must be filled in precisely by each Skater in English using the terminology for the elements listed in the respective ISU Communication. The Entry forms together with the Program Content Sheet must reach the organizers not later than 1 December 2016 at the following address:
iceteam_bg@yahoo.com (<http://www.ice-blade.net>).

For all categories, participation fee of 40 EURO, has to be paid for each competitor before the competition until 1 **December 2016** by bank transfer to the organizer (Please, note that the cost of the bank transfer or any other related charges shall be paid by the competitor):

Beneficiary: ICE Figure Skating Club
IBAN: BG29PIRB80331605548367
BIC PIRBBGSF
Piraeus Bank, Bulgaria

The name and category of the competitor should be mentioned.

Other possibility of payment envisages payment in cash at the registration before the competition. In that case for all single categories the fee is **50 EURO**.

3. LIABILITY

The organizers accept no liability for injury, for property loss or damage incurred by Competitors or Officials. Each competitor is expected to have provided for his/her own insurance protection.

4. COMPETITION REGULATION

The Competition regulation is in application with the ISU regulations 2010.

The competition will follow the technical data:

The calculation of scores is according to the new ISU judging System. The Program components are judged in:

- Skating skills;
- Performance execution;
- Interpretation;

The music can include vocal with appropriate lyrics.

Exceeding the limit for the music is followed by 1 point deduction per five seconds.

The Interpretative Categories will be judged in accordance with the OBO Judging System. Please, note that for the sake of ensuring competition, the organizer reserves the right to unite certain categories/levels.

4.1 PANEL OF JUDGES

The judging and calculation of the results will be held in accordance with the new ISU 2010 judging system and will be based on the program requirements for each skating category.

The Interpretative Categories will be judged in accordance with the OBO Judging System.

4.2 SINGLE ADULT AND RECREATIONAL FREE SKATING CATEGORIES

SINGLE GOLD

A competitor in the GOLD free skating event must perform a well-balanced program that may contain:

a) A maximum of six (6) jump elements, consisting of any single or double jumps (except double Axel) No triple jumps are permitted. There may be up to (3) three jump combinations or jump sequences in the Free Program. One jump combination or sequence could consist of any number of listed jumps, however, only the two jumps with the highest value will count. The jumps within the jump sequence may be linked by non-listed jumps like mazurkas, half-loops etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no turns/steps, crossovers or stroking during the sequence.

Any solo jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence.

Non-listed jumps may be included in the program as part of connecting footwork, preceding single or double jumps.

b) A maximum of three (3) spins of a different abbreviation, one of which must be a spin combination with a change of foot and one must be a flying spin. The spins must have a required minimum number of revolutions: four (4) for the flying spin with no change of foot after landing, four (4) for the spin with only one position and no change of foot and four (4) for the spin combination with no change of foot and eight (4 + 4) for the spin combination with change of foot. There must be a minimum of two (2) revolutions in each position or the position will not be counted.

c) A maximum of one Choreographic sequence (i.e., circular, straight line, serpentine) according to the requirements. A Choreographic Sequence consists of any kind of movements like steps, turns, spirals, arabesques, spread eagles, Ina Bauers, spinning movements, etc. A Choreographic Sequence for Girls and Ladies must include at least one spiral (minimum 3 sec. length). The Sequence commences with the first move and is concluded with the last move of the Skater.

The first visible attempt to execute a choreographic sequence will contribute to the technical score. Additional spiral sequences and step sequences will not be counted as a step sequence but will be counted as moves-in-the field (transitions) and marked as such.

Factor: The panels points for the three judged Program Component (Skating Skills, Performance/Execution, Interpretation) are multiplied by a factor of 2.5.

Levels explanations:

For Recreational and Adult Gold category, in all elements, which are subject to Levels, only features up to Level 2 will be counted.
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SINGLE SILVER

A competitor in the SILVER free skating event must perform a well-balanced program that may contain:

a) A maximum of five (5) jump elements consisting of any single or double jumps except double flip, double Lutz and double Axel. No triple jumps are permitted. No triple jumps are permitted.

There may be up to (3) three jump combinations or jump sequences in the Free Program. One jump combination or sequence could consist of any number of listed jumps, however, only the two jumps with the highest value will count. The jumps within the jump sequence may be linked by non-listed jumps like mazurkas, half-loops etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no turns/steps, crossovers or stroking during the sequence. Any solo jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence. Non-listed jumps may be included in the program as part of connecting footwork, preceding single or double jumps. Non-listed jumps may be included in the program as part of connecting footwork, preceding single jumps or an axel type jump.

b) A maximum of three (3) spins of different abbreviations, one of which must be a spin combination with a change of foot. The spins must have a required minimum number of revolutions: three (3) for the flying spin with no change of foot after landing, three (3) for the spin with only one position and no change of foot and four (4) for the spin combination with no change of foot and eight (4 + 4) for the spin combination with change of foot. There must be a minimum of two (2) revolutions in each position or the position will not be counted.

c) A maximum of one Choreographic sequence (i.e., circular, straight line, serpentine) according to the requirements.

A Choreographic Sequence consists of any kind of movements like steps, turns, spirals, arabesques, spread eagles, Ina Bauers, spinning movements, etc. A Choreographic Sequence for Girls and Ladies must include at least one spiral (minimum 3 sec. length). The Sequence commences with the first move and is concluded with the last move of the Skater.

The first visible attempt to execute a choreographic sequence will contribute to the technical score. Additional spiral sequences and step sequences will not be counted as a step sequence but will be counted as moves-in-the field (transitions) and marked as such.

Factor: The panels points for the three judged Program Component (Skating Skills, Performance/Execution, Interpretation) are multiplied by a factor of 2.5.

Levels explanations:

	For Recreational and Adult Silver category, in all elements, which are subject to Levels, only features up to Level 2 will be counted.
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SINGLE BRONZE

A competitor in the SINGLE BRONZE free skating event must perform a well-balanced program that may contain:

a) A maximum of four (4) jump elements. All single jumps are permitted excluding the single Axel and any other Axel type jump. All double/triple jumps are not permitted.

There may be up to (3) three jump combinations or jump sequences in the Free Program. One jump combination or sequence could consist of any number of listed jumps, however, only the two jumps with the highest value will count. The jumps within the jump sequence may be linked by non-listed jumps like mazurkas, half-loops etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no turns/steps, crossovers or stroking during the sequence. Any solo jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence.

Non-listed jumps may be included in the program as part of connecting footwork, preceding single or double jumps. Non-listed jumps may be included in the program as part of connecting footwork, preceding single jumps or an axel type jump.

b) A maximum of two (2) spins of different abbreviations, one of which must be a spin combination. Flying spins and spin combinations with change of foot are not allowed in this category. The spins must have a required minimum number of revolutions: three (3) for the spin with only one position and four (4) for the spin combination.

c) A maximum of one Choreographic sequence (i.e., circular, straight line, serpentine) according to the requirements.

A Choreographic Sequence consists of any kind of movements like steps, turns, spirals, arabesques, spread eagles, Ina Bauers, spinning movements, etc. A Choreographic Sequence for Girls and Ladies must include at least one spiral (minimum 3 sec. length). The Sequence commences with the first move and is concluded with the last move of the Skater.

The first visible attempt to execute a choreographic sequence will contribute to the technical score. Additional spiral sequences and step sequences will not be counted as a step sequence but will be counted as moves-in-the field (transitions) and marked as such.

Factor: The panels points for the three judged Program Component (Skating Skills, Performance/Execution, Interpretation) are multiplied by a factor of 2.5.

Levels explanations:

For Recreational and Adult Silver category, in all elements, which are subject to Levels, only features up to Level 1 will be counted.

SINGLE BRONZE I

A competitor in the SINGLE BRONZE free skating event must perform a well-balanced program that may contain:

a) A maximum of three (3) jump elements. All single jumps are permitted excluding the single Axel, the Flip jump and the Lutz. All double/triple jumps are not permitted. There may be up to (2) two jump combinations or jump sequences in the Free Program. One jump combination or sequence could consist of any number of listed jumps, however, only the two jumps with the highest value will count. The jumps within the jump sequence may be linked by non-listed jumps like mazurkas, half-loops etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no turns/steps, crossovers or stroking during the sequence. Any solo jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence. Non-listed jumps may be included in the program as part of connecting footwork, preceding single or double jumps. Nonlisted jumps may be included in the program as part of connecting footwork, preceding single jumps or an axel type jump.

b) A maximum of two (2) spins of different abbreviations, one of which must be a spin combination. Flying spins and spin combinations with change of foot are not allowed in this category. The spins must have a required minimum number of revolutions: three (3) for the spin with only one position and four (4) for the spin combination.

c) A maximum of one Choreographic sequence (i.e., circular, straight line, serpentine) according to the requirements. A Choreographic Sequence consists of any kind of movements like steps, turns, spirals, arabesques, spread eagles, Ina Bauers, spinning movements, etc. A Choreographic Sequence for Girls and Ladies must include at least one spiral (minimum 3 sec. length). The Sequence commences with the first move and is concluded with the last move of the Skater. The first visible attempt to execute a choreographic sequence will contribute to the technical score. Additional spiral sequences and step sequences will not be counted as a step sequence but will be counted as moves-in-the field (transitions) and marked as such.

Factor: The panels' points for the three judged Program Component (Skating Skills, Performance/Execution, Interpretation) are multiplied by a factor of 2.5.

Levels explanations:

For Recreational and Adult Silver category, in all elements, which are subject to Levels, only features up to Level 1 will be counted.

4.3 INTERPRETATIVE FREE SKATING CATEGORIES

INTERPRETATIVE LEVEL AB: BORN In 99/2000/2001/200 2/2003/2004/2005	Free program: 2 min (10" bonus) In the program are allowed only 3 single jumps, not repeated and not in combination. Attention: a program with other jumps means disqualification of the athlete. Costumes: According to the interpretation of the music-theme. Objects: Allowed if transported only by the athlete and if strictly necessary for the Performance and not dangerous for the ice.
INTERPRETATIVE LEVEL C: BORN IN 1998 AND BEFORE	Free program: 1 min, 50 sec In the program are allowed all single jumps, not repeated and not in combination. Attention: a program with other jumps means disqualification of the athlete. Costumes: According to the interpretation of the music-theme. Objects: Allowed if transported only by the athlete and if strictly necessary for the Performance and not dangerous for the ice.

The following specific requirements are applicable towards the Interpretative categories judging and scoring.

Each judge is responsible for scoring one specific value:

- Judge only artistic value: jumps, spins, skating;
- Judge global value: global program;
- Judge only choreography-dance value: interpretation, posture, originality of program;

The score is only each judge and the mark is minimum 0.0 and maximum 6.0.

Final result: majority position; in case of equal position, the best result in the interpretative value wins.

The Calculation of the results is in accordance with the OBO system.

5. MUSIC

Music can be accepted only on a CD. All CDs must be labeled by names of competitors, club and category which they enter. The music must be handed over to the organizers at latest immediately after arrival.

6. ACCOMMODATION

Travel expenses to and from Sofia, transfer costs to and from the Hotel and Airport will not be covered by the organizer. The expenses for insurance, rooms and meals, travel and transfer of the Team Leaders, Competitors and other Team officials will not be covered by the organizer and are on the account of the Teams. Hotel rooms must be paid directly to the hotel.

Accommodation near to the Winter Sports Palace:

SUIT Hotel****

1A Yordan Yosifov Street, Sofia, Bulgaria

VITOSHA

Park Hotel****

1 Rosario Street, Sofia, Bulgaria

Olives City Hotel ****

1A, Prof. Hristo Vakarelski Str., 1700 Sofia, Bulgaria

Mon Ami in Studentski Grad Area

8 Akad. Boris Stefanov Str., Studentski Grad Area,

<http://www.sofiaapartments.net/en-us/apartments+in+sofia/?c=6120>

7. AWARDS

The three best placed competitors in each category will be awarded with cups/medals. All competitors will receive a diploma and a present.

**The Organizer ICE Figure Skating Club
Bulgaria**

Contacts:

**ICE Figure Skating Club
17B, Yuriy Venelin street Sofia-1000, Bulgaria**

Phone:

+359 886 552919

+359 878 117740 (English)