

Four National Championships

Czech Republic, Hungary, Poland, Slovak Republic

Ostrava, Czech Republic

12-14 December, 2019

TIME – and PRACTICE SCHEDULE

- subject to changes -

As of: 12.12.2019

Friday, December 13, 2019

PRACTICES

06:20 – 06:35	Junior & Advanced Novice Pairs SP (1+2)
06:35 – 06:50	Senior Pairs SP (CZE + HUN)
06:50 – 07:00	Ice Resurfacing
07:00 – 07:25	Ladies SP (st. no 1 - 4)
07:25 – 07:50	Ladies SP (st. no 5 - 9)
07:50 – 08:00	Ice Resurfacing
08:00 – 08:25	Ladies SP (st. no 10 - 14)
08:25 – 08:50	Ladies SP (st. no 15 - 18)
08:50 – 09:00	Ice Resurfacing
09:00 – 09:20	Junior Ice Dance RD (st. no 1 - 4)
09:20 – 09:40	Junior Ice Dance RD (st. no 5 - 8)
09:40 – 09:50	Ice Resurfacing
09:50 – 10:10	Senior Ice Dance RD (st. no 1 - 3)
10:10 – 10:30	Senior Ice Dance RD (st. no 4 - 6)
10:30 – 10:40	Ice Resurfacing
10:40 – 11:05	Men SP (st. no 1 - 5)
11:05 – 11:30	Men SP (st. no 6 - 10)
11:30 – 11:40	Ice Resurfacing
11:40 – 12:05	Men SP (st. no 10 - 15)
12:05 – 12:15	Ice Resurfacing

COMPETITION

12:30 – 12:45	Advanced Novice Pairs SP (st. no 1 - 2)
12:45 – 13:00	Junior Pairs SP (st. no 1)
13:00 – 13:20	Senior Pairs SP (CZE, HUN)
13:20 – 13:35	Ice Resurfacing
13:35 – 14:15	Ladies Short Program (st. no 1 – 6)
14:15 – 14:50	Ladies Short Program (st. no 7 - 12)
14:50 – 15:05	Ice Resurfacing
15:05 – 15:45	Ladies Short Program (st. no 12 - 18)
16:05 – 16:20	Ice Resurfacing
16:20 – 16:45	Junior Ice Dance RD (st. no 1 - 4)
16:45 – 17:10	Junior Ice Dance RD (st. no 5 - 8)
17:10 – 17:25	Ice Resurfacing
17:25 – 17:45	Senior Ice Dance RD (st. no 1 - 3)
17:45 – 18:05	Senior Ice Dance RD (st. no 4 - 6)
18:05 – 18:20	Ice Resurfacing
18:20 – 18:55	Men Short Program (st. no 1 - 5)
18:55 – 19:30	Men Short Program (st. no 6 - 10)
19:30 – 19:45	Ice Resurfacing
19:45 – 20:20	Men Short Program (st. no 11 - 15)

PRACTICES

20:20 – 20:30	Ice Resurfacing
20:30 – 21:05	Ladies FS (st. no 1 - 6)
21:05 – 21:40	Ladies FS (st. no 7 - 12)
21:40 – 21:50	Ice Resurfacing
21:50 – 22:25	Ladies Short Program (st. no 13 - 18)
22:25 – 22:35	Ice Resurfacing

15 min. after Short Programs / Rhythm Dances – Draw Starting Order Free Skating / Free Dance
in the Skating Lounge

Saturday, December 14, 2019

PRACTICES

06:10 – 06:30	Junior Ice Dance FD (st. no 1 - 4)
06:30 – 06:50	Junior Ice Dance FD (st. no 5 - 8)
06:50 – 07:00	Ice Resurfacing
07:00 – 07:20	Senior Ice Dance FD (st. no 1 - 3)
07:20 – 07:40	Senior Ice Dance FD (st. no 4 - 6)
07:40 – 07:50	Ice Resurfacing
07:50 – 08:10	Junior & Advanced Novice Pairs FS (1+2)
08:10 – 08:30	Senior Pairs FS (CZE, HUN)
08:30 – 09:00	Men FS (st. no 1 - 5)
09:00 – 09:10	Ice Resurfacing
09:10 – 09:40	Men FS (st. no 5 - 10)
09:40 – 10:10	Men FS (st. no 11 - 15)
10:10 – 10:20	Ice Resurfacing

COMPETITION

10:30 – 11:20	Ladies Free Skating (st. no 1 - 6)
11:20 – 12:10	Ladies Free Skating (st. no 7 - 12)
12:10 – 12:25	Ice Resurfacing
12:25 – 13:15	Ladies Free Skating (st. no 13 - 18)
13:15 – 13:30	Ice Resurfacing
13:30 – 14:00	Junior Ice Dance FD (st. no 1 - 4)
14:00 – 14:30	Junior Ice Dance FD (st. no 5 - 8)
14:30 – 14:45	Ice Resurfacing
14:45 – 15:15	Senior Ice Dance FD (st. no 1 - 3)
15:15 – 15:45	Senior Ice Dance FD (st. no 4 - 6)
15:50	Victory Ceremony LADIES, ICE DANCE
16:45 – 17:00	Ice Resurfacing
17:00 – 17:20	Advanced Novice Pairs FS (st. no 1 - 2)
17:20 – 17:35	Junior Pairs FS (1)
17:35 – 17:50	Ice Resurfacing
17:50 – 18:15	Senior Pairs FS (CZE, HUN)
18:15 – 18:30	Ice Resurfacing
18:30 – 19:15	Men Free Skating (st. no 1 - 5)
19:15 – 20:00	Men Free Skating (st. No 6 - 10)
20:00 – 20:15	Ice Resurfacing
20:15 – 21:00	Men Free Skating (st. No 11 - 15)
21:05	Victory Ceremony PAIRS, MEN, TEAM TROPHY

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As of: 12.12.2019

Friday, December 13, 2019

PRACTICES

06:20 – 06:35	Junior & Advanced Novice Pairs SP (1+2)
06:35 – 06:50	Senior Pairs SP (CZE + HUN)
06:50 – 07:00	Ice Resurfacing
07:00 – 07:25	Ladies SP (st. no 1 - 4)
07:25 – 07:50	Ladies SP (st. no 5 - 9)
07:50 – 08:00	Ice Resurfacing
08:00 – 08:25	Ladies SP (st. no 10 - 14)
08:25 – 08:50	Ladies SP (st. no 15 - 18)
08:50 – 09:00	Ice Resurfacing
09:00 – 09:20	Junior Ice Dance RD (st. no 1 - 4)
09:20 – 09:40	Junior Ice Dance RD (st. no 5 - 8)
09:40 – 09:50	Ice Resurfacing
09:50 – 10:10	Senior Ice Dance RD (st. no 1 - 3)
10:10 – 10:30	Senior Ice Dance RD (st. no 4 - 6)
10:30 – 10:40	Ice Resurfacing
10:40 – 11:05	Men SP (st. no 1 - 5)
11:05 – 11:30	Men SP (st. no 6 - 10)
11:30 – 11:40	Ice Resurfacing
11:40 – 12:05	Men SP (st. no 10 - 15)
12:05 – 12:15	Ice Resurfacing

COMPETITION

12:30 – 12:45	Advanced Novice Pairs SP (st. no 1 - 2)
12:45 – 13:00	Junior Pairs SP (st. no 1)
13:00 – 13:20	Senior Pairs SP (CZE, HUN)
13:20 – 13:35	Ice Resurfacing
13:35 – 14:15	Ladies Short Program (st. no 1 – 6)
14:15 – 14:50	Ladies Short Program (st. no 7 - 12)
14:50 – 15:05	Ice Resurfacing
15:05 – 15:45	Ladies Short Program (st. no 12 - 18)
16:05 – 16:20	Ice Resurfacing
16:20 – 16:45	Junior Ice Dance RD (st. no 1 - 4)
16:45 – 17:10	Junior Ice Dance RD (st. no 5 - 8)
17:10 – 17:25	Ice Resurfacing
17:25 – 17:45	Senior Ice Dance RD (st. no 1 - 3)
17:45 – 18:05	Senior Ice Dance RD (st. no 4 - 6)
18:05 – 18:20	Ice Resurfacing
18:20 – 18:55	Men Short Program (st. no 1 - 5)
18:55 – 19:30	Men Short Program (st. no 6 - 10)
19:30 – 19:45	Ice Resurfacing
19:45 – 20:20	Men Short Program (st. no 11 - 15)

PRACTICES

20:20 – 20:30	Ice Resurfacing
20:30 – 21:05	Ladies FS (st. no 1 - 6)
21:05 – 21:40	Ladies FS (st. no 7 - 12)
21:40 – 21:50	Ice Resurfacing
21:50 – 22:25	Ladies Short Program (st. no 13 - 18)
22:25 – 22:35	Ice Resurfacing

15 min. after Short Programs / Rhythm Dances – Draw Starting Order Free Skating / Free Dance
in the Skating Lounge

Saturday, December 14, 2019

PRACTICES

06:10 – 06:30	Junior Ice Dance FD (st. no 1 - 4)
06:30 – 06:50	Junior Ice Dance FD (st. no 5 - 8)
06:50 – 07:00	Ice Resurfacing
07:00 – 07:20	Senior Ice Dance FD (st. no 1 - 3)
07:20 – 07:40	Senior Ice Dance FD (st. no 4 - 6)
07:40 – 07:50	Ice Resurfacing
07:50 – 08:10	Junior & Advanced Novice Pairs FS (1+2)
08:10 – 08:30	Senior Pairs FS (CZE, HUN)
08:30 – 09:00	Men FS (st. no 1 - 5)
09:00 – 09:10	Ice Resurfacing
09:10 – 09:40	Men FS (st. no 5 - 10)
09:40 – 10:10	Men FS (st. no 11 - 15)
10:10 – 10:20	Ice Resurfacing

COMPETITION

10:30 – 11:20	Ladies Free Skating (st. no 1 - 6)
11:20 – 12:10	Ladies Free Skating (st. no 7 - 12)
12:10 – 12:25	Ice Resurfacing
12:25 – 13:15	Ladies Free Skating (st. no 13 - 18)
13:15 – 13:30	Ice Resurfacing
13:30 – 14:00	Junior Ice Dance FD (st. no 1 - 4)
14:00 – 14:30	Junior Ice Dance FD (st. no 5 - 8)
14:30 – 14:45	Ice Resurfacing
14:45 – 15:15	Senior Ice Dance FD (st. no 1 - 3)
15:15 – 15:45	Senior Ice Dance FD (st. no 4 - 6)
15:50	Victory Ceremony LADIES, ICE DANCE
16:45 – 17:00	Ice Resurfacing
17:00 – 17:20	Advanced Novice Pairs FS (st. no 1 - 2)
17:20 – 17:35	Junior Pairs FS (1)
17:35 – 17:50	Ice Resurfacing
17:50 – 18:15	Senior Pairs FS (CZE, HUN)
18:15 – 18:30	Ice Resurfacing
18:30 – 19:15	Men Free Skating (st. no 1 - 5)
19:15 – 20:00	Men Free Skating (st. No 6 - 10)
20:00 – 20:15	Ice Resurfacing
20:15 – 21:00	Men Free Skating (st. No 11 - 15)
21:05	Victory Ceremony PAIRS, MEN, TEAM TROPHY

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PRACTICES

06:20 – 06:35	Junior & Advanced Novice Pairs SP (1+2)
06:35 – 06:50	Senior Pairs SP (CZE + HUN)
06:50 – 07:00	Ice Resurfacing
07:00 – 07:25	Ladies SP (st. no 1 - 4)
07:25 – 07:50	Ladies SP (st. no 5 - 9)
07:50 – 08:00	Ice Resurfacing
08:00 – 08:25	Ladies SP (st. no 10 - 14)
08:25 – 08:50	Ladies SP (st. no 15 - 18)
08:50 – 09:00	Ice Resurfacing
09:00 – 09:20	Junior Ice Dance RD (st. no 1 - 4)
09:20 – 09:40	Junior Ice Dance RD (st. no 5 - 8)
09:40 – 09:50	Ice Resurfacing
09:50 – 10:10	Senior Ice Dance RD (st. no 1 - 3)
10:10 – 10:30	Senior Ice Dance RD (st. no 4 - 6)
10:30 – 10:40	Ice Resurfacing
10:40 – 11:05	Men SP (st. no 1 - 5)
11:05 – 11:30	Men SP (st. no 6 - 10)
11:30 – 11:40	Ice Resurfacing
11:40 – 12:05	Men SP (st. no 10 - 15)
12:05 – 12:15	Ice Resurfacing

COMPETITION

12:30 – 12:45	Advanced Novice Pairs SP (st. no 1 - 2)
12:45 – 13:00	Junior Pairs SP (st. no 1)
13:00 – 13:20	Senior Pairs SP (CZE, HUN)
13:20 – 13:35	Ice Resurfacing
13:35 – 14:15	Ladies Short Program (st. no 1 – 6)
14:15 – 14:50	Ladies Short Program (st. no 7 - 12)
14:50 – 15:05	Ice Resurfacing
15:05 – 15:45	Ladies Short Program (st. no 12 - 18)
16:05 – 16:20	Ice Resurfacing
16:20 – 16:45	Junior Ice Dance RD (st. no 1 - 4)
16:45 – 17:10	Junior Ice Dance RD (st. no 5 - 8)
17:10 – 17:25	Ice Resurfacing
17:25 – 17:45	Senior Ice Dance RD (st. no 1 - 3)
17:45 – 18:05	Senior Ice Dance RD (st. no 4 - 6)
18:05 – 18:20	Ice Resurfacing
18:20 – 18:55	Men Short Program (st. no 1 - 5)
18:55 – 19:30	Men Short Program (st. no 6 - 10)
19:30 – 19:45	Ice Resurfacing
19:45 – 20:20	Men Short Program (st. no 11 - 15)

PRACTICES

20:20 – 20:30	Ice Resurfacing
20:30 – 21:05	Ladies FS (st. no 1 - 6)
21:05 – 21:40	Ladies FS (st. no 7 - 12)
21:40 – 21:50	Ice Resurfacing
21:50 – 22:25	Ladies Short Program (st. no 13 - 18)
22:25 – 22:35	Ice Resurfacing

15 min. after Short Programs / Rhythm Dances – Draw Starting Order Free Skating / Free Dance
in the Skating Lounge

Saturday, December 14, 2019

PRACTICES

06:10 – 06:30	Junior Ice Dance FD (st. no 1 - 4)
06:30 – 06:50	Junior Ice Dance FD (st. no 5 - 8)
06:50 – 07:00	Ice Resurfacing
07:00 – 07:20	Senior Ice Dance FD (st. no 1 - 3)
07:20 – 07:40	Senior Ice Dance FD (st. no 4 - 6)
07:40 – 07:50	Ice Resurfacing
07:50 – 08:10	Junior & Advanced Novice Pairs FS (1+2)
08:10 – 08:30	Senior Pairs FS (CZE, HUN)
08:30 – 09:00	Men FS (st. no 1 - 5)
09:00 – 09:10	Ice Resurfacing
09:10 – 09:40	Men FS (st. no 5 - 10)
09:40 – 10:10	Men FS (st. no 11 - 15)
10:10 – 10:20	Ice Resurfacing

COMPETITION

10:30 – 11:20	Ladies Free Skating (st. no 1 - 6)
11:20 – 12:10	Ladies Free Skating (st. no 7 - 12)
12:10 – 12:25	Ice Resurfacing
12:25 – 13:15	Ladies Free Skating (st. no 13 - 18)
13:15 – 13:30	Ice Resurfacing
13:30 – 14:00	Junior Ice Dance FD (st. no 1 - 4)
14:00 – 14:30	Junior Ice Dance FD (st. no 5 - 8)
14:30 – 14:45	Ice Resurfacing
14:45 – 15:15	Senior Ice Dance FD (st. no 1 - 3)
15:15 – 15:45	Senior Ice Dance FD (st. no 4 - 6)
15:50	Victory Ceremony LADIES, ICE DANCE
16:45 – 17:00	Ice Resurfacing
17:00 – 17:20	Advanced Novice Pairs FS (st. no 1 - 2)
17:20 – 17:35	Junior Pairs FS (1)
17:35 – 17:50	Ice Resurfacing
17:50 – 18:15	Senior Pairs FS (CZE, HUN)
18:15 – 18:30	Ice Resurfacing
18:30 – 19:15	Men Free Skating (st. no 1 - 5)
19:15 – 20:00	Men Free Skating (st. No 6 - 10)
20:00 – 20:15	Ice Resurfacing
20:15 – 21:00	Men Free Skating (st. No 11 - 15)
21:05	Victory Ceremony PAIRS, MEN, TEAM TROPHY

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PRACTICES

06:20 – 06:35	Junior & Advanced Novice Pairs SP (1+2)
06:35 – 06:50	Senior Pairs SP (CZE + HUN)
06:50 – 07:00	Ice Resurfacing
07:00 – 07:25	Ladies SP (st. no 1 - 4)
07:25 – 07:50	Ladies SP (st. no 5 - 9)
07:50 – 08:00	Ice Resurfacing
08:00 – 08:25	Ladies SP (st. no 10 - 14)
08:25 – 08:50	Ladies SP (st. no 15 - 18)
08:50 – 09:00	Ice Resurfacing
09:00 – 09:20	Junior Ice Dance RD (st. no 1 - 4)
09:20 – 09:40	Junior Ice Dance RD (st. no 5 - 8)
09:40 – 09:50	Ice Resurfacing
09:50 – 10:10	Senior Ice Dance RD (st. no 1 - 3)
10:10 – 10:30	Senior Ice Dance RD (st. no 4 - 6)
10:30 – 10:40	Ice Resurfacing
10:40 – 11:05	Men SP (st. no 1 - 5)
11:05 – 11:30	Men SP (st. no 6 - 10)
11:30 – 11:40	Ice Resurfacing
11:40 – 12:05	Men SP (st. no 10 - 15)
12:05 – 12:15	Ice Resurfacing

COMPETITION

12:30 – 12:45	Advanced Novice Pairs SP (st. no 1 - 2)
12:45 – 13:00	Junior Pairs SP (st. no 1)
13:00 – 13:20	Senior Pairs SP (CZE, HUN)
13:20 – 13:35	Ice Resurfacing
13:35 – 14:15	Ladies Short Program (st. no 1 – 6)
14:15 – 14:50	Ladies Short Program (st. no 7 - 12)
14:50 – 15:05	Ice Resurfacing
15:05 – 15:45	Ladies Short Program (st. no 12 - 18)
16:05 – 16:20	Ice Resurfacing
16:20 – 16:45	Junior Ice Dance RD (st. no 1 - 4)
16:45 – 17:10	Junior Ice Dance RD (st. no 5 - 8)
17:10 – 17:25	Ice Resurfacing
17:25 – 17:45	Senior Ice Dance RD (st. no 1 - 3)
17:45 – 18:05	Senior Ice Dance RD (st. no 4 - 6)
18:05 – 18:20	Ice Resurfacing
18:20 – 18:55	Men Short Program (st. no 1 - 5)
18:55 – 19:30	Men Short Program (st. no 6 - 10)
19:30 – 19:45	Ice Resurfacing
19:45 – 20:20	Men Short Program (st. no 11 - 15)

PRACTICES

20:20 – 20:30	Ice Resurfacing
20:30 – 21:05	Ladies FS (st. no 1 - 6)
21:05 – 21:40	Ladies FS (st. no 7 - 12)
21:40 – 21:50	Ice Resurfacing
21:50 – 22:25	Ladies Short Program (st. no 13 - 18)
22:25 – 22:35	Ice Resurfacing

15 min. after Short Programs / Rhythm Dances – Draw Starting Order Free Skating / Free Dance
in the Skating Lounge

Saturday, December 14, 2019

PRACTICES

06:10 – 06:30	Junior Ice Dance FD (st. no 1 - 4)
06:30 – 06:50	Junior Ice Dance FD (st. no 5 - 8)
06:50 – 07:00	Ice Resurfacing
07:00 – 07:20	Senior Ice Dance FD (st. no 1 - 3)
07:20 – 07:40	Senior Ice Dance FD (st. no 4 - 6)
07:40 – 07:50	Ice Resurfacing
07:50 – 08:10	Junior & Advanced Novice Pairs FS (1+2)
08:10 – 08:30	Senior Pairs FS (CZE, HUN)
08:30 – 09:00	Men FS (st. no 1 - 5)
09:00 – 09:10	Ice Resurfacing
09:10 – 09:40	Men FS (st. no 5 - 10)
09:40 – 10:10	Men FS (st. no 11 - 15)
10:10 – 10:20	Ice Resurfacing

COMPETITION

10:30 – 11:20	Ladies Free Skating (st. no 1 - 6)
11:20 – 12:10	Ladies Free Skating (st. no 7 - 12)
12:10 – 12:25	Ice Resurfacing
12:25 – 13:15	Ladies Free Skating (st. no 13 - 18)
13:15 – 13:30	Ice Resurfacing
13:30 – 14:00	Junior Ice Dance FD (st. no 1 - 4)
14:00 – 14:30	Junior Ice Dance FD (st. no 5 - 8)
14:30 – 14:45	Ice Resurfacing
14:45 – 15:15	Senior Ice Dance FD (st. no 1 - 3)
15:15 – 15:45	Senior Ice Dance FD (st. no 4 - 6)
15:50	Victory Ceremony LADIES, ICE DANCE
16:45 – 17:00	Ice Resurfacing
17:00 – 17:20	Advanced Novice Pairs FS (st. no 1 - 2)
17:20 – 17:35	Junior Pairs FS (1)
17:35 – 17:50	Ice Resurfacing
17:50 – 18:15	Senior Pairs FS (CZE, HUN)
18:15 – 18:30	Ice Resurfacing
18:30 – 19:15	Men Free Skating (st. no 1 - 5)
19:15 – 20:00	Men Free Skating (st. No 6 - 10)
20:00 – 20:15	Ice Resurfacing
20:15 – 21:00	Men Free Skating (st. No 11 - 15)
21:05	Victory Ceremony PAIRS, MEN, TEAM TROPHY

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06:20 – 06:35	Junior & Advanced Novice Pairs SP (1+2)
06:35 – 06:50	Senior Pairs SP (CZE + HUN)
06:50 – 07:00	Ice Resurfacing
07:00 – 07:25	Ladies SP (st. no 1 - 4)
07:25 – 07:50	Ladies SP (st. no 5 - 9)
07:50 – 08:00	Ice Resurfacing
08:00 – 08:25	Ladies SP (st. no 10 - 14)
08:25 – 08:50	Ladies SP (st. no 15 - 18)
08:50 – 09:00	Ice Resurfacing
09:00 – 09:20	Junior Ice Dance RD (st. no 1 - 4)
09:20 – 09:40	Junior Ice Dance RD (st. no 5 - 8)
09:40 – 09:50	Ice Resurfacing
09:50 – 10:10	Senior Ice Dance RD (st. no 1 - 3)
10:10 – 10:30	Senior Ice Dance RD (st. no 4 - 6)
10:30 – 10:40	Ice Resurfacing
10:40 – 11:05	Men SP (st. no 1 - 5)
11:05 – 11:30	Men SP (st. no 6 - 10)
11:30 – 11:40	Ice Resurfacing
11:40 – 12:05	Men SP (st. no 10 - 15)
12:05 – 12:15	Ice Resurfacing

COMPETITION

12:30 – 12:45	Advanced Novice Pairs SP (st. no 1 - 2)
12:45 – 13:00	Junior Pairs SP (st. no 1)
13:00 – 13:20	Senior Pairs SP (CZE, HUN)
13:20 – 13:35	Ice Resurfacing
13:35 – 14:15	Ladies Short Program (st. no 1 – 6)
14:15 – 14:50	Ladies Short Program (st. no 7 - 12)
14:50 – 15:05	Ice Resurfacing
15:05 – 15:45	Ladies Short Program (st. no 12 - 18)
16:05 – 16:20	Ice Resurfacing
16:20 – 16:45	Junior Ice Dance RD (st. no 1 - 4)
16:45 – 17:10	Junior Ice Dance RD (st. no 5 - 8)
17:10 – 17:25	Ice Resurfacing
17:25 – 17:45	Senior Ice Dance RD (st. no 1 - 3)
17:45 – 18:05	Senior Ice Dance RD (st. no 4 - 6)
18:05 – 18:20	Ice Resurfacing
18:20 – 18:55	Men Short Program (st. no 1 - 5)
18:55 – 19:30	Men Short Program (st. no 6 - 10)
19:30 – 19:45	Ice Resurfacing
19:45 – 20:20	Men Short Program (st. no 11 - 15)

PRACTICES

20:20 – 20:30	Ice Resurfacing
20:30 – 21:05	Ladies FS (st. no 1 - 6)
21:05 – 21:40	Ladies FS (st. no 7 - 12)
21:40 – 21:50	Ice Resurfacing
21:50 – 22:25	Ladies Short Program (st. no 13 - 18)
22:25 – 22:35	Ice Resurfacing

15 min. after Short Programs / Rhythm Dances – Draw Starting Order Free Skating / Free Dance
in the Skating Lounge

Saturday, December 14, 2019

PRACTICES

06:10 – 06:30	Junior Ice Dance FD (st. no 1 - 4)
06:30 – 06:50	Junior Ice Dance FD (st. no 5 - 8)
06:50 – 07:00	Ice Resurfacing
07:00 – 07:20	Senior Ice Dance FD (st. no 1 - 3)
07:20 – 07:40	Senior Ice Dance FD (st. no 4 - 6)
07:40 – 07:50	Ice Resurfacing
07:50 – 08:10	Junior & Advanced Novice Pairs FS (1+2)
08:10 – 08:30	Senior Pairs FS (CZE, HUN)
08:30 – 09:00	Men FS (st. no 1 - 5)
09:00 – 09:10	Ice Resurfacing
09:10 – 09:40	Men FS (st. no 5 - 10)
09:40 – 10:10	Men FS (st. no 11 - 15)
10:10 – 10:20	Ice Resurfacing

COMPETITION

10:30 – 11:20	Ladies Free Skating (st. no 1 - 6)
11:20 – 12:10	Ladies Free Skating (st. no 7 - 12)
12:10 – 12:25	Ice Resurfacing
12:25 – 13:15	Ladies Free Skating (st. no 13 - 18)
13:15 – 13:30	Ice Resurfacing
13:30 – 14:00	Junior Ice Dance FD (st. no 1 - 4)
14:00 – 14:30	Junior Ice Dance FD (st. no 5 - 8)
14:30 – 14:45	Ice Resurfacing
14:45 – 15:15	Senior Ice Dance FD (st. no 1 - 3)
15:15 – 15:45	Senior Ice Dance FD (st. no 4 - 6)
15:50	Victory Ceremony LADIES, ICE DANCE
16:45 – 17:00	Ice Resurfacing
17:00 – 17:20	Advanced Novice Pairs FS (st. no 1 - 2)
17:20 – 17:35	Junior Pairs FS (1)
17:35 – 17:50	Ice Resurfacing
17:50 – 18:15	Senior Pairs FS (CZE, HUN)
18:15 – 18:30	Ice Resurfacing
18:30 – 19:15	Men Free Skating (st. no 1 - 5)
19:15 – 20:00	Men Free Skating (st. No 6 - 10)
20:00 – 20:15	Ice Resurfacing
20:15 – 21:00	Men Free Skating (st. No 11 - 15)
21:05	Victory Ceremony PAIRS, MEN, TEAM TROPHY

Four National Championships

Czech Republic, Hungary, Poland, Slovak Republic

Ostrava, Czech Republic

12-14 December, 2019

TIME – and PRACTICE SCHEDULE

- subject to changes -

As of: 12.12.2019

Friday, December 13, 2019

PRACTICES

06:20 – 06:35	Junior & Advanced Novice Pairs SP (1+2)
06:35 – 06:50	Senior Pairs SP (CZE + HUN)
06:50 – 07:00	Ice Resurfacing
07:00 – 07:25	Ladies SP (st. no 1 - 4)
07:25 – 07:50	Ladies SP (st. no 5 - 9)
07:50 – 08:00	Ice Resurfacing
08:00 – 08:25	Ladies SP (st. no 10 - 14)
08:25 – 08:50	Ladies SP (st. no 15 - 18)
08:50 – 09:00	Ice Resurfacing
09:00 – 09:20	Junior Ice Dance RD (st. no 1 - 4)
09:20 – 09:40	Junior Ice Dance RD (st. no 5 - 8)
09:40 – 09:50	Ice Resurfacing
09:50 – 10:10	Senior Ice Dance RD (st. no 1 - 3)
10:10 – 10:30	Senior Ice Dance RD (st. no 4 - 6)
10:30 – 10:40	Ice Resurfacing
10:40 – 11:05	Men SP (st. no 1 - 5)
11:05 – 11:30	Men SP (st. no 6 - 10)
11:30 – 11:40	Ice Resurfacing
11:40 – 12:05	Men SP (st. no 10 - 15)
12:05 – 12:15	Ice Resurfacing

COMPETITION

12:30 – 12:45	Advanced Novice Pairs SP (st. no 1 - 2)
12:45 – 13:00	Junior Pairs SP (st. no 1)
13:00 – 13:20	Senior Pairs SP (CZE, HUN)
13:20 – 13:35	Ice Resurfacing
13:35 – 14:15	Ladies Short Program (st. no 1 – 6)
14:15 – 14:50	Ladies Short Program (st. no 7 - 12)
14:50 – 15:05	Ice Resurfacing
15:05 – 15:45	Ladies Short Program (st. no 12 - 18)
16:05 – 16:20	Ice Resurfacing
16:20 – 16:45	Junior Ice Dance RD (st. no 1 - 4)
16:45 – 17:10	Junior Ice Dance RD (st. no 5 - 8)
17:10 – 17:25	Ice Resurfacing
17:25 – 17:45	Senior Ice Dance RD (st. no 1 - 3)
17:45 – 18:05	Senior Ice Dance RD (st. no 4 - 6)
18:05 – 18:20	Ice Resurfacing
18:20 – 18:55	Men Short Program (st. no 1 - 5)
18:55 – 19:30	Men Short Program (st. no 6 - 10)
19:30 – 19:45	Ice Resurfacing
19:45 – 20:20	Men Short Program (st. no 11 - 15)

PRACTICES

20:20 – 20:30	Ice Resurfacing
20:30 – 21:05	Ladies FS (st. no 1 - 6)
21:05 – 21:40	Ladies FS (st. no 7 - 12)
21:40 – 21:50	Ice Resurfacing
21:50 – 22:25	Ladies Short Program (st. no 13 - 18)
22:25 – 22:35	Ice Resurfacing

15 min. after Short Programs / Rhythm Dances – Draw Starting Order Free Skating / Free Dance
in the Skating Lounge

Saturday, December 14, 2019

PRACTICES

06:10 – 06:30	Junior Ice Dance FD (st. no 1 - 4)
06:30 – 06:50	Junior Ice Dance FD (st. no 5 - 8)
06:50 – 07:00	Ice Resurfacing
07:00 – 07:20	Senior Ice Dance FD (st. no 1 - 3)
07:20 – 07:40	Senior Ice Dance FD (st. no 4 - 6)
07:40 – 07:50	Ice Resurfacing
07:50 – 08:10	Junior & Advanced Novice Pairs FS (1+2)
08:10 – 08:30	Senior Pairs FS (CZE, HUN)
08:30 – 09:00	Men FS (st. no 1 - 5)
09:00 – 09:10	Ice Resurfacing
09:10 – 09:40	Men FS (st. no 5 - 10)
09:40 – 10:10	Men FS (st. no 11 - 15)
10:10 – 10:20	Ice Resurfacing

COMPETITION

10:30 – 11:20	Ladies Free Skating (st. no 1 - 6)
11:20 – 12:10	Ladies Free Skating (st. no 7 - 12)
12:10 – 12:25	Ice Resurfacing
12:25 – 13:15	Ladies Free Skating (st. no 13 - 18)
13:15 – 13:30	Ice Resurfacing
13:30 – 14:00	Junior Ice Dance FD (st. no 1 - 4)
14:00 – 14:30	Junior Ice Dance FD (st. no 5 - 8)
14:30 – 14:45	Ice Resurfacing
14:45 – 15:15	Senior Ice Dance FD (st. no 1 - 3)
15:15 – 15:45	Senior Ice Dance FD (st. no 4 - 6)
15:50	Victory Ceremony LADIES, ICE DANCE
16:45 – 17:00	Ice Resurfacing
17:00 – 17:20	Advanced Novice Pairs FS (st. no 1 - 2)
17:20 – 17:35	Junior Pairs FS (1)
17:35 – 17:50	Ice Resurfacing
17:50 – 18:15	Senior Pairs FS (CZE, HUN)
18:15 – 18:30	Ice Resurfacing
18:30 – 19:15	Men Free Skating (st. no 1 - 5)
19:15 – 20:00	Men Free Skating (st. No 6 - 10)
20:00 – 20:15	Ice Resurfacing
20:15 – 21:00	Men Free Skating (st. No 11 - 15)
21:05	Victory Ceremony PAIRS, MEN, TEAM TROPHY

Four National Championships

Czech Republic, Hungary, Poland, Slovak Republic

Ostrava, Czech Republic

12-14 December, 2019

TIME – and PRACTICE SCHEDULE

- subject to changes -

As of: 12.12.2019

Friday, December 13, 2019

PRACTICES

06:20 – 06:35	Junior & Advanced Novice Pairs SP (1+2)
06:35 – 06:50	Senior Pairs SP (CZE + HUN)
06:50 – 07:00	Ice Resurfacing
07:00 – 07:25	Ladies SP (st. no 1 - 4)
07:25 – 07:50	Ladies SP (st. no 5 - 9)
07:50 – 08:00	Ice Resurfacing
08:00 – 08:25	Ladies SP (st. no 10 - 14)
08:25 – 08:50	Ladies SP (st. no 15 - 18)
08:50 – 09:00	Ice Resurfacing
09:00 – 09:20	Junior Ice Dance RD (st. no 1 - 4)
09:20 – 09:40	Junior Ice Dance RD (st. no 5 - 8)
09:40 – 09:50	Ice Resurfacing
09:50 – 10:10	Senior Ice Dance RD (st. no 1 - 3)
10:10 – 10:30	Senior Ice Dance RD (st. no 4 - 6)
10:30 – 10:40	Ice Resurfacing
10:40 – 11:05	Men SP (st. no 1 - 5)
11:05 – 11:30	Men SP (st. no 6 - 10)
11:30 – 11:40	Ice Resurfacing
11:40 – 12:05	Men SP (st. no 10 - 15)
12:05 – 12:15	Ice Resurfacing

COMPETITION

12:30 – 12:45	Advanced Novice Pairs SP (st. no 1 - 2)
12:45 – 13:00	Junior Pairs SP (st. no 1)
13:00 – 13:20	Senior Pairs SP (CZE, HUN)
13:20 – 13:35	Ice Resurfacing
13:35 – 14:15	Ladies Short Program (st. no 1 – 6)
14:15 – 14:50	Ladies Short Program (st. no 7 - 12)
14:50 – 15:05	Ice Resurfacing
15:05 – 15:45	Ladies Short Program (st. no 12 - 18)
16:05 – 16:20	Ice Resurfacing
16:20 – 16:45	Junior Ice Dance RD (st. no 1 - 4)
16:45 – 17:10	Junior Ice Dance RD (st. no 5 - 8)
17:10 – 17:25	Ice Resurfacing
17:25 – 17:45	Senior Ice Dance RD (st. no 1 - 3)
17:45 – 18:05	Senior Ice Dance RD (st. no 4 - 6)
18:05 – 18:20	Ice Resurfacing
18:20 – 18:55	Men Short Program (st. no 1 - 5)
18:55 – 19:30	Men Short Program (st. no 6 - 10)
19:30 – 19:45	Ice Resurfacing
19:45 – 20:20	Men Short Program (st. no 11 - 15)

PRACTICES

20:20 – 20:30	Ice Resurfacing
20:30 – 21:05	Ladies FS (st. no 1 - 6)
21:05 – 21:40	Ladies FS (st. no 7 - 12)
21:40 – 21:50	Ice Resurfacing
21:50 – 22:25	Ladies Short Program (st. no 13 - 18)
22:25 – 22:35	Ice Resurfacing

15 min. after Short Programs / Rhythm Dances – Draw Starting Order Free Skating / Free Dance
in the Skating Lounge

Saturday, December 14, 2019

PRACTICES

06:10 – 06:30	Junior Ice Dance FD (st. no 1 - 4)
06:30 – 06:50	Junior Ice Dance FD (st. no 5 - 8)
06:50 – 07:00	Ice Resurfacing
07:00 – 07:20	Senior Ice Dance FD (st. no 1 - 3)
07:20 – 07:40	Senior Ice Dance FD (st. no 4 - 6)
07:40 – 07:50	Ice Resurfacing
07:50 – 08:10	Junior & Advanced Novice Pairs FS (1+2)
08:10 – 08:30	Senior Pairs FS (CZE, HUN)
08:30 – 09:00	Men FS (st. no 1 - 5)
09:00 – 09:10	Ice Resurfacing
09:10 – 09:40	Men FS (st. no 5 - 10)
09:40 – 10:10	Men FS (st. no 11 - 15)
10:10 – 10:20	Ice Resurfacing

COMPETITION

10:30 – 11:20	Ladies Free Skating (st. no 1 - 6)
11:20 – 12:10	Ladies Free Skating (st. no 7 - 12)
12:10 – 12:25	Ice Resurfacing
12:25 – 13:15	Ladies Free Skating (st. no 13 - 18)
13:15 – 13:30	Ice Resurfacing
13:30 – 14:00	Junior Ice Dance FD (st. no 1 - 4)
14:00 – 14:30	Junior Ice Dance FD (st. no 5 - 8)
14:30 – 14:45	Ice Resurfacing
14:45 – 15:15	Senior Ice Dance FD (st. no 1 - 3)
15:15 – 15:45	Senior Ice Dance FD (st. no 4 - 6)
15:50	Victory Ceremony LADIES, ICE DANCE
16:45 – 17:00	Ice Resurfacing
17:00 – 17:20	Advanced Novice Pairs FS (st. no 1 - 2)
17:20 – 17:35	Junior Pairs FS (1)
17:35 – 17:50	Ice Resurfacing
17:50 – 18:15	Senior Pairs FS (CZE, HUN)
18:15 – 18:30	Ice Resurfacing
18:30 – 19:15	Men Free Skating (st. no 1 - 5)
19:15 – 20:00	Men Free Skating (st. No 6 - 10)
20:00 – 20:15	Ice Resurfacing
20:15 – 21:00	Men Free Skating (st. No 11 - 15)
21:05	Victory Ceremony PAIRS, MEN, TEAM TROPHY

Four National Championships

Czech Republic, Hungary, Poland, Slovak Republic

Ostrava, Czech Republic

12-14 December, 2019

TIME – and PRACTICE SCHEDULE

- subject to changes -

As of: 12.12.2019

Friday, December 13, 2019

PRACTICES

06:20 – 06:35	Junior & Advanced Novice Pairs SP (1+2)
06:35 – 06:50	Senior Pairs SP (CZE + HUN)
06:50 – 07:00	Ice Resurfacing
07:00 – 07:25	Ladies SP (st. no 1 - 4)
07:25 – 07:50	Ladies SP (st. no 5 - 9)
07:50 – 08:00	Ice Resurfacing
08:00 – 08:25	Ladies SP (st. no 10 - 14)
08:25 – 08:50	Ladies SP (st. no 15 - 18)
08:50 – 09:00	Ice Resurfacing
09:00 – 09:20	Junior Ice Dance RD (st. no 1 - 4)
09:20 – 09:40	Junior Ice Dance RD (st. no 5 - 8)
09:40 – 09:50	Ice Resurfacing
09:50 – 10:10	Senior Ice Dance RD (st. no 1 - 3)
10:10 – 10:30	Senior Ice Dance RD (st. no 4 - 6)
10:30 – 10:40	Ice Resurfacing
10:40 – 11:05	Men SP (st. no 1 - 5)
11:05 – 11:30	Men SP (st. no 6 - 10)
11:30 – 11:40	Ice Resurfacing
11:40 – 12:05	Men SP (st. no 10 - 15)
12:05 – 12:15	Ice Resurfacing

COMPETITION

12:30 – 12:45	Advanced Novice Pairs SP (st. no 1 - 2)
12:45 – 13:00	Junior Pairs SP (st. no 1)
13:00 – 13:20	Senior Pairs SP (CZE, HUN)
13:20 – 13:35	Ice Resurfacing
13:35 – 14:15	Ladies Short Program (st. no 1 – 6)
14:15 – 14:50	Ladies Short Program (st. no 7 - 12)
14:50 – 15:05	Ice Resurfacing
15:05 – 15:45	Ladies Short Program (st. no 12 - 18)
16:05 – 16:20	Ice Resurfacing
16:20 – 16:45	Junior Ice Dance RD (st. no 1 - 4)
16:45 – 17:10	Junior Ice Dance RD (st. no 5 - 8)
17:10 – 17:25	Ice Resurfacing
17:25 – 17:45	Senior Ice Dance RD (st. no 1 - 3)
17:45 – 18:05	Senior Ice Dance RD (st. no 4 - 6)
18:05 – 18:20	Ice Resurfacing
18:20 – 18:55	Men Short Program (st. no 1 - 5)
18:55 – 19:30	Men Short Program (st. no 6 - 10)
19:30 – 19:45	Ice Resurfacing
19:45 – 20:20	Men Short Program (st. no 11 - 15)

PRACTICES

20:20 – 20:30	Ice Resurfacing
20:30 – 21:05	Ladies FS (st. no 1 - 6)
21:05 – 21:40	Ladies FS (st. no 7 - 12)
21:40 – 21:50	Ice Resurfacing
21:50 – 22:25	Ladies Short Program (st. no 13 - 18)
22:25 – 22:35	Ice Resurfacing

15 min. after Short Programs / Rhythm Dances – Draw Starting Order Free Skating / Free Dance
in the Skating Lounge

Saturday, December 14, 2019

PRACTICES

06:10 – 06:30	Junior Ice Dance FD (st. no 1 - 4)
06:30 – 06:50	Junior Ice Dance FD (st. no 5 - 8)
06:50 – 07:00	Ice Resurfacing
07:00 – 07:20	Senior Ice Dance FD (st. no 1 - 3)
07:20 – 07:40	Senior Ice Dance FD (st. no 4 - 6)
07:40 – 07:50	Ice Resurfacing
07:50 – 08:10	Junior & Advanced Novice Pairs FS (1+2)
08:10 – 08:30	Senior Pairs FS (CZE, HUN)
08:30 – 09:00	Men FS (st. no 1 - 5)
09:00 – 09:10	Ice Resurfacing
09:10 – 09:40	Men FS (st. no 5 - 10)
09:40 – 10:10	Men FS (st. no 11 - 15)
10:10 – 10:20	Ice Resurfacing

COMPETITION

10:30 – 11:20	Ladies Free Skating (st. no 1 - 6)
11:20 – 12:10	Ladies Free Skating (st. no 7 - 12)
12:10 – 12:25	Ice Resurfacing
12:25 – 13:15	Ladies Free Skating (st. no 13 - 18)
13:15 – 13:30	Ice Resurfacing
13:30 – 14:00	Junior Ice Dance FD (st. no 1 - 4)
14:00 – 14:30	Junior Ice Dance FD (st. no 5 - 8)
14:30 – 14:45	Ice Resurfacing
14:45 – 15:15	Senior Ice Dance FD (st. no 1 - 3)
15:15 – 15:45	Senior Ice Dance FD (st. no 4 - 6)
15:50	Victory Ceremony LADIES, ICE DANCE
16:45 – 17:00	Ice Resurfacing
17:00 – 17:20	Advanced Novice Pairs FS (st. no 1 - 2)
17:20 – 17:35	Junior Pairs FS (1)
17:35 – 17:50	Ice Resurfacing
17:50 – 18:15	Senior Pairs FS (CZE, HUN)
18:15 – 18:30	Ice Resurfacing
18:30 – 19:15	Men Free Skating (st. no 1 - 5)
19:15 – 20:00	Men Free Skating (st. No 6 - 10)
20:00 – 20:15	Ice Resurfacing
20:15 – 21:00	Men Free Skating (st. No 11 - 15)
21:05	Victory Ceremony PAIRS, MEN, TEAM TROPHY

Four National Championships

Czech Republic, Hungary, Poland, Slovak Republic

Ostrava, Czech Republic

12-14 December, 2019

TIME – and PRACTICE SCHEDULE

- subject to changes -

As of: 12.12.2019

Friday, December 13, 2019

PRACTICES

06:20 – 06:35	Junior & Advanced Novice Pairs SP (1+2)
06:35 – 06:50	Senior Pairs SP (CZE + HUN)
06:50 – 07:00	Ice Resurfacing
07:00 – 07:25	Ladies SP (st. no 1 - 4)
07:25 – 07:50	Ladies SP (st. no 5 - 9)
07:50 – 08:00	Ice Resurfacing
08:00 – 08:25	Ladies SP (st. no 10 - 14)
08:25 – 08:50	Ladies SP (st. no 15 - 18)
08:50 – 09:00	Ice Resurfacing
09:00 – 09:20	Junior Ice Dance RD (st. no 1 - 4)
09:20 – 09:40	Junior Ice Dance RD (st. no 5 - 8)
09:40 – 09:50	Ice Resurfacing
09:50 – 10:10	Senior Ice Dance RD (st. no 1 - 3)
10:10 – 10:30	Senior Ice Dance RD (st. no 4 - 6)
10:30 – 10:40	Ice Resurfacing
10:40 – 11:05	Men SP (st. no 1 - 5)
11:05 – 11:30	Men SP (st. no 6 - 10)
11:30 – 11:40	Ice Resurfacing
11:40 – 12:05	Men SP (st. no 10 - 15)
12:05 – 12:15	Ice Resurfacing

COMPETITION

12:30 – 12:45	Advanced Novice Pairs SP (st. no 1 - 2)
12:45 – 13:00	Junior Pairs SP (st. no 1)
13:00 – 13:20	Senior Pairs SP (CZE, HUN)
13:20 – 13:35	Ice Resurfacing
13:35 – 14:15	Ladies Short Program (st. no 1 – 6)
14:15 – 14:50	Ladies Short Program (st. no 7 - 12)
14:50 – 15:05	Ice Resurfacing
15:05 – 15:45	Ladies Short Program (st. no 12 - 18)
16:05 – 16:20	Ice Resurfacing
16:20 – 16:45	Junior Ice Dance RD (st. no 1 - 4)
16:45 – 17:10	Junior Ice Dance RD (st. no 5 - 8)
17:10 – 17:25	Ice Resurfacing
17:25 – 17:45	Senior Ice Dance RD (st. no 1 - 3)
17:45 – 18:05	Senior Ice Dance RD (st. no 4 - 6)
18:05 – 18:20	Ice Resurfacing
18:20 – 18:55	Men Short Program (st. no 1 - 5)
18:55 – 19:30	Men Short Program (st. no 6 - 10)
19:30 – 19:45	Ice Resurfacing
19:45 – 20:20	Men Short Program (st. no 11 - 15)

PRACTICES

20:20 – 20:30	Ice Resurfacing
20:30 – 21:05	Ladies FS (st. no 1 - 6)
21:05 – 21:40	Ladies FS (st. no 7 - 12)
21:40 – 21:50	Ice Resurfacing
21:50 – 22:25	Ladies Short Program (st. no 13 - 18)
22:25 – 22:35	Ice Resurfacing

15 min. after Short Programs / Rhythm Dances – Draw Starting Order Free Skating / Free Dance
in the Skating Lounge

Saturday, December 14, 2019

PRACTICES

06:10 – 06:30	Junior Ice Dance FD (st. no 1 - 4)
06:30 – 06:50	Junior Ice Dance FD (st. no 5 - 8)
06:50 – 07:00	Ice Resurfacing
07:00 – 07:20	Senior Ice Dance FD (st. no 1 - 3)
07:20 – 07:40	Senior Ice Dance FD (st. no 4 - 6)
07:40 – 07:50	Ice Resurfacing
07:50 – 08:10	Junior & Advanced Novice Pairs FS (1+2)
08:10 – 08:30	Senior Pairs FS (CZE, HUN)
08:30 – 09:00	Men FS (st. no 1 - 5)
09:00 – 09:10	Ice Resurfacing
09:10 – 09:40	Men FS (st. no 5 - 10)
09:40 – 10:10	Men FS (st. no 11 - 15)
10:10 – 10:20	Ice Resurfacing

COMPETITION

10:30 – 11:20	Ladies Free Skating (st. no 1 - 6)
11:20 – 12:10	Ladies Free Skating (st. no 7 - 12)
12:10 – 12:25	Ice Resurfacing
12:25 – 13:15	Ladies Free Skating (st. no 13 - 18)
13:15 – 13:30	Ice Resurfacing
13:30 – 14:00	Junior Ice Dance FD (st. no 1 - 4)
14:00 – 14:30	Junior Ice Dance FD (st. no 5 - 8)
14:30 – 14:45	Ice Resurfacing
14:45 – 15:15	Senior Ice Dance FD (st. no 1 - 3)
15:15 – 15:45	Senior Ice Dance FD (st. no 4 - 6)
15:50	Victory Ceremony LADIES, ICE DANCE
16:45 – 17:00	Ice Resurfacing
17:00 – 17:20	Advanced Novice Pairs FS (st. no 1 - 2)
17:20 – 17:35	Junior Pairs FS (1)
17:35 – 17:50	Ice Resurfacing
17:50 – 18:15	Senior Pairs FS (CZE, HUN)
18:15 – 18:30	Ice Resurfacing
18:30 – 19:15	Men Free Skating (st. no 1 - 5)
19:15 – 20:00	Men Free Skating (st. No 6 - 10)
20:00 – 20:15	Ice Resurfacing
20:15 – 21:00	Men Free Skating (st. No 11 - 15)
21:05	Victory Ceremony PAIRS, MEN, TEAM TROPHY

Four National Championships

Czech Republic, Hungary, Poland, Slovak Republic

Ostrava, Czech Republic

12-14 December, 2019

TIME – and PRACTICE SCHEDULE

- subject to changes -

As of: 12.12.2019

Friday, December 13, 2019

PRACTICES

06:20 – 06:35	Junior & Advanced Novice Pairs SP (1+2)
06:35 – 06:50	Senior Pairs SP (CZE + HUN)
06:50 – 07:00	Ice Resurfacing
07:00 – 07:25	Ladies SP (st. no 1 - 4)
07:25 – 07:50	Ladies SP (st. no 5 - 9)
07:50 – 08:00	Ice Resurfacing
08:00 – 08:25	Ladies SP (st. no 10 - 14)
08:25 – 08:50	Ladies SP (st. no 15 - 18)
08:50 – 09:00	Ice Resurfacing
09:00 – 09:20	Junior Ice Dance RD (st. no 1 - 4)
09:20 – 09:40	Junior Ice Dance RD (st. no 5 - 8)
09:40 – 09:50	Ice Resurfacing
09:50 – 10:10	Senior Ice Dance RD (st. no 1 - 3)
10:10 – 10:30	Senior Ice Dance RD (st. no 4 - 6)
10:30 – 10:40	Ice Resurfacing
10:40 – 11:05	Men SP (st. no 1 - 5)
11:05 – 11:30	Men SP (st. no 6 - 10)
11:30 – 11:40	Ice Resurfacing
11:40 – 12:05	Men SP (st. no 10 - 15)
12:05 – 12:15	Ice Resurfacing

COMPETITION

12:30 – 12:45	Advanced Novice Pairs SP (st. no 1 - 2)
12:45 – 13:00	Junior Pairs SP (st. no 1)
13:00 – 13:20	Senior Pairs SP (CZE, HUN)
13:20 – 13:35	Ice Resurfacing
13:35 – 14:15	Ladies Short Program (st. no 1 – 6)
14:15 – 14:50	Ladies Short Program (st. no 7 - 12)
14:50 – 15:05	Ice Resurfacing
15:05 – 15:45	Ladies Short Program (st. no 12 - 18)
16:05 – 16:20	Ice Resurfacing
16:20 – 16:45	Junior Ice Dance RD (st. no 1 - 4)
16:45 – 17:10	Junior Ice Dance RD (st. no 5 - 8)
17:10 – 17:25	Ice Resurfacing
17:25 – 17:45	Senior Ice Dance RD (st. no 1 - 3)
17:45 – 18:05	Senior Ice Dance RD (st. no 4 - 6)
18:05 – 18:20	Ice Resurfacing
18:20 – 18:55	Men Short Program (st. no 1 - 5)
18:55 – 19:30	Men Short Program (st. no 6 - 10)
19:30 – 19:45	Ice Resurfacing
19:45 – 20:20	Men Short Program (st. no 11 - 15)

PRACTICES

20:20 – 20:30	Ice Resurfacing
20:30 – 21:05	Ladies FS (st. no 1 - 6)
21:05 – 21:40	Ladies FS (st. no 7 - 12)
21:40 – 21:50	Ice Resurfacing
21:50 – 22:25	Ladies Short Program (st. no 13 - 18)
22:25 – 22:35	Ice Resurfacing

15 min. after Short Programs / Rhythm Dances – Draw Starting Order Free Skating / Free Dance
in the Skating Lounge

Saturday, December 14, 2019

PRACTICES

06:10 – 06:30	Junior Ice Dance FD (st. no 1 - 4)
06:30 – 06:50	Junior Ice Dance FD (st. no 5 - 8)
06:50 – 07:00	Ice Resurfacing
07:00 – 07:20	Senior Ice Dance FD (st. no 1 - 3)
07:20 – 07:40	Senior Ice Dance FD (st. no 4 - 6)
07:40 – 07:50	Ice Resurfacing
07:50 – 08:10	Junior & Advanced Novice Pairs FS (1+2)
08:10 – 08:30	Senior Pairs FS (CZE, HUN)
08:30 – 09:00	Men FS (st. no 1 - 5)
09:00 – 09:10	Ice Resurfacing
09:10 – 09:40	Men FS (st. no 5 - 10)
09:40 – 10:10	Men FS (st. no 11 - 15)
10:10 – 10:20	Ice Resurfacing

COMPETITION

10:30 – 11:20	Ladies Free Skating (st. no 1 - 6)
11:20 – 12:10	Ladies Free Skating (st. no 7 - 12)
12:10 – 12:25	Ice Resurfacing
12:25 – 13:15	Ladies Free Skating (st. no 13 - 18)
13:15 – 13:30	Ice Resurfacing
13:30 – 14:00	Junior Ice Dance FD (st. no 1 - 4)
14:00 – 14:30	Junior Ice Dance FD (st. no 5 - 8)
14:30 – 14:45	Ice Resurfacing
14:45 – 15:15	Senior Ice Dance FD (st. no 1 - 3)
15:15 – 15:45	Senior Ice Dance FD (st. no 4 - 6)
15:50	Victory Ceremony LADIES, ICE DANCE
16:45 – 17:00	Ice Resurfacing
17:00 – 17:20	Advanced Novice Pairs FS (st. no 1 - 2)
17:20 – 17:35	Junior Pairs FS (1)
17:35 – 17:50	Ice Resurfacing
17:50 – 18:15	Senior Pairs FS (CZE, HUN)
18:15 – 18:30	Ice Resurfacing
18:30 – 19:15	Men Free Skating (st. no 1 - 5)
19:15 – 20:00	Men Free Skating (st. No 6 - 10)
20:00 – 20:15	Ice Resurfacing
20:15 – 21:00	Men Free Skating (st. No 11 - 15)
21:05	Victory Ceremony PAIRS, MEN, TEAM TROPHY

Four National Championships

Czech Republic, Hungary, Poland, Slovak Republic

Ostrava, Czech Republic

12-14 December, 2019

TIME – and PRACTICE SCHEDULE

- subject to changes -

As of: 12.12.2019

Friday, December 13, 2019

PRACTICES

06:20 – 06:35	Junior & Advanced Novice Pairs SP (1+2)
06:35 – 06:50	Senior Pairs SP (CZE + HUN)
06:50 – 07:00	Ice Resurfacing
07:00 – 07:25	Ladies SP (st. no 1 - 4)
07:25 – 07:50	Ladies SP (st. no 5 - 9)
07:50 – 08:00	Ice Resurfacing
08:00 – 08:25	Ladies SP (st. no 10 - 14)
08:25 – 08:50	Ladies SP (st. no 15 - 18)
08:50 – 09:00	Ice Resurfacing
09:00 – 09:20	Junior Ice Dance RD (st. no 1 - 4)
09:20 – 09:40	Junior Ice Dance RD (st. no 5 - 8)
09:40 – 09:50	Ice Resurfacing
09:50 – 10:10	Senior Ice Dance RD (st. no 1 - 3)
10:10 – 10:30	Senior Ice Dance RD (st. no 4 - 6)
10:30 – 10:40	Ice Resurfacing
10:40 – 11:05	Men SP (st. no 1 - 5)
11:05 – 11:30	Men SP (st. no 6 - 10)
11:30 – 11:40	Ice Resurfacing
11:40 – 12:05	Men SP (st. no 10 - 15)
12:05 – 12:15	Ice Resurfacing

COMPETITION

12:30 – 12:45	Advanced Novice Pairs SP (st. no 1 - 2)
12:45 – 13:00	Junior Pairs SP (st. no 1)
13:00 – 13:20	Senior Pairs SP (CZE, HUN)
13:20 – 13:35	Ice Resurfacing
13:35 – 14:15	Ladies Short Program (st. no 1 – 6)
14:15 – 14:50	Ladies Short Program (st. no 7 - 12)
14:50 – 15:05	Ice Resurfacing
15:05 – 15:45	Ladies Short Program (st. no 12 - 18)
16:05 – 16:20	Ice Resurfacing
16:20 – 16:45	Junior Ice Dance RD (st. no 1 - 4)
16:45 – 17:10	Junior Ice Dance RD (st. no 5 - 8)
17:10 – 17:25	Ice Resurfacing
17:25 – 17:45	Senior Ice Dance RD (st. no 1 - 3)
17:45 – 18:05	Senior Ice Dance RD (st. no 4 - 6)
18:05 – 18:20	Ice Resurfacing
18:20 – 18:55	Men Short Program (st. no 1 - 5)
18:55 – 19:30	Men Short Program (st. no 6 - 10)
19:30 – 19:45	Ice Resurfacing
19:45 – 20:20	Men Short Program (st. no 11 - 15)

PRACTICES

20:20 – 20:30	Ice Resurfacing
20:30 – 21:05	Ladies FS (st. no 1 - 6)
21:05 – 21:40	Ladies FS (st. no 7 - 12)
21:40 – 21:50	Ice Resurfacing
21:50 – 22:25	Ladies Short Program (st. no 13 - 18)
22:25 – 22:35	Ice Resurfacing

15 min. after Short Programs / Rhythm Dances – Draw Starting Order Free Skating / Free Dance
in the Skating Lounge

Saturday, December 14, 2019

PRACTICES

06:10 – 06:30	Junior Ice Dance FD (st. no 1 - 4)
06:30 – 06:50	Junior Ice Dance FD (st. no 5 - 8)
06:50 – 07:00	Ice Resurfacing
07:00 – 07:20	Senior Ice Dance FD (st. no 1 - 3)
07:20 – 07:40	Senior Ice Dance FD (st. no 4 - 6)
07:40 – 07:50	Ice Resurfacing
07:50 – 08:10	Junior & Advanced Novice Pairs FS (1+2)
08:10 – 08:30	Senior Pairs FS (CZE, HUN)
08:30 – 09:00	Men FS (st. no 1 - 5)
09:00 – 09:10	Ice Resurfacing
09:10 – 09:40	Men FS (st. no 5 - 10)
09:40 – 10:10	Men FS (st. no 11 - 15)
10:10 – 10:20	Ice Resurfacing

COMPETITION

10:30 – 11:20	Ladies Free Skating (st. no 1 - 6)
11:20 – 12:10	Ladies Free Skating (st. no 7 - 12)
12:10 – 12:25	Ice Resurfacing
12:25 – 13:15	Ladies Free Skating (st. no 13 - 18)
13:15 – 13:30	Ice Resurfacing
13:30 – 14:00	Junior Ice Dance FD (st. no 1 - 4)
14:00 – 14:30	Junior Ice Dance FD (st. no 5 - 8)
14:30 – 14:45	Ice Resurfacing
14:45 – 15:15	Senior Ice Dance FD (st. no 1 - 3)
15:15 – 15:45	Senior Ice Dance FD (st. no 4 - 6)
15:50	Victory Ceremony LADIES, ICE DANCE
16:45 – 17:00	Ice Resurfacing
17:00 – 17:20	Advanced Novice Pairs FS (st. no 1 - 2)
17:20 – 17:35	Junior Pairs FS (1)
17:35 – 17:50	Ice Resurfacing
17:50 – 18:15	Senior Pairs FS (CZE, HUN)
18:15 – 18:30	Ice Resurfacing
18:30 – 19:15	Men Free Skating (st. no 1 - 5)
19:15 – 20:00	Men Free Skating (st. No 6 - 10)
20:00 – 20:15	Ice Resurfacing
20:15 – 21:00	Men Free Skating (st. No 11 - 15)
21:05	Victory Ceremony PAIRS, MEN, TEAM TROPHY

Four National Championships

Czech Republic, Hungary, Poland, Slovak Republic

Ostrava, Czech Republic

12-14 December, 2019

TIME – and PRACTICE SCHEDULE

- subject to changes -

As of: 12.12.2019

Friday, December 13, 2019

PRACTICES

06:20 – 06:35	Junior & Advanced Novice Pairs SP (1+2)
06:35 – 06:50	Senior Pairs SP (CZE + HUN)
06:50 – 07:00	Ice Resurfacing
07:00 – 07:25	Ladies SP (st. no 1 - 4)
07:25 – 07:50	Ladies SP (st. no 5 - 9)
07:50 – 08:00	Ice Resurfacing
08:00 – 08:25	Ladies SP (st. no 10 - 14)
08:25 – 08:50	Ladies SP (st. no 15 - 18)
08:50 – 09:00	Ice Resurfacing
09:00 – 09:20	Junior Ice Dance RD (st. no 1 - 4)
09:20 – 09:40	Junior Ice Dance RD (st. no 5 - 8)
09:40 – 09:50	Ice Resurfacing
09:50 – 10:10	Senior Ice Dance RD (st. no 1 - 3)
10:10 – 10:30	Senior Ice Dance RD (st. no 4 - 6)
10:30 – 10:40	Ice Resurfacing
10:40 – 11:05	Men SP (st. no 1 - 5)
11:05 – 11:30	Men SP (st. no 6 - 10)
11:30 – 11:40	Ice Resurfacing
11:40 – 12:05	Men SP (st. no 10 - 15)
12:05 – 12:15	Ice Resurfacing

COMPETITION

12:30 – 12:45	Advanced Novice Pairs SP (st. no 1 - 2)
12:45 – 13:00	Junior Pairs SP (st. no 1)
13:00 – 13:20	Senior Pairs SP (CZE, HUN)
13:20 – 13:35	Ice Resurfacing
13:35 – 14:15	Ladies Short Program (st. no 1 – 6)
14:15 – 14:50	Ladies Short Program (st. no 7 - 12)
14:50 – 15:05	Ice Resurfacing
15:05 – 15:45	Ladies Short Program (st. no 12 - 18)
16:05 – 16:20	Ice Resurfacing
16:20 – 16:45	Junior Ice Dance RD (st. no 1 - 4)
16:45 – 17:10	Junior Ice Dance RD (st. no 5 - 8)
17:10 – 17:25	Ice Resurfacing
17:25 – 17:45	Senior Ice Dance RD (st. no 1 - 3)
17:45 – 18:05	Senior Ice Dance RD (st. no 4 - 6)
18:05 – 18:20	Ice Resurfacing
18:20 – 18:55	Men Short Program (st. no 1 - 5)
18:55 – 19:30	Men Short Program (st. no 6 - 10)
19:30 – 19:45	Ice Resurfacing
19:45 – 20:20	Men Short Program (st. no 11 - 15)

PRACTICES

20:20 – 20:30	Ice Resurfacing
20:30 – 21:05	Ladies FS (st. no 1 - 6)
21:05 – 21:40	Ladies FS (st. no 7 - 12)
21:40 – 21:50	Ice Resurfacing
21:50 – 22:25	Ladies Short Program (st. no 13 - 18)
22:25 – 22:35	Ice Resurfacing

15 min. after Short Programs / Rhythm Dances – Draw Starting Order Free Skating / Free Dance
in the Skating Lounge

Saturday, December 14, 2019

PRACTICES

06:10 – 06:30	Junior Ice Dance FD (st. no 1 - 4)
06:30 – 06:50	Junior Ice Dance FD (st. no 5 - 8)
06:50 – 07:00	Ice Resurfacing
07:00 – 07:20	Senior Ice Dance FD (st. no 1 - 3)
07:20 – 07:40	Senior Ice Dance FD (st. no 4 - 6)
07:40 – 07:50	Ice Resurfacing
07:50 – 08:10	Junior & Advanced Novice Pairs FS (1+2)
08:10 – 08:30	Senior Pairs FS (CZE, HUN)
08:30 – 09:00	Men FS (st. no 1 - 5)
09:00 – 09:10	Ice Resurfacing
09:10 – 09:40	Men FS (st. no 5 - 10)
09:40 – 10:10	Men FS (st. no 11 - 15)
10:10 – 10:20	Ice Resurfacing

COMPETITION

10:30 – 11:20	Ladies Free Skating (st. no 1 - 6)
11:20 – 12:10	Ladies Free Skating (st. no 7 - 12)
12:10 – 12:25	Ice Resurfacing
12:25 – 13:15	Ladies Free Skating (st. no 13 - 18)
13:15 – 13:30	Ice Resurfacing
13:30 – 14:00	Junior Ice Dance FD (st. no 1 - 4)
14:00 – 14:30	Junior Ice Dance FD (st. no 5 - 8)
14:30 – 14:45	Ice Resurfacing
14:45 – 15:15	Senior Ice Dance FD (st. no 1 - 3)
15:15 – 15:45	Senior Ice Dance FD (st. no 4 - 6)
15:50	Victory Ceremony LADIES, ICE DANCE
16:45 – 17:00	Ice Resurfacing
17:00 – 17:20	Advanced Novice Pairs FS (st. no 1 - 2)
17:20 – 17:35	Junior Pairs FS (1)
17:35 – 17:50	Ice Resurfacing
17:50 – 18:15	Senior Pairs FS (CZE, HUN)
18:15 – 18:30	Ice Resurfacing
18:30 – 19:15	Men Free Skating (st. no 1 - 5)
19:15 – 20:00	Men Free Skating (st. No 6 - 10)
20:00 – 20:15	Ice Resurfacing
20:15 – 21:00	Men Free Skating (st. No 11 - 15)
21:05	Victory Ceremony PAIRS, MEN, TEAM TROPHY

Four National Championships

Czech Republic, Hungary, Poland, Slovak Republic

Ostrava, Czech Republic

12-14 December, 2019

TIME – and PRACTICE SCHEDULE

- subject to changes -

As of: 12.12.2019

Friday, December 13, 2019

PRACTICES

06:20 – 06:35	Junior & Advanced Novice Pairs SP (1+2)
06:35 – 06:50	Senior Pairs SP (CZE + HUN)
06:50 – 07:00	Ice Resurfacing
07:00 – 07:25	Ladies SP (st. no 1 - 4)
07:25 – 07:50	Ladies SP (st. no 5 - 9)
07:50 – 08:00	Ice Resurfacing
08:00 – 08:25	Ladies SP (st. no 10 - 14)
08:25 – 08:50	Ladies SP (st. no 15 - 18)
08:50 – 09:00	Ice Resurfacing
09:00 – 09:20	Junior Ice Dance RD (st. no 1 - 4)
09:20 – 09:40	Junior Ice Dance RD (st. no 5 - 8)
09:40 – 09:50	Ice Resurfacing
09:50 – 10:10	Senior Ice Dance RD (st. no 1 - 3)
10:10 – 10:30	Senior Ice Dance RD (st. no 4 - 6)
10:30 – 10:40	Ice Resurfacing
10:40 – 11:05	Men SP (st. no 1 - 5)
11:05 – 11:30	Men SP (st. no 6 - 10)
11:30 – 11:40	Ice Resurfacing
11:40 – 12:05	Men SP (st. no 10 - 15)
12:05 – 12:15	Ice Resurfacing

COMPETITION

12:30 – 12:45	Advanced Novice Pairs SP (st. no 1 - 2)
12:45 – 13:00	Junior Pairs SP (st. no 1)
13:00 – 13:20	Senior Pairs SP (CZE, HUN)
13:20 – 13:35	Ice Resurfacing
13:35 – 14:15	Ladies Short Program (st. no 1 – 6)
14:15 – 14:50	Ladies Short Program (st. no 7 - 12)
14:50 – 15:05	Ice Resurfacing
15:05 – 15:45	Ladies Short Program (st. no 12 - 18)
16:05 – 16:20	Ice Resurfacing
16:20 – 16:45	Junior Ice Dance RD (st. no 1 - 4)
16:45 – 17:10	Junior Ice Dance RD (st. no 5 - 8)
17:10 – 17:25	Ice Resurfacing
17:25 – 17:45	Senior Ice Dance RD (st. no 1 - 3)
17:45 – 18:05	Senior Ice Dance RD (st. no 4 - 6)
18:05 – 18:20	Ice Resurfacing
18:20 – 18:55	Men Short Program (st. no 1 - 5)
18:55 – 19:30	Men Short Program (st. no 6 - 10)
19:30 – 19:45	Ice Resurfacing
19:45 – 20:20	Men Short Program (st. no 11 - 15)

PRACTICES

20:20 – 20:30	Ice Resurfacing
20:30 – 21:05	Ladies FS (st. no 1 - 6)
21:05 – 21:40	Ladies FS (st. no 7 - 12)
21:40 – 21:50	Ice Resurfacing
21:50 – 22:25	Ladies Short Program (st. no 13 - 18)
22:25 – 22:35	Ice Resurfacing

15 min. after Short Programs / Rhythm Dances – Draw Starting Order Free Skating / Free Dance
in the Skating Lounge

Saturday, December 14, 2019

PRACTICES

06:10 – 06:30	Junior Ice Dance FD (st. no 1 - 4)
06:30 – 06:50	Junior Ice Dance FD (st. no 5 - 8)
06:50 – 07:00	Ice Resurfacing
07:00 – 07:20	Senior Ice Dance FD (st. no 1 - 3)
07:20 – 07:40	Senior Ice Dance FD (st. no 4 - 6)
07:40 – 07:50	Ice Resurfacing
07:50 – 08:10	Junior & Advanced Novice Pairs FS (1+2)
08:10 – 08:30	Senior Pairs FS (CZE, HUN)
08:30 – 09:00	Men FS (st. no 1 - 5)
09:00 – 09:10	Ice Resurfacing
09:10 – 09:40	Men FS (st. no 5 - 10)
09:40 – 10:10	Men FS (st. no 11 - 15)
10:10 – 10:20	Ice Resurfacing

COMPETITION

10:30 – 11:20	Ladies Free Skating (st. no 1 - 6)
11:20 – 12:10	Ladies Free Skating (st. no 7 - 12)
12:10 – 12:25	Ice Resurfacing
12:25 – 13:15	Ladies Free Skating (st. no 13 - 18)
13:15 – 13:30	Ice Resurfacing
13:30 – 14:00	Junior Ice Dance FD (st. no 1 - 4)
14:00 – 14:30	Junior Ice Dance FD (st. no 5 - 8)
14:30 – 14:45	Ice Resurfacing
14:45 – 15:15	Senior Ice Dance FD (st. no 1 - 3)
15:15 – 15:45	Senior Ice Dance FD (st. no 4 - 6)
15:50	Victory Ceremony LADIES, ICE DANCE
16:45 – 17:00	Ice Resurfacing
17:00 – 17:20	Advanced Novice Pairs FS (st. no 1 - 2)
17:20 – 17:35	Junior Pairs FS (1)
17:35 – 17:50	Ice Resurfacing
17:50 – 18:15	Senior Pairs FS (CZE, HUN)
18:15 – 18:30	Ice Resurfacing
18:30 – 19:15	Men Free Skating (st. no 1 - 5)
19:15 – 20:00	Men Free Skating (st. No 6 - 10)
20:00 – 20:15	Ice Resurfacing
20:15 – 21:00	Men Free Skating (st. No 11 - 15)
21:05	Victory Ceremony PAIRS, MEN, TEAM TROPHY

Four National Championships

Czech Republic, Hungary, Poland, Slovak Republic

Ostrava, Czech Republic

12-14 December, 2019

TIME – and PRACTICE SCHEDULE

- subject to changes -

As of: 12.12.2019

Friday, December 13, 2019

PRACTICES

06:20 – 06:35	Junior & Advanced Novice Pairs SP (1+2)
06:35 – 06:50	Senior Pairs SP (CZE + HUN)
06:50 – 07:00	Ice Resurfacing
07:00 – 07:25	Ladies SP (st. no 1 - 4)
07:25 – 07:50	Ladies SP (st. no 5 - 9)
07:50 – 08:00	Ice Resurfacing
08:00 – 08:25	Ladies SP (st. no 10 - 14)
08:25 – 08:50	Ladies SP (st. no 15 - 18)
08:50 – 09:00	Ice Resurfacing
09:00 – 09:20	Junior Ice Dance RD (st. no 1 - 4)
09:20 – 09:40	Junior Ice Dance RD (st. no 5 - 8)
09:40 – 09:50	Ice Resurfacing
09:50 – 10:10	Senior Ice Dance RD (st. no 1 - 3)
10:10 – 10:30	Senior Ice Dance RD (st. no 4 - 6)
10:30 – 10:40	Ice Resurfacing
10:40 – 11:05	Men SP (st. no 1 - 5)
11:05 – 11:30	Men SP (st. no 6 - 10)
11:30 – 11:40	Ice Resurfacing
11:40 – 12:05	Men SP (st. no 10 - 15)
12:05 – 12:15	Ice Resurfacing

COMPETITION

12:30 – 12:45	Advanced Novice Pairs SP (st. no 1 - 2)
12:45 – 13:00	Junior Pairs SP (st. no 1)
13:00 – 13:20	Senior Pairs SP (CZE, HUN)
13:20 – 13:35	Ice Resurfacing
13:35 – 14:15	Ladies Short Program (st. no 1 – 6)
14:15 – 14:50	Ladies Short Program (st. no 7 - 12)
14:50 – 15:05	Ice Resurfacing
15:05 – 15:45	Ladies Short Program (st. no 12 - 18)
16:05 – 16:20	Ice Resurfacing
16:20 – 16:45	Junior Ice Dance RD (st. no 1 - 4)
16:45 – 17:10	Junior Ice Dance RD (st. no 5 - 8)
17:10 – 17:25	Ice Resurfacing
17:25 – 17:45	Senior Ice Dance RD (st. no 1 - 3)
17:45 – 18:05	Senior Ice Dance RD (st. no 4 - 6)
18:05 – 18:20	Ice Resurfacing
18:20 – 18:55	Men Short Program (st. no 1 - 5)
18:55 – 19:30	Men Short Program (st. no 6 - 10)
19:30 – 19:45	Ice Resurfacing
19:45 – 20:20	Men Short Program (st. no 11 - 15)

PRACTICES

20:20 – 20:30	Ice Resurfacing
20:30 – 21:05	Ladies FS (st. no 1 - 6)
21:05 – 21:40	Ladies FS (st. no 7 - 12)
21:40 – 21:50	Ice Resurfacing
21:50 – 22:25	Ladies Short Program (st. no 13 - 18)
22:25 – 22:35	Ice Resurfacing

15 min. after Short Programs / Rhythm Dances – Draw Starting Order Free Skating / Free Dance
in the Skating Lounge

Saturday, December 14, 2019

PRACTICES

06:10 – 06:30	Junior Ice Dance FD (st. no 1 - 4)
06:30 – 06:50	Junior Ice Dance FD (st. no 5 - 8)
06:50 – 07:00	Ice Resurfacing
07:00 – 07:20	Senior Ice Dance FD (st. no 1 - 3)
07:20 – 07:40	Senior Ice Dance FD (st. no 4 - 6)
07:40 – 07:50	Ice Resurfacing
07:50 – 08:10	Junior & Advanced Novice Pairs FS (1+2)
08:10 – 08:30	Senior Pairs FS (CZE, HUN)
08:30 – 09:00	Men FS (st. no 1 - 5)
09:00 – 09:10	Ice Resurfacing
09:10 – 09:40	Men FS (st. no 5 - 10)
09:40 – 10:10	Men FS (st. no 11 - 15)
10:10 – 10:20	Ice Resurfacing

COMPETITION

10:30 – 11:20	Ladies Free Skating (st. no 1 - 6)
11:20 – 12:10	Ladies Free Skating (st. no 7 - 12)
12:10 – 12:25	Ice Resurfacing
12:25 – 13:15	Ladies Free Skating (st. no 13 - 18)
13:15 – 13:30	Ice Resurfacing
13:30 – 14:00	Junior Ice Dance FD (st. no 1 - 4)
14:00 – 14:30	Junior Ice Dance FD (st. no 5 - 8)
14:30 – 14:45	Ice Resurfacing
14:45 – 15:15	Senior Ice Dance FD (st. no 1 - 3)
15:15 – 15:45	Senior Ice Dance FD (st. no 4 - 6)
15:50	Victory Ceremony LADIES, ICE DANCE
16:45 – 17:00	Ice Resurfacing
17:00 – 17:20	Advanced Novice Pairs FS (st. no 1 - 2)
17:20 – 17:35	Junior Pairs FS (1)
17:35 – 17:50	Ice Resurfacing
17:50 – 18:15	Senior Pairs FS (CZE, HUN)
18:15 – 18:30	Ice Resurfacing
18:30 – 19:15	Men Free Skating (st. no 1 - 5)
19:15 – 20:00	Men Free Skating (st. No 6 - 10)
20:00 – 20:15	Ice Resurfacing
20:15 – 21:00	Men Free Skating (st. No 11 - 15)
21:05	Victory Ceremony PAIRS, MEN, TEAM TROPHY

Four National Championships

Czech Republic, Hungary, Poland, Slovak Republic

Ostrava, Czech Republic

12-14 December, 2019

TIME – and PRACTICE SCHEDULE

- subject to changes -

As of: 12.12.2019

Friday, December 13, 2019

PRACTICES

06:20 – 06:35	Junior & Advanced Novice Pairs SP (1+2)
06:35 – 06:50	Senior Pairs SP (CZE + HUN)
06:50 – 07:00	Ice Resurfacing
07:00 – 07:25	Ladies SP (st. no 1 - 4)
07:25 – 07:50	Ladies SP (st. no 5 - 9)
07:50 – 08:00	Ice Resurfacing
08:00 – 08:25	Ladies SP (st. no 10 - 14)
08:25 – 08:50	Ladies SP (st. no 15 - 18)
08:50 – 09:00	Ice Resurfacing
09:00 – 09:20	Junior Ice Dance RD (st. no 1 - 4)
09:20 – 09:40	Junior Ice Dance RD (st. no 5 - 8)
09:40 – 09:50	Ice Resurfacing
09:50 – 10:10	Senior Ice Dance RD (st. no 1 - 3)
10:10 – 10:30	Senior Ice Dance RD (st. no 4 - 6)
10:30 – 10:40	Ice Resurfacing
10:40 – 11:05	Men SP (st. no 1 - 5)
11:05 – 11:30	Men SP (st. no 6 - 10)
11:30 – 11:40	Ice Resurfacing
11:40 – 12:05	Men SP (st. no 10 - 15)
12:05 – 12:15	Ice Resurfacing

COMPETITION

12:30 – 12:45	Advanced Novice Pairs SP (st. no 1 - 2)
12:45 – 13:00	Junior Pairs SP (st. no 1)
13:00 – 13:20	Senior Pairs SP (CZE, HUN)
13:20 – 13:35	Ice Resurfacing
13:35 – 14:15	Ladies Short Program (st. no 1 – 6)
14:15 – 14:50	Ladies Short Program (st. no 7 - 12)
14:50 – 15:05	Ice Resurfacing
15:05 – 15:45	Ladies Short Program (st. no 12 - 18)
16:05 – 16:20	Ice Resurfacing
16:20 – 16:45	Junior Ice Dance RD (st. no 1 - 4)
16:45 – 17:10	Junior Ice Dance RD (st. no 5 - 8)
17:10 – 17:25	Ice Resurfacing
17:25 – 17:45	Senior Ice Dance RD (st. no 1 - 3)
17:45 – 18:05	Senior Ice Dance RD (st. no 4 - 6)
18:05 – 18:20	Ice Resurfacing
18:20 – 18:55	Men Short Program (st. no 1 - 5)
18:55 – 19:30	Men Short Program (st. no 6 - 10)
19:30 – 19:45	Ice Resurfacing
19:45 – 20:20	Men Short Program (st. no 11 - 15)

PRACTICES

20:20 – 20:30	Ice Resurfacing
20:30 – 21:05	Ladies FS (st. no 1 - 6)
21:05 – 21:40	Ladies FS (st. no 7 - 12)
21:40 – 21:50	Ice Resurfacing
21:50 – 22:25	Ladies Short Program (st. no 13 - 18)
22:25 – 22:35	Ice Resurfacing

15 min. after Short Programs / Rhythm Dances – Draw Starting Order Free Skating / Free Dance
in the Skating Lounge

Saturday, December 14, 2019

PRACTICES

06:10 – 06:30	Junior Ice Dance FD (st. no 1 - 4)
06:30 – 06:50	Junior Ice Dance FD (st. no 5 - 8)
06:50 – 07:00	Ice Resurfacing
07:00 – 07:20	Senior Ice Dance FD (st. no 1 - 3)
07:20 – 07:40	Senior Ice Dance FD (st. no 4 - 6)
07:40 – 07:50	Ice Resurfacing
07:50 – 08:10	Junior & Advanced Novice Pairs FS (1+2)
08:10 – 08:30	Senior Pairs FS (CZE, HUN)
08:30 – 09:00	Men FS (st. no 1 - 5)
09:00 – 09:10	Ice Resurfacing
09:10 – 09:40	Men FS (st. no 5 - 10)
09:40 – 10:10	Men FS (st. no 11 - 15)
10:10 – 10:20	Ice Resurfacing

COMPETITION

10:30 – 11:20	Ladies Free Skating (st. no 1 - 6)
11:20 – 12:10	Ladies Free Skating (st. no 7 - 12)
12:10 – 12:25	Ice Resurfacing
12:25 – 13:15	Ladies Free Skating (st. no 13 - 18)
13:15 – 13:30	Ice Resurfacing
13:30 – 14:00	Junior Ice Dance FD (st. no 1 - 4)
14:00 – 14:30	Junior Ice Dance FD (st. no 5 - 8)
14:30 – 14:45	Ice Resurfacing
14:45 – 15:15	Senior Ice Dance FD (st. no 1 - 3)
15:15 – 15:45	Senior Ice Dance FD (st. no 4 - 6)
15:50	Victory Ceremony LADIES, ICE DANCE
16:45 – 17:00	Ice Resurfacing
17:00 – 17:20	Advanced Novice Pairs FS (st. no 1 - 2)
17:20 – 17:35	Junior Pairs FS (1)
17:35 – 17:50	Ice Resurfacing
17:50 – 18:15	Senior Pairs FS (CZE, HUN)
18:15 – 18:30	Ice Resurfacing
18:30 – 19:15	Men Free Skating (st. no 1 - 5)
19:15 – 20:00	Men Free Skating (st. No 6 - 10)
20:00 – 20:15	Ice Resurfacing
20:15 – 21:00	Men Free Skating (st. No 11 - 15)
21:05	Victory Ceremony PAIRS, MEN, TEAM TROPHY

Four National Championships

Czech Republic, Hungary, Poland, Slovak Republic

Ostrava, Czech Republic

12-14 December, 2019

TIME – and PRACTICE SCHEDULE

- subject to changes -

As of: 12.12.2019

Friday, December 13, 2019

PRACTICES

06:20 – 06:35	Junior & Advanced Novice Pairs SP (1+2)
06:35 – 06:50	Senior Pairs SP (CZE + HUN)
06:50 – 07:00	Ice Resurfacing
07:00 – 07:25	Ladies SP (st. no 1 - 4)
07:25 – 07:50	Ladies SP (st. no 5 - 9)
07:50 – 08:00	Ice Resurfacing
08:00 – 08:25	Ladies SP (st. no 10 - 14)
08:25 – 08:50	Ladies SP (st. no 15 - 18)
08:50 – 09:00	Ice Resurfacing
09:00 – 09:20	Junior Ice Dance RD (st. no 1 - 4)
09:20 – 09:40	Junior Ice Dance RD (st. no 5 - 8)
09:40 – 09:50	Ice Resurfacing
09:50 – 10:10	Senior Ice Dance RD (st. no 1 - 3)
10:10 – 10:30	Senior Ice Dance RD (st. no 4 - 6)
10:30 – 10:40	Ice Resurfacing
10:40 – 11:05	Men SP (st. no 1 - 5)
11:05 – 11:30	Men SP (st. no 6 - 10)
11:30 – 11:40	Ice Resurfacing
11:40 – 12:05	Men SP (st. no 10 - 15)
12:05 – 12:15	Ice Resurfacing

COMPETITION

12:30 – 12:45	Advanced Novice Pairs SP (st. no 1 - 2)
12:45 – 13:00	Junior Pairs SP (st. no 1)
13:00 – 13:20	Senior Pairs SP (CZE, HUN)
13:20 – 13:35	Ice Resurfacing
13:35 – 14:15	Ladies Short Program (st. no 1 – 6)
14:15 – 14:50	Ladies Short Program (st. no 7 - 12)
14:50 – 15:05	Ice Resurfacing
15:05 – 15:45	Ladies Short Program (st. no 12 - 18)
16:05 – 16:20	Ice Resurfacing
16:20 – 16:45	Junior Ice Dance RD (st. no 1 - 4)
16:45 – 17:10	Junior Ice Dance RD (st. no 5 - 8)
17:10 – 17:25	Ice Resurfacing
17:25 – 17:45	Senior Ice Dance RD (st. no 1 - 3)
17:45 – 18:05	Senior Ice Dance RD (st. no 4 - 6)
18:05 – 18:20	Ice Resurfacing
18:20 – 18:55	Men Short Program (st. no 1 - 5)
18:55 – 19:30	Men Short Program (st. no 6 - 10)
19:30 – 19:45	Ice Resurfacing
19:45 – 20:20	Men Short Program (st. no 11 - 15)

PRACTICES

20:20 – 20:30	Ice Resurfacing
20:30 – 21:05	Ladies FS (st. no 1 - 6)
21:05 – 21:40	Ladies FS (st. no 7 - 12)
21:40 – 21:50	Ice Resurfacing
21:50 – 22:25	Ladies Short Program (st. no 13 - 18)
22:25 – 22:35	Ice Resurfacing

15 min. after Short Programs / Rhythm Dances – Draw Starting Order Free Skating / Free Dance
in the Skating Lounge

Saturday, December 14, 2019

PRACTICES

06:10 – 06:30	Junior Ice Dance FD (st. no 1 - 4)
06:30 – 06:50	Junior Ice Dance FD (st. no 5 - 8)
06:50 – 07:00	Ice Resurfacing
07:00 – 07:20	Senior Ice Dance FD (st. no 1 - 3)
07:20 – 07:40	Senior Ice Dance FD (st. no 4 - 6)
07:40 – 07:50	Ice Resurfacing
07:50 – 08:10	Junior & Advanced Novice Pairs FS (1+2)
08:10 – 08:30	Senior Pairs FS (CZE, HUN)
08:30 – 09:00	Men FS (st. no 1 - 5)
09:00 – 09:10	Ice Resurfacing
09:10 – 09:40	Men FS (st. no 5 - 10)
09:40 – 10:10	Men FS (st. no 11 - 15)
10:10 – 10:20	Ice Resurfacing

COMPETITION

10:30 – 11:20	Ladies Free Skating (st. no 1 - 6)
11:20 – 12:10	Ladies Free Skating (st. no 7 - 12)
12:10 – 12:25	Ice Resurfacing
12:25 – 13:15	Ladies Free Skating (st. no 13 - 18)
13:15 – 13:30	Ice Resurfacing
13:30 – 14:00	Junior Ice Dance FD (st. no 1 - 4)
14:00 – 14:30	Junior Ice Dance FD (st. no 5 - 8)
14:30 – 14:45	Ice Resurfacing
14:45 – 15:15	Senior Ice Dance FD (st. no 1 - 3)
15:15 – 15:45	Senior Ice Dance FD (st. no 4 - 6)
15:50	Victory Ceremony LADIES, ICE DANCE
16:45 – 17:00	Ice Resurfacing
17:00 – 17:20	Advanced Novice Pairs FS (st. no 1 - 2)
17:20 – 17:35	Junior Pairs FS (1)
17:35 – 17:50	Ice Resurfacing
17:50 – 18:15	Senior Pairs FS (CZE, HUN)
18:15 – 18:30	Ice Resurfacing
18:30 – 19:15	Men Free Skating (st. no 1 - 5)
19:15 – 20:00	Men Free Skating (st. No 6 - 10)
20:00 – 20:15	Ice Resurfacing
20:15 – 21:00	Men Free Skating (st. No 11 - 15)
21:05	Victory Ceremony PAIRS, MEN, TEAM TROPHY

Four National Championships

Czech Republic, Hungary, Poland, Slovak Republic

Ostrava, Czech Republic

12-14 December, 2019

TIME – and PRACTICE SCHEDULE

- subject to changes -

As of: 12.12.2019

Friday, December 13, 2019

PRACTICES

06:20 – 06:35	Junior & Advanced Novice Pairs SP (1+2)
06:35 – 06:50	Senior Pairs SP (CZE + HUN)
06:50 – 07:00	Ice Resurfacing
07:00 – 07:25	Ladies SP (st. no 1 - 4)
07:25 – 07:50	Ladies SP (st. no 5 - 9)
07:50 – 08:00	Ice Resurfacing
08:00 – 08:25	Ladies SP (st. no 10 - 14)
08:25 – 08:50	Ladies SP (st. no 15 - 18)
08:50 – 09:00	Ice Resurfacing
09:00 – 09:20	Junior Ice Dance RD (st. no 1 - 4)
09:20 – 09:40	Junior Ice Dance RD (st. no 5 - 8)
09:40 – 09:50	Ice Resurfacing
09:50 – 10:10	Senior Ice Dance RD (st. no 1 - 3)
10:10 – 10:30	Senior Ice Dance RD (st. no 4 - 6)
10:30 – 10:40	Ice Resurfacing
10:40 – 11:05	Men SP (st. no 1 - 5)
11:05 – 11:30	Men SP (st. no 6 - 10)
11:30 – 11:40	Ice Resurfacing
11:40 – 12:05	Men SP (st. no 10 - 15)
12:05 – 12:15	Ice Resurfacing

COMPETITION

12:30 – 12:45	Advanced Novice Pairs SP (st. no 1 - 2)
12:45 – 13:00	Junior Pairs SP (st. no 1)
13:00 – 13:20	Senior Pairs SP (CZE, HUN)
13:20 – 13:35	Ice Resurfacing
13:35 – 14:15	Ladies Short Program (st. no 1 – 6)
14:15 – 14:50	Ladies Short Program (st. no 7 - 12)
14:50 – 15:05	Ice Resurfacing
15:05 – 15:45	Ladies Short Program (st. no 12 - 18)
16:05 – 16:20	Ice Resurfacing
16:20 – 16:45	Junior Ice Dance RD (st. no 1 - 4)
16:45 – 17:10	Junior Ice Dance RD (st. no 5 - 8)
17:10 – 17:25	Ice Resurfacing
17:25 – 17:45	Senior Ice Dance RD (st. no 1 - 3)
17:45 – 18:05	Senior Ice Dance RD (st. no 4 - 6)
18:05 – 18:20	Ice Resurfacing
18:20 – 18:55	Men Short Program (st. no 1 - 5)
18:55 – 19:30	Men Short Program (st. no 6 - 10)
19:30 – 19:45	Ice Resurfacing
19:45 – 20:20	Men Short Program (st. no 11 - 15)

PRACTICES

20:20 – 20:30	Ice Resurfacing
20:30 – 21:05	Ladies FS (st. no 1 - 6)
21:05 – 21:40	Ladies FS (st. no 7 - 12)
21:40 – 21:50	Ice Resurfacing
21:50 – 22:25	Ladies Short Program (st. no 13 - 18)
22:25 – 22:35	Ice Resurfacing

15 min. after Short Programs / Rhythm Dances – Draw Starting Order Free Skating / Free Dance
in the Skating Lounge

Saturday, December 14, 2019

PRACTICES

06:10 – 06:30	Junior Ice Dance FD (st. no 1 - 4)
06:30 – 06:50	Junior Ice Dance FD (st. no 5 - 8)
06:50 – 07:00	Ice Resurfacing
07:00 – 07:20	Senior Ice Dance FD (st. no 1 - 3)
07:20 – 07:40	Senior Ice Dance FD (st. no 4 - 6)
07:40 – 07:50	Ice Resurfacing
07:50 – 08:10	Junior & Advanced Novice Pairs FS (1+2)
08:10 – 08:30	Senior Pairs FS (CZE, HUN)
08:30 – 09:00	Men FS (st. no 1 - 5)
09:00 – 09:10	Ice Resurfacing
09:10 – 09:40	Men FS (st. no 5 - 10)
09:40 – 10:10	Men FS (st. no 11 - 15)
10:10 – 10:20	Ice Resurfacing

COMPETITION

10:30 – 11:20	Ladies Free Skating (st. no 1 - 6)
11:20 – 12:10	Ladies Free Skating (st. no 7 - 12)
12:10 – 12:25	Ice Resurfacing
12:25 – 13:15	Ladies Free Skating (st. no 13 - 18)
13:15 – 13:30	Ice Resurfacing
13:30 – 14:00	Junior Ice Dance FD (st. no 1 - 4)
14:00 – 14:30	Junior Ice Dance FD (st. no 5 - 8)
14:30 – 14:45	Ice Resurfacing
14:45 – 15:15	Senior Ice Dance FD (st. no 1 - 3)
15:15 – 15:45	Senior Ice Dance FD (st. no 4 - 6)
15:50	Victory Ceremony LADIES, ICE DANCE
16:45 – 17:00	Ice Resurfacing
17:00 – 17:20	Advanced Novice Pairs FS (st. no 1 - 2)
17:20 – 17:35	Junior Pairs FS (1)
17:35 – 17:50	Ice Resurfacing
17:50 – 18:15	Senior Pairs FS (CZE, HUN)
18:15 – 18:30	Ice Resurfacing
18:30 – 19:15	Men Free Skating (st. no 1 - 5)
19:15 – 20:00	Men Free Skating (st. No 6 - 10)
20:00 – 20:15	Ice Resurfacing
20:15 – 21:00	Men Free Skating (st. No 11 - 15)
21:05	Victory Ceremony PAIRS, MEN, TEAM TROPHY

Four National Championships

Czech Republic, Hungary, Poland, Slovak Republic

Ostrava, Czech Republic

12-14 December, 2019

TIME – and PRACTICE SCHEDULE

- subject to changes -

As of: 12.12.2019

Friday, December 13, 2019

PRACTICES

06:20 – 06:35	Junior & Advanced Novice Pairs SP (1+2)
06:35 – 06:50	Senior Pairs SP (CZE + HUN)
06:50 – 07:00	Ice Resurfacing
07:00 – 07:25	Ladies SP (st. no 1 - 4)
07:25 – 07:50	Ladies SP (st. no 5 - 9)
07:50 – 08:00	Ice Resurfacing
08:00 – 08:25	Ladies SP (st. no 10 - 14)
08:25 – 08:50	Ladies SP (st. no 15 - 18)
08:50 – 09:00	Ice Resurfacing
09:00 – 09:20	Junior Ice Dance RD (st. no 1 - 4)
09:20 – 09:40	Junior Ice Dance RD (st. no 5 - 8)
09:40 – 09:50	Ice Resurfacing
09:50 – 10:10	Senior Ice Dance RD (st. no 1 - 3)
10:10 – 10:30	Senior Ice Dance RD (st. no 4 - 6)
10:30 – 10:40	Ice Resurfacing
10:40 – 11:05	Men SP (st. no 1 - 5)
11:05 – 11:30	Men SP (st. no 6 - 10)
11:30 – 11:40	Ice Resurfacing
11:40 – 12:05	Men SP (st. no 10 - 15)
12:05 – 12:15	Ice Resurfacing

COMPETITION

12:30 – 12:45	Advanced Novice Pairs SP (st. no 1 - 2)
12:45 – 13:00	Junior Pairs SP (st. no 1)
13:00 – 13:20	Senior Pairs SP (CZE, HUN)
13:20 – 13:35	Ice Resurfacing
13:35 – 14:15	Ladies Short Program (st. no 1 – 6)
14:15 – 14:50	Ladies Short Program (st. no 7 - 12)
14:50 – 15:05	Ice Resurfacing
15:05 – 15:45	Ladies Short Program (st. no 12 - 18)
16:05 – 16:20	Ice Resurfacing
16:20 – 16:45	Junior Ice Dance RD (st. no 1 - 4)
16:45 – 17:10	Junior Ice Dance RD (st. no 5 - 8)
17:10 – 17:25	Ice Resurfacing
17:25 – 17:45	Senior Ice Dance RD (st. no 1 - 3)
17:45 – 18:05	Senior Ice Dance RD (st. no 4 - 6)
18:05 – 18:20	Ice Resurfacing
18:20 – 18:55	Men Short Program (st. no 1 - 5)
18:55 – 19:30	Men Short Program (st. no 6 - 10)
19:30 – 19:45	Ice Resurfacing
19:45 – 20:20	Men Short Program (st. no 11 - 15)

PRACTICES

20:20 – 20:30	Ice Resurfacing
20:30 – 21:05	Ladies FS (st. no 1 - 6)
21:05 – 21:40	Ladies FS (st. no 7 - 12)
21:40 – 21:50	Ice Resurfacing
21:50 – 22:25	Ladies Short Program (st. no 13 - 18)
22:25 – 22:35	Ice Resurfacing

15 min. after Short Programs / Rhythm Dances – Draw Starting Order Free Skating / Free Dance
in the Skating Lounge

Saturday, December 14, 2019

PRACTICES

06:10 – 06:30	Junior Ice Dance FD (st. no 1 - 4)
06:30 – 06:50	Junior Ice Dance FD (st. no 5 - 8)
06:50 – 07:00	Ice Resurfacing
07:00 – 07:20	Senior Ice Dance FD (st. no 1 - 3)
07:20 – 07:40	Senior Ice Dance FD (st. no 4 - 6)
07:40 – 07:50	Ice Resurfacing
07:50 – 08:10	Junior & Advanced Novice Pairs FS (1+2)
08:10 – 08:30	Senior Pairs FS (CZE, HUN)
08:30 – 09:00	Men FS (st. no 1 - 5)
09:00 – 09:10	Ice Resurfacing
09:10 – 09:40	Men FS (st. no 5 - 10)
09:40 – 10:10	Men FS (st. no 11 - 15)
10:10 – 10:20	Ice Resurfacing

COMPETITION

10:30 – 11:20	Ladies Free Skating (st. no 1 - 6)
11:20 – 12:10	Ladies Free Skating (st. no 7 - 12)
12:10 – 12:25	Ice Resurfacing
12:25 – 13:15	Ladies Free Skating (st. no 13 - 18)
13:15 – 13:30	Ice Resurfacing
13:30 – 14:00	Junior Ice Dance FD (st. no 1 - 4)
14:00 – 14:30	Junior Ice Dance FD (st. no 5 - 8)
14:30 – 14:45	Ice Resurfacing
14:45 – 15:15	Senior Ice Dance FD (st. no 1 - 3)
15:15 – 15:45	Senior Ice Dance FD (st. no 4 - 6)
15:50	Victory Ceremony LADIES, ICE DANCE
16:45 – 17:00	Ice Resurfacing
17:00 – 17:20	Advanced Novice Pairs FS (st. no 1 - 2)
17:20 – 17:35	Junior Pairs FS (1)
17:35 – 17:50	Ice Resurfacing
17:50 – 18:15	Senior Pairs FS (CZE, HUN)
18:15 – 18:30	Ice Resurfacing
18:30 – 19:15	Men Free Skating (st. no 1 - 5)
19:15 – 20:00	Men Free Skating (st. No 6 - 10)
20:00 – 20:15	Ice Resurfacing
20:15 – 21:00	Men Free Skating (st. No 11 - 15)
21:05	Victory Ceremony PAIRS, MEN, TEAM TROPHY

Four National Championships

Czech Republic, Hungary, Poland, Slovak Republic

Ostrava, Czech Republic

12-14 December, 2019

TIME – and PRACTICE SCHEDULE

- subject to changes -

As of: 12.12.2019

Friday, December 13, 2019

PRACTICES

06:20 – 06:35	Junior & Advanced Novice Pairs SP (1+2)
06:35 – 06:50	Senior Pairs SP (CZE + HUN)
06:50 – 07:00	Ice Resurfacing
07:00 – 07:25	Ladies SP (st. no 1 - 4)
07:25 – 07:50	Ladies SP (st. no 5 - 9)
07:50 – 08:00	Ice Resurfacing
08:00 – 08:25	Ladies SP (st. no 10 - 14)
08:25 – 08:50	Ladies SP (st. no 15 - 18)
08:50 – 09:00	Ice Resurfacing
09:00 – 09:20	Junior Ice Dance RD (st. no 1 - 4)
09:20 – 09:40	Junior Ice Dance RD (st. no 5 - 8)
09:40 – 09:50	Ice Resurfacing
09:50 – 10:10	Senior Ice Dance RD (st. no 1 - 3)
10:10 – 10:30	Senior Ice Dance RD (st. no 4 - 6)
10:30 – 10:40	Ice Resurfacing
10:40 – 11:05	Men SP (st. no 1 - 5)
11:05 – 11:30	Men SP (st. no 6 - 10)
11:30 – 11:40	Ice Resurfacing
11:40 – 12:05	Men SP (st. no 10 - 15)
12:05 – 12:15	Ice Resurfacing

COMPETITION

12:30 – 12:45	Advanced Novice Pairs SP (st. no 1 - 2)
12:45 – 13:00	Junior Pairs SP (st. no 1)
13:00 – 13:20	Senior Pairs SP (CZE, HUN)
13:20 – 13:35	Ice Resurfacing
13:35 – 14:15	Ladies Short Program (st. no 1 – 6)
14:15 – 14:50	Ladies Short Program (st. no 7 - 12)
14:50 – 15:05	Ice Resurfacing
15:05 – 15:45	Ladies Short Program (st. no 12 - 18)
16:05 – 16:20	Ice Resurfacing
16:20 – 16:45	Junior Ice Dance RD (st. no 1 - 4)
16:45 – 17:10	Junior Ice Dance RD (st. no 5 - 8)
17:10 – 17:25	Ice Resurfacing
17:25 – 17:45	Senior Ice Dance RD (st. no 1 - 3)
17:45 – 18:05	Senior Ice Dance RD (st. no 4 - 6)
18:05 – 18:20	Ice Resurfacing
18:20 – 18:55	Men Short Program (st. no 1 - 5)
18:55 – 19:30	Men Short Program (st. no 6 - 10)
19:30 – 19:45	Ice Resurfacing
19:45 – 20:20	Men Short Program (st. no 11 - 15)

PRACTICES

20:20 – 20:30	Ice Resurfacing
20:30 – 21:05	Ladies FS (st. no 1 - 6)
21:05 – 21:40	Ladies FS (st. no 7 - 12)
21:40 – 21:50	Ice Resurfacing
21:50 – 22:25	Ladies Short Program (st. no 13 - 18)
22:25 – 22:35	Ice Resurfacing

15 min. after Short Programs / Rhythm Dances – Draw Starting Order Free Skating / Free Dance
in the Skating Lounge

Saturday, December 14, 2019

PRACTICES

06:10 – 06:30	Junior Ice Dance FD (st. no 1 - 4)
06:30 – 06:50	Junior Ice Dance FD (st. no 5 - 8)
06:50 – 07:00	Ice Resurfacing
07:00 – 07:20	Senior Ice Dance FD (st. no 1 - 3)
07:20 – 07:40	Senior Ice Dance FD (st. no 4 - 6)
07:40 – 07:50	Ice Resurfacing
07:50 – 08:10	Junior & Advanced Novice Pairs FS (1+2)
08:10 – 08:30	Senior Pairs FS (CZE, HUN)
08:30 – 09:00	Men FS (st. no 1 - 5)
09:00 – 09:10	Ice Resurfacing
09:10 – 09:40	Men FS (st. no 5 - 10)
09:40 – 10:10	Men FS (st. no 11 - 15)
10:10 – 10:20	Ice Resurfacing

COMPETITION

10:30 – 11:20	Ladies Free Skating (st. no 1 - 6)
11:20 – 12:10	Ladies Free Skating (st. no 7 - 12)
12:10 – 12:25	Ice Resurfacing
12:25 – 13:15	Ladies Free Skating (st. no 13 - 18)
13:15 – 13:30	Ice Resurfacing
13:30 – 14:00	Junior Ice Dance FD (st. no 1 - 4)
14:00 – 14:30	Junior Ice Dance FD (st. no 5 - 8)
14:30 – 14:45	Ice Resurfacing
14:45 – 15:15	Senior Ice Dance FD (st. no 1 - 3)
15:15 – 15:45	Senior Ice Dance FD (st. no 4 - 6)
15:50	Victory Ceremony LADIES, ICE DANCE
16:45 – 17:00	Ice Resurfacing
17:00 – 17:20	Advanced Novice Pairs FS (st. no 1 - 2)
17:20 – 17:35	Junior Pairs FS (1)
17:35 – 17:50	Ice Resurfacing
17:50 – 18:15	Senior Pairs FS (CZE, HUN)
18:15 – 18:30	Ice Resurfacing
18:30 – 19:15	Men Free Skating (st. no 1 - 5)
19:15 – 20:00	Men Free Skating (st. No 6 - 10)
20:00 – 20:15	Ice Resurfacing
20:15 – 21:00	Men Free Skating (st. No 11 - 15)
21:05	Victory Ceremony PAIRS, MEN, TEAM TROPHY

Four National Championships

Czech Republic, Hungary, Poland, Slovak Republic

Ostrava, Czech Republic

12-14 December, 2019

TIME – and PRACTICE SCHEDULE

- subject to changes -

As of: 12.12.2019

Friday, December 13, 2019

PRACTICES

06:20 – 06:35	Junior & Advanced Novice Pairs SP (1+2)
06:35 – 06:50	Senior Pairs SP (CZE + HUN)
06:50 – 07:00	Ice Resurfacing
07:00 – 07:25	Ladies SP (st. no 1 - 4)
07:25 – 07:50	Ladies SP (st. no 5 - 9)
07:50 – 08:00	Ice Resurfacing
08:00 – 08:25	Ladies SP (st. no 10 - 14)
08:25 – 08:50	Ladies SP (st. no 15 - 18)
08:50 – 09:00	Ice Resurfacing
09:00 – 09:20	Junior Ice Dance RD (st. no 1 - 4)
09:20 – 09:40	Junior Ice Dance RD (st. no 5 - 8)
09:40 – 09:50	Ice Resurfacing
09:50 – 10:10	Senior Ice Dance RD (st. no 1 - 3)
10:10 – 10:30	Senior Ice Dance RD (st. no 4 - 6)
10:30 – 10:40	Ice Resurfacing
10:40 – 11:05	Men SP (st. no 1 - 5)
11:05 – 11:30	Men SP (st. no 6 - 10)
11:30 – 11:40	Ice Resurfacing
11:40 – 12:05	Men SP (st. no 10 - 15)
12:05 – 12:15	Ice Resurfacing

COMPETITION

12:30 – 12:45	Advanced Novice Pairs SP (st. no 1 - 2)
12:45 – 13:00	Junior Pairs SP (st. no 1)
13:00 – 13:20	Senior Pairs SP (CZE, HUN)
13:20 – 13:35	Ice Resurfacing
13:35 – 14:15	Ladies Short Program (st. no 1 – 6)
14:15 – 14:50	Ladies Short Program (st. no 7 - 12)
14:50 – 15:05	Ice Resurfacing
15:05 – 15:45	Ladies Short Program (st. no 12 - 18)
16:05 – 16:20	Ice Resurfacing
16:20 – 16:45	Junior Ice Dance RD (st. no 1 - 4)
16:45 – 17:10	Junior Ice Dance RD (st. no 5 - 8)
17:10 – 17:25	Ice Resurfacing
17:25 – 17:45	Senior Ice Dance RD (st. no 1 - 3)
17:45 – 18:05	Senior Ice Dance RD (st. no 4 - 6)
18:05 – 18:20	Ice Resurfacing
18:20 – 18:55	Men Short Program (st. no 1 - 5)
18:55 – 19:30	Men Short Program (st. no 6 - 10)
19:30 – 19:45	Ice Resurfacing
19:45 – 20:20	Men Short Program (st. no 11 - 15)

PRACTICES

20:20 – 20:30	Ice Resurfacing
20:30 – 21:05	Ladies FS (st. no 1 - 6)
21:05 – 21:40	Ladies FS (st. no 7 - 12)
21:40 – 21:50	Ice Resurfacing
21:50 – 22:25	Ladies Short Program (st. no 13 - 18)
22:25 – 22:35	Ice Resurfacing

15 min. after Short Programs / Rhythm Dances – Draw Starting Order Free Skating / Free Dance
in the Skating Lounge

Saturday, December 14, 2019

PRACTICES

06:10 – 06:30	Junior Ice Dance FD (st. no 1 - 4)
06:30 – 06:50	Junior Ice Dance FD (st. no 5 - 8)
06:50 – 07:00	Ice Resurfacing
07:00 – 07:20	Senior Ice Dance FD (st. no 1 - 3)
07:20 – 07:40	Senior Ice Dance FD (st. no 4 - 6)
07:40 – 07:50	Ice Resurfacing
07:50 – 08:10	Junior & Advanced Novice Pairs FS (1+2)
08:10 – 08:30	Senior Pairs FS (CZE, HUN)
08:30 – 09:00	Men FS (st. no 1 - 5)
09:00 – 09:10	Ice Resurfacing
09:10 – 09:40	Men FS (st. no 5 - 10)
09:40 – 10:10	Men FS (st. no 11 - 15)
10:10 – 10:20	Ice Resurfacing

COMPETITION

10:30 – 11:20	Ladies Free Skating (st. no 1 - 6)
11:20 – 12:10	Ladies Free Skating (st. no 7 - 12)
12:10 – 12:25	Ice Resurfacing
12:25 – 13:15	Ladies Free Skating (st. no 13 - 18)
13:15 – 13:30	Ice Resurfacing
13:30 – 14:00	Junior Ice Dance FD (st. no 1 - 4)
14:00 – 14:30	Junior Ice Dance FD (st. no 5 - 8)
14:30 – 14:45	Ice Resurfacing
14:45 – 15:15	Senior Ice Dance FD (st. no 1 - 3)
15:15 – 15:45	Senior Ice Dance FD (st. no 4 - 6)
15:50	Victory Ceremony LADIES, ICE DANCE
16:45 – 17:00	Ice Resurfacing
17:00 – 17:20	Advanced Novice Pairs FS (st. no 1 - 2)
17:20 – 17:35	Junior Pairs FS (1)
17:35 – 17:50	Ice Resurfacing
17:50 – 18:15	Senior Pairs FS (CZE, HUN)
18:15 – 18:30	Ice Resurfacing
18:30 – 19:15	Men Free Skating (st. no 1 - 5)
19:15 – 20:00	Men Free Skating (st. No 6 - 10)
20:00 – 20:15	Ice Resurfacing
20:15 – 21:00	Men Free Skating (st. No 11 - 15)
21:05	Victory Ceremony PAIRS, MEN, TEAM TROPHY