



ISU EUROPEAN FIGURE SKATING CHAMPIONSHIPS® 2007 WARSAW, POLAND



FIRST INFO

Hosts:



CONTENT

POLAND

Region Poland	1
Region Mazovia	2-3
Warsaw	4-6

VENUES

Ice rink – Torwar	7
-------------------------	---

TIME SCHEDULE

Time schedule on ice events	8
Off – ice activities	9

OFFICIAL HOTELS	10-12
-----------------------	-------

FORM, DATES AND FACTS	13
-----------------------------	----

REGISTRATION & ACCREDITATION	14-15
------------------------------------	-------

OFFICIAL TRANSPORT	16
--------------------------	----

EVENT TICKETS	16
---------------------	----

TRAVEL INFORMATION	17-20
--------------------------	-------

Airport Information	17
Airlines	18
Shuttle Bus Service	18
MZA City buses	18
Taxi	19
Train	19
Bus Services	19
Car Rental	20
Public Transport	20

USEFUL INFORMATION	21
--------------------------	----

Climate	21
Visa Requirements	21
Vat	21
Money	21
Electricity	22

CONTACTS	22
----------------	----



**ISU EUROPEAN FIGURE SKATING
CHAMPIONSHIPS® 2007
WARSAW, POLAND**

POLAND

Region – Country

Poland, a country in the heart of Europe, from 1 May 2004 is a member of the European Union.

Almost everybody will find something fascinating here, something they would look for in vain elsewhere. The country, which has for centuries been attracting foreigners with its uniqueness, is now even more open and accessible. Visitors are welcome any time of the year, travelling on their own or in organized groups.



1

FIRST INFO



**ISU EUROPEAN FIGURE SKATING
CHAMPIONSHIPS® 2007
WARSAW, POLAND**

POLAND

Region – Mazovia

Warsaw is surrounded by attractive tourist destinations, good walking and horse-riding spots, and landscapes where fishing and water sports can be practiced. Mazovia is a region that has a lot to offer, both to those interested in its natural beauty, and to the tourist willing to gain an insight into its cultural heritage. Those wishing to rest and relax, should visit the Zegrzyński Lake, the beaches on the Wkra, Bug, Narew and Pilica Rivers, or the lakes of Pojezierze Gostyńskie. Not far from the city stretch the vast forest areas of the Kampinos National Parks and of the Mazovia and Chojnów Landscape Parks. A little further on, you will find the remains of the Kurpie Green Primeval Forest and the White Primeval Forest. In the Western Mazovia, you can visit the Landscape Parks of Gostynin-Włocławek and of Brudzeń.

Along the tourist trails of Mazovia, you will come across the ruins of the Castle of the Mazovian Dukes in Czersk, the castle of the Armory Museum in Liw, the remnants of the Modlin Fortress, the fort ruins in Bieniaminów and along the Narew River, as well as historic church buildings: the monastery in Czerwińsk-upon-Vistula, the Płock Cathedral on Tumski Hill and the fortified Gothic Church in Brochów.

The renovated palaces and mansion houses of the gentry are a real asset of the Mazovian landscape. We particularly recommend a visit to the manor in Żelazowa Wola which was the birthplace of Frederic Chopin. It is also worthwhile to go to Opinogóra, a village which was a family property of one of the most renowned poets of Polish Romanticism, Zygmunt Krasiński. The Neo-Renaissance palace was converted into the Museum of Romanticism. In Gołotczyzna, a village located nearby, you will find the Museum of Positivism.



**ISU EUROPEAN FIGURE SKATING
CHAMPIONSHIPS® 2007
WARSAW, POLAND**

POLAND

Region – Mazovia



At Pruszków near Warsaw, you can discover the interesting collection of the Museum of Ancient Metallurgy.

Tourists can also visit numerous open air museums, where country buildings, agriculture and household utensils, and regional clothes are gathered in an environment similar to that from which they originate. Particularly interesting open air museums are the Mazovia Country Museum in Sierpc, the Radom Countryside Museum in Radom, the Kurpie Open Air Museum in Nowogród, and the Kurpie Farm, a small

open air museum in Kadzidło.

We invite you also to Pułtusk, one of the oldest cities of Mazovia region. It is worth visiting. The localization upon the Narew River, on the cross-road of the regional main routes, was the direct reason of a long and rich of events history of this town, for more than 1.000 years. The adventurer can find here the longest market place in Europe, the beautiful collegiate church from the 15th century with Renaissance mural paintings on the ceiling, and the house where Napoleon spent 6 days after the battle near Pułtusk, the Gothic Town-Hall Tower (built in 1405), monumental churches, fragments of the defensive city walls. Undoubtedly, the castle built in the form of horseshoe is the most captivating site in Pułtusk. It was rebuilt in Renaissance style and erected on an artificial hill at the fork of the Narew River. Nowadays, the castle houses a hotel, with its own very special climate, which offers many attractions and a sophisticated cuisine.

Regional events, organized in Mazovia for years now, offer a great opportunity to get to know the local folk culture. Each year, on Palm Sunday, the competition: „Kurpie Palms” is held in the village of Łyse. In May, the „Apple-Blossom Day” is celebrated in Grójec. Each June, the “Sanniki Sunday” is organized in Sanniki. Every year, the International Folk Meetings „Kupalnocka” are held in Ciechanów. On the first Sunday in July, the Folklore Festival of „Mazovia to Warsaw” is organized in Warsaw. And on the last Sunday in August, the „Kurpie Honey-Harvest” takes place in Zawodzie, near Myszyniec. Each year, the Oskar Kolberg Nationwide Festival of the Works of Folk Artists is organized.



**ISU EUROPEAN FIGURE SKATING
CHAMPIONSHIPS® 2007**
WARSAW, POLAND

POLAND

Warsaw

Welcome to Warsaw, the capital of Poland, a city worth seeing, which will captivate you with its own, distinctive atmosphere. It is worth staying there for a few days. Warsaw is a unique city, located in the center of Europe, at the junction of the trade roads from the West to the East and from the North to the South of the continent. You will be truly fascinated by the history and atmosphere of this magnificent city, which combines the influences of Western and Eastern Europe, and where tradition meets modernity. Warsaw will surely enchant you.

We invite you to get to know this city full of contrasts, where historical monuments and modern architecture coexist in every street. Historical palaces, buildings and architectural complexes, destroyed during World War II, were reconstructed with such faith that it is impossible to distinguish the originals from their authentic counterparts. The typically-urban construction is immersed in open spaces of green squares and municipal parks.

We encourage you to visit this European vibrant metropolis. You will bring back unforgettable memories from there. And to those who will decide to stay a bit longer in this city, Warsaw will surely give more than one chance.

Services offered by the Warsaw Tourist Office:

- Complete information on Warsaw
- Information about cultural and sports events and fairs in the capital
- Tourist advice
- Accommodation booking in Warsaw
- Reservation of guided tours in Warsaw



**ISU EUROPEAN FIGURE SKATING
CHAMPIONSHIPS® 2007
WARSAW, POLAND**

POLAND

Warsaw

- Rent a car reservation
- Sale of tourist publications (maps, guidebooks, albums, information booklets, etc.)
- General information about other tourist regions of Poland

Warsaw Tourist Office (www.warsawtour.pl; e-mail: info@warsawtour.pl)

- the Office, whose activity is financed by the municipal authorities, offers detailed tourist information on the capital City also through telephone service.

Warsaw Telephone Information Center: tel. 94 31

May-September 8 a.m. - 8 p.m. daily.

October-April 8 a.m. - 6 p.m. daily.

TOURIST INFORMATION OFFICES tel. 94 31

We recommend tourists to buy a Warsaw Tourist Card: the best way to get to know Warsaw. The Card assures free entry to 21 museums and free travel in municipal transport. It guarantees reduced tickets to 2 museums and substantial reductions in galleries, accommodation and sports centers, travel agencies, revue theatres, jazz clubs, restaurants, shops, while renting a car or buying a trip in Warsaw and around, free entry and a welcome drink in the casino.

A Warsaw Tourist Card can be bought in the Tourist Information Offices.

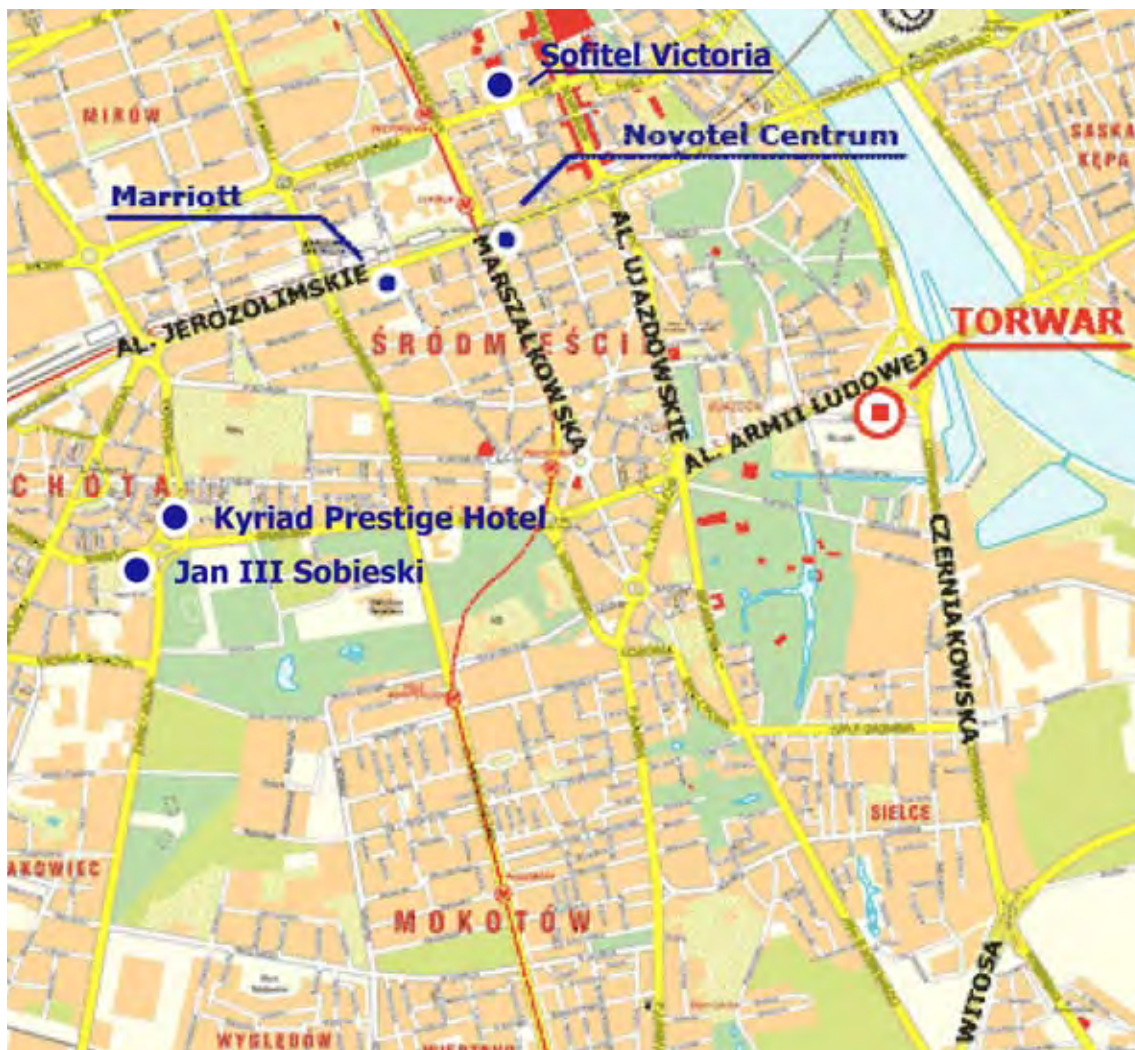
Card price: 24h – 35 PLN, 3 days – 65 PLN.



**ISU EUROPEAN FIGURE SKATING
CHAMPIONSHIPS® 2007
WARSAW, POLAND**

POLAND

Warsaw



6

FIRST INFO



**ISU EUROPEAN FIGURE SKATING
CHAMPIONSHIPS® 2007**
WARSAW, POLAND

VENUES

Ice rink – Torwar

The Main Ice Rink „Torwar I”

The venue will be Torwar I, located in the center of Warsaw at the left bank of the river Vistula close to the Lazienkowska route .

By bus:

From Warszawa Centralna railway station: bus 171

From Okęcie airport : bus 175 to the center (Novotel “Centrum” hotel) - at the same bus stop bus 171

Torwar I was built in 1955 and modernized in 1999. Usually it is used for any type of indoor sports, concerts, conferences and shows. It will be used for the first time for figure skating purpose at the occasion of Championships.

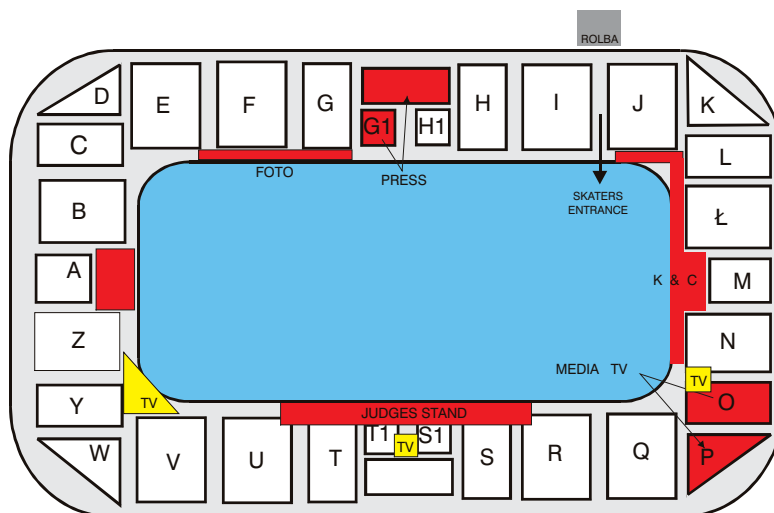


The Practice rink Torwar II is located at the same place as Torwar I

Technical information:

The size of the ice rink Torwar I is: 28.5 m x 58 m

The size of the practice rink Torwar II is: 30 m x 60 m



SCHEDULE

Time schedule on – ice events

Day	On - ice	
Sunday January 21st	06:10 – 23:30	Practices
Monday January 22nd	06:30 – 18:35	Practices
Tuesday January 23rd	06:20 – 22:30	Practices
	14:00 – 17:00	ICE DANCING Compulsory Dance
	18:30 – 19:00	Opening Ceremony
	19:15 – 21:40	PAIRS Short Program
Wednesday January 24th	06:30 – 22:50	Practices
	12:15 – 17:15	MEN Short Program
	19:00 – 21:55	PAIRS Free Program & Victory Ceremony
Thursday January 25th	06:30 – 22:05	Practices
	13:30 – 17:00	ICE DANCING Original Dance
	18:30 – 22:25	MEN Free Program & Victory Ceremony
Friday January 26th	06:00 – 22:40	Practices
	12:15 – 17:15	LADIES Short Program
	18:30 – 22:30	ICE DANCING Free Dance & Victory Ceremony
Saturday January 27th	08:30 – 11:40	Practices
	12:30 – 16:20	LADIES Free Program & Victory Ceremony
Sunday January 28th	14:00 – 16:30	Exhibition Gala



**ISU EUROPEAN FIGURE SKATING
CHAMPIONSHIPS® 2007**
WARSAW, POLAND

SCHEDULE

Off – ice activities

Off – ice activities		Place	
Sunday January 21st	10:00	Team Leaders Meeting	Hotel Novotel Centrum
Monday January 22nd	10:00	Draw for Pairs Short Program	Main ice rink
	11:00	Draw for Compulsory Dance	Main ice rink
	16:00	Referees & TC Meeting	Hotel Sofitel Victoria
	17:00	Judges Meeting	Hotel Sofitel Victoria
	19:30	Opening Reception	Warsaw Philharmonic Hall
	21:00	ISU/Judges Dinner	TBA
Tuesday January 23rd	13:15	Draw for Compulsory Dance Panel of Judges	Main ice rink
	13:30	Draw for MEN Short Program	Main ice rink
	17:15	Draw for ID Original Dance	Main ice rink
	22:00	Draw for PAIRS Free Program	Main ice rink
Wednesday January 24th	14:00	Draw for LADIES Short Program	Main ice rink
	17:30	Draw for MEN Free Program	Main ice rink
Thursday January 25th	10:00	Round Table Discussion PAIRS	Hotel Sofitel Victoria
	12:45	Draw for Original Dance Panel of Judges	Main ice rink
	17:15	Draw for ICE DANCING Free Dance	Main ice rink
Friday January 26th	10:00	Round Table Discussion MEN	Hotel Sofitel Victoria
	17:30	Draw for LADIES Free Program	Main ice rink
	17:45	Draw for Free Dance Panel of Judges	Main ice rink
Saturday January 27th	10:00	Round Table Discussion ICE DANCE	Hotel Sofitel Victoria
	20:00	Medal Winners & Closing Banquet	Warsaw University of Technology Hall
Sunday January 28th	08:00	Round Table Discussion LADIES	Hotel Sofitel Victoria



**ISU EUROPEAN FIGURE SKATING
CHAMPIONSHIPS® 2007**
WARSAW, POLAND

OFFICIAL HOTELS

Hotel reservations for team members and officials must be made through the organizing committee. Individual reservations of team members in the hotels as listed below will not be accepted. Preliminary entry forms must be sent back by 1st October 2006.

Hotel reservations for chaperons must be made individually or by the ISU member through the organizing committee. Please send your order before 1st October 2006.

Major credit cards such Visa, Mastercard and American Express are accepted by the organizing committee and will be requested as guarantee upon check-in at hotels.

Hotel reservations for media must be made individually directly at the hotels. Reservations for "European Figure Skating Championships – Media"

HOTEL FOR SKATERS, TEAM LEADRES, ASSISTANT TEAM LEADERS, MEDICAL STAFF and TEAM OFFICIALS



Note: Lunch and dinner will be served at the Novotel Warszawa Centrum Hotel

Hotel reservations for team members and officials must be made through the organizing committee. Individual reservations of team members in the hotels as listed below will be not accepted. Preliminary entry forms must be sent back by 1st October 2006.

***** NOVOTEL WARSZAWA CENTRUM HOTEL**

Novotel Warszawa Centrum is situated in the business, tourist and cultural precinct of Poland's capital, at the intersection of its main streets: Marszałkowska and Aleje Jerozolimskie. It is near the famous Palace of Culture and Science, the most important institutions, banks and the shopping centre. Those are all facilities to make your stay in Warsaw as enjoyable as possible, are gathered nearby. Convenient connection with

the Okęcie international airport, situated 10 km from the hotel; and the Central Railway Station is within a 0.5-kilometre distance.

The hotel features a restaurant, cafe, drink bar, meetings room and relaxing club with a wide range of sports devices and a sauna, located on the 31st floor of the hotel - so that guests can enjoy the impressive view of Warsaw.

Address:

St. Marszałkowska 94/98
00-510 Warszawa, Poland
phone: +48 (0) 22 621 02 71

Prices

All rates are per person, breakfast and local taxes are included:

- single: 130 Euro
- twin: 75 Euro



**ISU EUROPEAN FIGURE SKATING
CHAMPIONSHIPS® 2007
WARSAW, POLAND**

OFFICIAL HOTELS

**HOTEL FOR CHAPERONS
HOTEL FOR ISU OFFICIALS
ISU GUESTS AND PRESIDENT OF MEMBER FEDERATION**



Note: Lunch and dinner will be served at the Sofitel Victoria Warszawa Hotel

Hotel reservations for team members and officials must be made through the organizing committee. Individual reservations of team members in the hotels as listed below will be not accepted. Preliminary entry forms must be sent back by 1st October 2006.

SOFITEL VICTORIA WARSZAWA

Hotel Sofitel Victoria Warszawa is situated in the heart of the historic part of Warsaw, in close proximity to Saski Park, the Grand Theatre and the Royal Castle. Convenient connection with the Okęcie international airport, situated 13 km from the hotel; and the Central Railway Station is within a 2-kilometre distance.

Guest of the hotel can relax at the hotel Fitness Centre offering swimming pool, massage parlour and gym. Modern conference and banquet centre allows for individual arrangement of the rooms as it is possible to adjust their sizes and layouts to any kind of event. AT the hotel to guest disposal are two restaurants and drink bar.

Address:

St. Królewska 11
00-065 Warszawa, Poland
phone: +48 (0) 22 657 80 11

All rates are per person, breakfast and local taxes are included:

- single: 170 Euro
- twin: 100 Euro

CANCELLATION

- If the cancellation is made - before December 15th , 2006, the pre-payment will be refunded in full less 100%
- between December 16th - December 30th,2006 - 80%of the deposit will be refund
 - between December 30th - January 5th,2006 - 50%of the deposit will be refund
 - after January 6th, 2007 - no pre-payment will be refunded.



**ISU EUROPEAN FIGURE SKATING
CHAMPIONSHIPS® 2007
WARSAW, POLAND**

OFFICIAL HOTELS

HOTELS FOR MEDIA

Hotel reservations for media must be made individually directly at the hotels. Reservation for "European Figure Skating Championships – Media"

Organizing Committee has made a first selection of 3 hotels.

All hotels are located in the Centrum and Ochota districts, about 15-20 minutes by car to the ice rink.

Marriott Hotel	Jan III Sobieski	Kyriad Prestige Hotel
*****	****	***
65/79 Jerozolimskie Av 00-697 Warsaw Phone: +48 22 630 55 28	1 Artura Zawiszy Sq 02-025 Warsaw tel. +48 22 579 10 00	2 Towarowa Str 00-811 Warsaw tel: +48 22 582 75 00
Shuttle + public transportation/metropolitan		



**ISU EUROPEAN FIGURE SKATING
CHAMPIONSHIPS® 2007**
WARSAW, POLAND

FORMS, DATES AND FACTS

DEADLINES

October 1st, 2006	Form A 01	Preliminary Entry Form
	Form A 02	Hotel Request Form (Team Leader, ...)
	Form A 03	Hotel Request Form (Officials, Coaches, Others)
November 1st, 2006	Hotel accommodation / Prepayment	
December 8th, 2006	Form B 01	Entry Form for Judges
January 1st, 2007	Form B 02	Hotel sheet Judges
	Form B 03	Judges Travel Form
	Form C 01	Composition of Delegation
	Form C 02	Entry Form for Competitors
	Form C 03	Hotel Sheet
	Form C 04	Bank Transfer Information
	Form C 05	Declaration
	Form C 06	Team Travel Information
	Form C 07	Press Information
	Form C 08	Result Information
	Form C 09	Competition Music Information
	Form C 10	Exhibition Music Information
	Form C 11	Planned Program Content
	Form C 12	Skater Health Care Form



**ISU EUROPEAN FIGURE SKATING
CHAMPIONSHIPS® 2007
WARSAW, POLAND**

REGISTRATION & ACCREDITATION

All Team Members (competitors, coaches, team leaders/asst. team leaders, team medical staff) must register upon arrival at the official team hotel NOVOTEL WARSZAWA CENTRUM, in the PROMENADA room located on the ground floor.

No accreditation for athletes will be issued without presentation of a valid passport and without 2 copies of the competition music together with the exact music information (title, composer, running time).

Upon registration the Organizing Committee will also check whether all official forms and the declaration form have been turned in before the registration. If some forms missing, the competitors have to fill in the forms at the registration office, but in any case before the accreditation badge is issued.

All ISU Office Holders, ISU Referees and Judges, ISU Event Officials will register upon arrival at the official ISU hotel SOFITEL VICTORIA WARSZAWA in the BELVEDERE room or once the event has officially started, they must register at the Venue Accreditation center, located at the competition ice rink TORWAR.

Media and other accredited people must register at the Venue Accreditation center, located at the competition ice rink TORWAR.

The Accreditation aim is to ensure that all participants have access in the safest, quickest, most practical and efficient way, to the sites and events which participants are required to attend within the framework of their function and to improve the security control.

We hope you understand our needs and support us, sending all detailed information requested for the accreditation form.

We thus appreciate your strong collaboration in collecting this data and remain at your disposal for any questions:

- National federation of the participants (for team member)
- Family name
- Given name
- Name to appear on Accreditation Pass (if different from the above)
- Gender
- Date of birth
- Passport number
- Passport Expiry Date
- Nationality
- City and country of birth



**ISU EUROPEAN FIGURE SKATING
CHAMPIONSHIPS® 2007
WARSAW, POLAND**

REGISTRATION & ACCREDITATION

- City and country of residence
- Function to be performed during the event
- Discipline
- Recent coloured passport photo (size 45x35 mm, without sunglasses, hat, hair band and in a plain background)

We would appreciate, if you could collect the data and photos (JPEG-format, 30/40KB) in electronic format.

The registration/accreditation will start on January 20, 2007



**ISU EUROPEAN FIGURE SKATING
CHAMPIONSHIPS® 2007
WARSAW, POLAND**

OFFICIAL TRANSPORT

The Organizing Committee will provide a transfer service from/to the hotels from Warsaw Frederic Chopin Airport and also from Warsaw Main Train Station.

Airport/train station transfers will work according to the arrival/departures information provided by the ISU members. The OC will not provide any dedicated transport to coaches. Team Medical Staff and chaperones, unless they arrive together with the team.

The official hotels and the ice rinks will be connected by a shuttle service.

Further details on the timelines will be communicated upon registration.

EVENT TICKETS

The tickets for the European Figure Skating Championships are available on the following website: <http://www.ticketpro.pl>

www.skatingchampionships.com



**ISU EUROPEAN FIGURE SKATING
CHAMPIONSHIPS® 2007**
WARSAW, POLAND

TRAVEL INFORMATION

Warsaw, the capital and the largest city of Poland, is located in the central part of the country. Loud and very proud, Warsaw is a colorful city you need to experience. It is a city with a fascinating history from being the seat of the Polish monarchy and the home of Frederic Chopin, the famous composer. Warsaw became the backdrop of World War II tragedy and the triumphant fall of Communism. Nowadays it is full of activity, a place where past meets future in harmony. Warsaw will surprise and delight anyone who loves fine architecture, beautiful parks and vibrant capital cities as well as giving a sense of the important role Warsaw has played in modern history.

Warsaw Frederic Chopin Airport Information

Warsaw Frederic Chopin Airport, the biggest and most modern facility of its kind in Poland.

Warsaw Airport handles about 70% of the overall air passenger traffic in the country. Departing aircrafts carry passengers to various countries in America, Africa, Asia and Europe.

At present, Warsaw Airport operates more than 80 scheduled flights to/from major airports in Poland and worldwide and the number of its charter connections is always increasing. Passengers' favourite destinations are London, Frankfurt, Paris and Amsterdam. In terms of domestic traffic, most passengers travel to Krakow, Wrocław and Gdańsk.

In the last few years, the passenger traffic has been growing steadily. In 2005, Warsaw Airport served over 7 m passengers. In comparison to the previous year, the total number of passengers grew by more than sixteen percent.

Warsaw Airport is located 10km south-west of the city centre. It is situated on more than 500 hectares. Air operations are served by two runways of the following dimensions: 3690m x 60m and 2800m x 50m. Aircrafts move on 18 taxiways.

Warsaw Frederic Chopin Airport has a capacity of 34 air operations per hour.

It has a post office, a bank, exchange bureaux (kantors), cash machines, a restaurant, a fast-food bar, a coffee bar, souvenir shops and car rental. There is also the tourist information office at the Arrival Hall.

Warsaw Frederic Chopin Airport

- website: <http://www.lotnisko-chopina.pl>

- Tel.: +48 22 650 42 20



**ISU EUROPEAN FIGURE SKATING
CHAMPIONSHIPS® 2007
WARSAW, POLAND**

TRAVEL INFORMATION

Airlines:

Aer Lingus, Aeroflot, AeroSvit, AirBaltic, Air Europa, Air France, AJet Aviation, Alitalia, Austrian Airlines, Belavia, Blue 1, British Airways, Centralwing, CSA, Direct Fly, EasyJet, El-Al, Finnair, germanwings, KLM, Lufthansa, Malev, Norwegian Air, PLL LOT, SAS, SkyEurope, SN Brussels Airlines, Swiss International Air Lines, Tunis Air, Turkish Airlines, Wizz Air

Shuttle Bus Service

Some Warsaw hotels (such as the Bristol, Jan III Sobieski and Marriott) provide transport for their guests by hotel shuttle buses to and from Warsaw Frederic Chopin Airport.

For more information, contact your hotel.

MZA City buses

Three bus lines ensure round-the-clock service...

Municipal bus service (MZA) (175, 188 lines) operate seven days a week from early morning until late evening hours between the airport and Warsaw center and the right river bank part of the city.

175 line operates 4:58am - 10:40pm Mon-Fri, 5:01am - 10:35pm Sat & Sun

188 line operates 4:50am - 11:20pm Mon-Fri, 4:44am - 11:20pm Sat & Sun

Night service (line 611) operates 11:39pm - 04:39am between the airport and Warszawa Centralna railway station.

The bus stop for buses arriving from the city is located on the Departures Hall level, whereas the bus stop for buses departing to the city is located on the Arrivals Hall level.

The bus tickets may be bought at the press stands in Terminal 1 and Etiuda and from bus drivers (at additional charge).

For the city bus timetable visit www.ztm.waw.pl.

Information about ticket tariffs and regulations.



**ISU EUROPEAN FIGURE SKATING
CHAMPIONSHIPS® 2007
WARSAW, POLAND**

TRAVEL INFORMATION

TAXI

Warsaw Frederic Chopin Airport recommends the services of three taxi companies, namely:

Merc Taxi, phone: +48 (22) 677 77 77

MPT Radio Taxi, phone: +48 (22) 9191

Sawa Taxi, phone: +48 (22) 644 44 44

Mindful of your safety, we advise you against using unlicensed taxi carriers which offer their services in the Arrivals Hall of Warsaw Frederic Chopin Airport.

TRAIN

Warsaw has several train stations, but the one that most travellers will use almost exclusively is Warszawa Centralna (al Jerozolimskie 54); it handles the majority of domestic trains and all international Main Train Station is.

- 10 minutes walk away from Team Members Official Hotel NOVOTEL WARSZAWA CENTRUM
- vis a vis Media Official Hotel MARRIOTT
- 5 minutes by tram from Media Official Hotels JAN III Sobieski & KYRIAD PRESTIGE
- 10 min by car from ISU Official Hotel SOFTEL VICTORIA WARSZAWA

Websites: <http://pkp.pl/english>

BUS SERVICE

Warsaw has two PKS bus terminals. Dworzec Warszawa Zachodnia (Western Bus Terminal; tel: 822 48 11; al Jerozolimskie 144), west of the city centre, serves international routes and domestic routes towards the south and west. Dworzec Warszawa Stadion (Stadium Bus Terminal; tel: 818 15 89; cnr ul Zamojskiego & ul Targowa), on the east side of the river, handles all domestic bus traffic to the north, east and southeast.

Polski Express coaches run daily services to many Polish cities. They depart from Warsaw's Frédéric Chopin airport and pick up passengers at their own bus stop on al Jana Pawła II, near Warszawa Centralna train station.



**ISU EUROPEAN FIGURE SKATING
CHAMPIONSHIPS® 2007
WARSAW, POLAND**

TRAVEL INFORMATION

CAR RENTAL

All the major international car rental companies have offices in Warsaw. Polish companies offer cheaper rates, but may have fewer English-speaking staff

PUBLIC TRANSPORT

Warsaw's municipal transport consists of trams, city buses, suburban buses and the underground (metro).

Buses and trams are the safest and the cheapest means of transport in big cities in Poland. You can use most of the lines between 5 a.m. and 11 p.m. on working days.

Be aware of the fact that they are usually full in rush hours - it means between 11.00 p.m. and 4.30 a.m.

The bus and tram tickets can be bought in kiosks, ticket machines located at stops or you can buy them directly from drivers. In Warsaw the tickets fare is 2,40÷4,80 PLN. There is a possibility of buying 24h ticket - 7,20 PLN, 3-day ticket - 12,00 PLN or weekly city ticket - 24,00 PLN.

Warsaw's subway has one line, which joins the city centre (Pl. Wilsona) with its southern part: Ursynów (Kabaty).

The subway operates between 5 a.m. and 0.41 a.m., and the trains run every 3-4 minutes during peak hours, and every 4-6 minutes outside peak hours.



**ISU EUROPEAN FIGURE SKATING
CHAMPIONSHIPS® 2007
WARSAW, POLAND**

USEFUL INFORMATION

CLIMATE

There is usually a wonderful weather in Poland between May and October. That is a result of the mix of the east continental currents and the Mediterranean currents which inflow to Poland from the South and the West.

In spring temperatures vary from 0 to 16°C (32-60,8°F) and it may often rain here. In May temperature rises to 18- 20°C (64,4-68°F) and in summer it even jumps to 30°C (86°F). Fortunately, the summer is hardly ever tiring due to the frequent summer rains.

Remember to take an umbrella!

Together with autumn comes the Golden Polish Autumn. The temperature drops to around 10°C (50°F). The weather is still nice but it might be rainy till November which comes with the wave of cold, fogs and snow.

In December days last only 8 hours and temperature falls below 0°C (32°F). It may snow heavily what provides good conditions for skiers.

VISA REQUIREMENTS

Since 1989 Poland has been withdrawing many visa restrictions. Nowadays citizens from most of the countries (e.g., the Czech Republic, Holland, Denmark, Sweden, Finland, Germany, France, Italy, Switzerland, Great Britain, the USA) are allowed to stay in Poland without a visa for 90 days.

After that period of time, all the necessary information concerning the further stay in Poland can be obtained from the Section for Foreigners of The Citizens Department of The Provincial Council: 00-263 Warszawa Długa St. 5, tel.: +48/22/6956575

The Polish Embassy in your country will provide you with all detailed information about the visas. You will find details of Embassies and Consulates addresses on the website of the Ministry of Foreign Affairs of the Republic of Poland <http://www.msz.gov.pl/index.php?document=2>

VAT

This is always included in the price presented to the customers/restaurant etc. Tipping at restaurants is not mandatory.

MONEY

Poland's national currency is the straight-forward zloty (PLN). One zloty equals 100 groszy.

Banknotes come in denominations of 10, 20, 50, 100, 200 zloty and there are 1, 2 and 5 zloty, and 1, 2, 5, 10, 20 and 50 groszy coins in circulation.

Foreign currency can be exchanged at the airport, hotels, banks and exchange offices (kantor). You will get a better deal by using a kantor that displays its exchange rate in the window.



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USEFUL INFORMATION

ELECTRICITY

The electric current is 230 Volts AC, 50 Hertz. European two-pin plugs are required or bring plug converters from home.

CONTACT

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