



The Figure Skating Club Espoon Jäätaiturit ry, Espoo, Finland has a pleasure to invite skaters to participate in an international figure skating competition.

**Place:** **Laaksolahti Arena** (heated),  
Espoo (about 20 km from Helsinki), Finland

**Date:** **March 3 - 5, 2006**

**Organizer:** **Espoon Jäätaiturit ry (EsJt)**  
Member of the Finnish Figure Skating Association

## Categories

|                      |                             |
|----------------------|-----------------------------|
| <b>Junior Ladies</b> | (born 1.7.1986 – 30.6.1992) |
| <b>Novice Girls</b>  | (born 1.7.1990 – 30.6.1995) |
| <b>Debs Girls</b>    | (born 1.1.1992 -)           |

See the technical data enclosed for requirements.

## Preliminary schedule

|                          |                                 |
|--------------------------|---------------------------------|
| <b>Thursday 2.3.2006</b> | Official Draw                   |
| <b>Friday 3.3.2006</b>   | Practice                        |
| <b>Saturday 4.3.2006</b> | Practice, Competition, Practise |
| <b>Sunday 5.3.2006</b>   | Competition, Awards, Banquet    |

A more detailed preliminary schedule enclosed.



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## Entries

All clubs, members of national figure skating federations associated with the ISU are invited to take part in the competition. The organiser reserves the right to limit the participants, in case the number of competitors is too high. The organising club takes right to enter more competitors than other clubs.

To participate, please fill in the enclosed **entry form** and return it to the organiser by **January 27<sup>th</sup>, 2006** to the following email-address:

[esjt@saunalahti.fi](mailto:esjt@saunalahti.fi)

Or the following address:

Espoon Jäätaiturit ry  
Ulla-Maija Haimi  
Lähteranta 19 C  
FIN-02720 ESPOO  
FINLAND

## Entrance Fee

The entrance fee is **EUR 45,-** for each skater. The Sunday evening banquet for the skaters is included in the entrance fee.

Please pay the entrance fee on **February 1st, 2006** latest into our bank account:

IBAN: FI4113503001497534

SWIFT: NDEAFIHH

Please include the name(s) of the participant(s) in the payment info.

## Music

The music must be recorded on CDs or cassettes (normal speed). Music records must state music playing time, the full name of the competitor, category and the name of the club and country.

## Planned Program Content Sheets

The Planned Program Content Sheets of **Junior Ladies** should be sent by email to the organiser on **February 15<sup>th</sup>, 2006** latest to the following email-address: [esjt@saunalahti.fi](mailto:esjt@saunalahti.fi)

## Judges

The organising club invites the judges.

## Responsibility

The organiser accepts no liability or damage sustained by competitors or officials.

In accordance to ISU Regulations, rule 119, all participants act under their own responsibility. Participants are expected to have their own insurance. The organiser will provide medical emergency aid during the competition.

## Social events

The organiser will arrange a banquet on Sunday evening for skaters, coaches, judges, team leaders and chaperons.



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## Official Draw

The official draw will take place Thursday 2<sup>nd</sup> March at 18.30 in Hotel Scandic Espoo.

## Accommodation

The teams are asked to take care of their accommodation themselves. We recommend the nearest hotel of the ice rink, **Hotel Scandic Espoo**.

**Special prices** ('Crystal Ice' **reservations made before February 3rd**), breakfast included:

Single room: Fri-Mon: EUR 69,- / night (other nights: 97,-)

Double room Fri-Mon: EUR 69,- / night (other nights: 97,-)

Double room with extra bed (for a child under 13 years) Fri-Mon: EUR 69,- / night (other nights: 97,-)

Room rate includes Hhonor –points; Scandic is a member of Hilton Family.

### Reservations:

Scandic Espoo

Nihtisillantie 1

02630 Espoo

Finland

Tel +358 (0)9 43520

Fax +358 (0)9 4352 2211

E-mail [espoo@scandic-hotels.com](mailto:espoo@scandic-hotels.com)

## The organiser and the competition

**Espoon Jäätaiturit** is a 20 years old figure skating club, with success especially in ladies' and girls' single skating. There have been several skaters from the club representing Finland in many international competitions (f.ex. European Championships and World Junior Championships): Meri Karvosenoja, Kaisa Kella, Hannele Lundström, Sanna Maija Wiksten, Taru Karvosenoja, Sari Hakola. This season there are four EsJt-skaters in the Finnish National Team: Laura Lepistö (born 1988, the Finnish Champion in Junior Ladies 2005), Jenni Vähämaa (born 1992, 2<sup>nd</sup> in Finnish Championships in Junior Ladies 2006), Sissi Keränen (born 1991, 3<sup>rd</sup> in Finnish Championships in Junior Ladies 2006) and Tuuli Nikoskinen (born 1990, 2<sup>nd</sup> in Finnish Championships in Novice Ladies 2005).

**Crystal Ice of Espoo** competitions were arranged several times in the 1980's and early 1990's, on September and for Seniors and Juniors. Crystal Ice of Espoo 2006 is the second competition in series of 'new' CIEs. The first was Crystal Ice of Espoo 2004 on April 2004.

Please, visit our website for additional information:

Club: <http://espoonjaataiturit.sporttisaitti.com/english/>

Competition: [http://espoonjaataiturit.sporttisaitti.com/crystal\\_ice\\_of\\_espoo/](http://espoonjaataiturit.sporttisaitti.com/crystal_ice_of_espoo/)

Should you have any questions or require additional information, please do not hesitate to contact us:

E-mail: [esjt@saunalahti.fi](mailto:esjt@saunalahti.fi)

Phone: +358 50 5155333 (Ulla-Maija Haimi)

Yours sincerely,

**Ms. Ulla-Maija Haimi**

**President of Espoon Jäätaiturit ry**

ENCLOSURES

Technical data

Preliminary Schedule

Entry Form

Team Info Form

Planned Program Content Sheet (Junior Ladies)

# Technical data

## Crystal Ice of Espoo 2006

| <b>Junior Ladies</b>  |                                                                         |
|-----------------------|-------------------------------------------------------------------------|
| <b>Age limits</b>     | Born 1.7.1986 – 30.6.1992                                               |
| <b>Judging System</b> | ISU Judging System                                                      |
| <b>Short program</b>  | According to ISU rules for season 2005-2006<br>Max 2:50 minutes         |
| <b>Free program</b>   | According to ISU rules for season 2005-2006<br>3:30 minutes (+- 10 sec) |

| <b>Novice Girls</b>   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|-----------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Age limits</b>     | Born 1.7.1990 – 30.6.1995                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| <b>Judging System</b> | 6.0                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| <b>Short program</b>  | <p>According to the ISU Communication No. 1190 and subsequent changes Comm. No. 1288 and No.1324</p> <p>Max 2:30 minutes, factor 0.5</p> <p>The Short Program shall consist of the following elements:</p> <ul style="list-style-type: none"> <li>a) Axel Paulsen or double Axel Paulsen</li> <li>b) Double or triple jump immediately preceded by connecting steps</li> <li>c) One jump combination consisting of two double jumps or one double and one triple jump, both jumps may not repeat jump in a) or b)</li> <li>d) Layback or sideways leaning spin (minimum of six (6) revolutions)</li> <li>e) Spin combination with only one change of foot and at least one change of position (minimum of five (5) revolutions on each foot). The minimum number of revolutions required in a position is two (2). In case this requirement is not fulfilled, the position is not counted</li> <li>f) One spiral sequence consisting at least two (2) spiral positions. A spiral position in order to be counted must be held for at least three (3) seconds</li> <li>g) One step sequence with full utilization of the ice surface (straight line, circular or serpentine)</li> </ul>                                                                                                                                                       |
| <b>Free program</b>   | <p>According to the ISU Communication No. 1190 1190 and subsequent changes Comm. No. 1288 and No.1324</p> <p>3:00 minutes (+-10 sec), factor 1.0</p> <p>A well balanced Free Skating must contain:</p> <ul style="list-style-type: none"> <li>a) Maximum of 6 jump elements for Girls one of which must be Axel type jump and there may be up to three (3) jump combinations or sequences. Only one jump combination can contain three (3) jumps. A jump sequence can contain any number of jumps, but only two most difficult jumps will be counted. Only two (2) jumps with two and a half (2 1/2) or three (3) revolutions can be repeated either in a jump combination or in a jump sequence.</li> <li>b) There must be a maximum of three (3) spins of a different nature, one of which must be a spin combination (minimum of ten (10) revolutions) and one a flying spin (minimum of five (5) revolutions). In spins the minimum number of revolutions required in a position is two (2). In case this requirement is not fulfilled, the position is not counted. The number of changes of foot in the spin combination is optional.</li> <li>c) There must be a maximum of one step or spiral sequence that fully utilizes the ice surface. A spiral position in order to be counted must be held for at least 3 seconds.</li> </ul> |



| <b>Debs Girls</b>     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
|-----------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Age limits</b>     | Born 1.1.1992 -                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| <b>Judging System</b> | 6.0                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| <b>Free program</b>   | 3:00 minutes (+- 10 sec), factor 1.0<br>A well balanced Free Skating should contain:<br>a) Four different double jumps<br>b) At least one jump combination consisting of two double jumps<br>c) No more than three jump combinations or sequences<br>d) Camel spin with only one change of foot (minimum of four (4) revolutions on each foot)<br>e) Spin combination with at least one change of foot (minimum of four (4) revolutions on each foot)<br>f) One step sequence (straight line, serpentine or circular) |

## Preliminary Schedule

### Thursday 2.3.2006

18.30            **Official Draw**

### Friday 3.3.2006

|             |                                                                   |
|-------------|-------------------------------------------------------------------|
| 17.25       | resurfacing of ice                                                |
| 17.40-18.15 | Practices, Short Program, Junior Ladies, practice group 1 (1-8)   |
| 18.15       | resurfacing of ice                                                |
| 18.25-19.00 | Practices, Short Program, Junior Ladies, practice group 2 (9-16)  |
| 19.00-19.35 | Practices, Short Program, Junior Ladies, practice group 3 (17-24) |
| 19.35       | resurfacing of ice                                                |
| 19.50-20.25 | Practices, Short Program, Novice Girls, practice group 1 (1-9)    |
| 20.25-21.00 | Practices, Short Program, Novice Girls, practice group 2 (10-18)  |

### Saturday 4.3.2006

|             |                                                                   |
|-------------|-------------------------------------------------------------------|
| 7.40        | resurfacing of ice                                                |
| 8.05-8.45   | Practices, Free Program, Debs Girls, practice group 1 (1-9)       |
| 8.45-9.25   | Practices, Free Program, Debs Girls, practice group 1 (1-9)       |
| 9.25        | resurfacing of ice                                                |
| 9.40-10.20  | <b>Competition, Short Program, Junior Ladies, group 1 (1-6)</b>   |
| 10.20-11.00 | <b>Competition, Short Program, Junior Ladies, group 2 (7-12)</b>  |
| 11.00       | resurfacing of ice                                                |
| 11.15-11.55 | <b>Competition, Short Program, Junior Ladies, group 3 (13-18)</b> |
| 11.55-12.35 | <b>Competition, Short Program, Junior Ladies, group 4 (19-24)</b> |
| 12.35       | resurfacing of ice                                                |
| 12.55-13.30 | <b>Competition, Free Program, Debs Girls, group 1 (1-6)</b>       |
| 13.30-14.05 | <b>Competition, Free Program, Debs Girls, group 2 (7-12)</b>      |
| 14.05       | resurfacing of ice                                                |
| 14.20-15.00 | <b>Competition, Free Program, Debs Girls, group 3 (13-18)</b>     |
| 15.00-15.30 | <b>Competition, Short Program, Novice Girls, group 1 (1-6)</b>    |
| 15.30       | resurfacing of ice                                                |
| 15.45-16.15 | <b>Competition, Short Program, Novice Girls, group 2 (7-12)</b>   |
| 16.15-16.45 | <b>Competition, Short Program, Novice Girls, group 3 (13-18)</b>  |
| 16.45       | resurfacing of ice                                                |



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|             |                                                                  |
|-------------|------------------------------------------------------------------|
| 17.10-17.50 | Practices, Free Program, Junior Ladies, practice group 1 (1-8)   |
| 17.50-18.30 | Practices, Free Program, Junior Ladies, practice group 2 (9-16)  |
| 18.30       | resurfacing of ice                                               |
| 18.45-19.25 | Practices, Free Program, Junior Ladies, practice group 3 (17-24) |
| 19.25-20.05 | Practices, Free Program, Novice Girls, practice group 1 (1-9)    |
| 20.05       | resurfacing of ice                                               |
| 20.20-21.00 | Practices, Free Program, Novice Girls, practice group 2 (10-18)  |

## Sunday 5.3.2006

|             |                                                                   |
|-------------|-------------------------------------------------------------------|
| 8.35        | resurfacing of ice                                                |
| 8.50-9.40   | <b>Competition, Free Program, Junior Ladies</b> , group 1 (1-6)   |
| 9.40-10.30  | <b>Competition, Free Program, Junior Ladies</b> , group 2 (7-12)  |
| 10.30       | resurfacing of ice                                                |
| 10.45-11.35 | <b>Competition, Free Program, Junior Ladies</b> , group 3 (13-18) |
| 11.35-12.25 | <b>Competition, Free Program, Junior Ladies</b> , group 4 (19-24) |
| 12.25       | resurfacing of ice                                                |

Pause:

12.40-15.00

|             |                                                                   |
|-------------|-------------------------------------------------------------------|
| 15.00       | resurfacing of ice                                                |
| 15.20-15.55 | <b>Competition, Free Program, Novices Girls</b> , group 1 (1-6)   |
| 15.55-16.30 | <b>Competition, Free Program, Novices Girls</b> , group 2 (7-12)  |
| 16.30       | resurfacing of ice                                                |
| 16.45-17.25 | <b>Competition, Free Program, Novices Girls</b> , group 3 (13-18) |
| 17.30-18.00 | <b>Awards Ceremony</b>                                            |

18.30 Banquet