



MENTOR NESTLE

NESQUIK TORUŃ CUP 2013

INTERNATIONAL FIGURE SKATING & ICE DANCE COMPETITION
(all Categories in accordance with ISU Rules)

INTERCLUB FIGURE SKATING COMPETITION
Silver and Bronze
(in accordance with Polish Figure Skating Association Rules)

09-12.01.2013

TORUŃ, POLAND

ORGANISER

Figure Skating Club MKS "AXEL" Toruń
Szosa Chelmińska 177-181
www.axeltorun.pl

DATE

09-12.01.2013

CLOSE OF ENTRIES

03.12.2012

PLACE

Ice-rink in Toruń
Gen. J.Bema 23/29
indoor ice-ring, size 30m x 60m
<http://www.mosir.torun.pl/lodowiska/tor-tor.html>

DIRECTOR

Przemysław Kryger
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SECRETARY

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OFFICIALS COORDINATOR

Aniela Hebel – Szmak

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EVENTS

Senior – Pairs, Ice Dance (ISU)

Junior – Pairs, Ice Dance, Ladies, Men (ISU)

Novice advance – Pairs, Ice Dance, Ladies, Men (ISU)

Novice Basic – Ice Dance (ISU)

Silver cat. – Girls/Boys: born in 2002 (and younger)

Bronze cat. – Girls/Boys: born in 2004 (and younger)

GENERAL

MENTOR NESTLE NESQUIK TORUN CUP 2013 will be conducted in accordance with the ISU Constitution and General Regulations 2012, the Special Regulations for Single & Pair Skating, the Special Regulations for Ice Dance 2012, the Technical Rules Single and Pair Skating 2012 and the Technical Rules Ice Dance 2012 as well as all pertinent ISU Communications. Participation in the Competition is open to all competitors who belong to an ISU Member, Rule 109, paragraph 1, and qualify with regard to eligibility, according to Rule 102, provided their ages fall within the limits specified in Rule 108, paragraph 2. b) and they meet the participation, citizenship and residency requirements in Rule 109, paragraphs 1 through 5 and ISU Communication 1420 or any update of it. Passports of the skaters, as well as the ISU Clearance Certificate, if applicable, must be presented at the accreditation.

ENTRIES

Entries must contain competitor's full name, date of birth, requirement for accommodation and payment entry fees to a bank account (MKS Axel 87-100 Toruń ul.Szosa Chełmińska 177-188, MilleniumBank O/Toruń, PL 47 1160 2202 0000 0001 9906 7335) SWIFT BIGBPLPW.

With the entry forms, the "Program Content Sheet" must be returned to the Organizing Committee. It is mandatory that the Program Content Sheet must be completed precisely by each skater/couple in English using the terminology listed in the respective ISU Communication. It is not permitted to hand over the Program Content Sheets directly to the acting Officials.

DEADLINE: Entries should reach the Secretary by the 03.12.2012.



Judges and all competitors in the following categories: seniors, juniors and novices must be entered through their respective Member Federation/Association.

Each club has the right to nominate **two** competitors for each single event in both Silver and Bronze categories.

Organiser will confirm the entries by the 17.12.2012.

JUDGES

Each ISU Member should nominate one ISU/International Judge and the second one in case of the entry for the Ice Dance event. The judges have to be on the current ISU list of judges. The organiser decides on the composition of the panel of judges. Organiser will confirm the final list of judges by 17.12.2012.

MEDICAL INSURANCE:

In accordance with Rule 119, it is the sole obligation of each Member participating in the Competition, to provide medical and accident insurance for their athletes, officials and all other members of the Member's team. Such insurance must assure full medical attendance and also the return of the ill or injured person to the home country by air transport or by other expeditious means.

The Organizer assumes no responsibility for or liability with respect to bodily or personal injury or property damage incurred in connection with the Competition.

The medical emergency service will be present at the ice-rink during the Competition.

MUSIC

Music will be reproduced from the CD player.

CALCULATION OF RESULTS

New Judging System (ISU)

Charges

Entry fees: € 35,00 for single skater and € 70,00 for pairs. In case no judge has been entered by the respective Member Federation the entry fees for a single skater amount to € 50,00 and for a couple to € 100,00.

Payment by bank transfer must be made for MKS Axel 87-100 Toruń, ul.Szosa Chelmińska 177-188, account : MilleniumBank O/Toruń, account : **SWIFT BIGBPLPW PL 47 1160 2202 0000 0001 9906 7335, up to 03.12.2012.**



ACCOMODATION & MEALS

The organizer will provide and cover the expenses of the accomodation and the full board for judges from 09.01.2013 to 12.01.2013.

Referees, Judges, TC, TS and D&V/O will be accommodated in the hotel "FILMAR".

The official hotel for "Mentor Nestle Nesquik Toruń Cup 2013" is Hotel Filmar.

Please make your reservation directly in the Hotel Filmar, to take advantage of special prize please give password "AXEL" during reservation.

The organizer provide transport to the ice rink arena only from the official hotel.

Hotel Filmar

ul. Grudziądzka 45

87-100 Toruń

tel.: +48 56 66 94 800

tel.: +48 56 66 94 811

mail: biuro@hotelfilmar.pl

<http://www.hotelfilmar.pl/>

CATEGORIES

INTERNATIONAL FIGURE SKATING & ICE DANCE COMPETITION

Senior: Pairs, Ice Dance

Junior: Ladies, Men, Pairs, Ice Dance

Novice (advanced): Ladies, Men, Pairs, Ice Dance

Novice Basic: Ice Dance

Competition for seniors, juniors and novices will be conducted in accordance with the ISU Constitution and General Regulations 2012, the Special Regulations & Technical Rules Single & Pair Skating 2012, and with the relevant ISU Communications. For the Novice category in accordance with ISU Communication 1760.

Pattern Dances for Advanced Novice competition are the following:

#3 Rocker Foxtrot

#23 Blues

Pattern Dance For Basic Novice competition is the following:

#2 Foxtrot



INTERCLUB FIGURE SKATING COMPETITION

Silver category girls/boys born in 2002 and younger

Free Program only, duration:

Girls: 3 min +/- 10 sec

Boys: 3 min 30 sec +/- 10 sec

Free Program shall consist of:

- a) Maximum of 6 jump elements for girls and maximum 7 jump elements for boys (one of which must be an Axel type jump and there may be up to maximum two (2) combinations or sequences). Jump combination may consist only 2 jumps.
- b) There must be a maximum of two (2) spins of different nature, one of which must be a spin combination (minimum of ten (10) revolutions) and one a flying spin (minimum of five (6) revolutions or spin with flying entrance)
- c) There must be a one step sequence that fully utilizes the ice surface.

In silver category maximum level in technical element is 2. All the features higher then 2 will not be counted and will be ignored by technical panel.

** In silver category in case of fall in double Axel or any triple jump if jump is clean according to NJS rules (no signs:< or <<) there will be no deduction for fall.*

Judges will only judge 3 components:

- ✓ Skating Skills
- ✓ Performance
- ✓ Interpretation

Factors for components are:

For Girls – 2,0

For Boys – 1,7

Bronze cat. girls/boys born in 2004 and younger

Free skating only: duration max. 2min 30 sec

Free Program shall consist of:

- a) Maximum of 5 jump elements (one of which must be a jump combination or sequence but not more than two (2)).



- b) There must be a maximum of two (2) spins. One have to be spin in one position with no change of foot, it have to be in basic position with no variations!!! and the second is any other spin that consists only basic positions including position different than the first spin. (All parts of the spin that includes any variations of the basic positions will be ignored by technical panel and by the judges).
- c) There must be a one spiral sequence that fully utilizes the ice surface (minimum 2 spiral positions – 3 sec each, ther have to be change of foot and one of those spirals have to be unsupported).

In bronze category maximum level in technical element is 1. All the features higher then 1 will not be counted and will be ignored by technical panel.

Judges will only judge 2 components:

- ✓ Skating Skills
- ✓ Performance

Factors for components are:

- Skating Skills 2,5
- Performance 2,5

Falls deductions are as follows:

- Outside technical elements – 0,5
- In technical elements – no deduction