

**INTERNATIONAL COMPETITION
IN ICE DANCING**

Olympic Cup 2012



Announcement/Invitation

January 6-8, 2012

Arena-Balashiha Ice Rink, Balashiha



1. GENERAL REGULATIONS

The **Olympic Cup** will be conducted in accordance with the ISU Constitution and General Regulations 2010, the ISU Special Regulations and Technical Rules Ice Dancing 2010, and the relevant ISU Communications.

Participation in the **Olympic Cup** is open to all skaters registered with any of the ISU Members, as per Rule 109, paragraph 1, and qualified with regard to eligibility, according to Rule 102, provided their ages fall within the limits specified in Rule 108, paragraph 2 and they meet the participation, citizenship and residency requirements in Rule 109, paragraphs 2 through 5 and the relevant ISU Communications.

In accordance with Rule 109 of the ISU General Regulations and the relevant ISU Communications, all skaters who do not have the nationality of the Member by which they have been entered or who, although having such nationality, have in the past represented another Member, must produce an ISU Clearance Certificate.

The passports of all Skaters, as well as the ISU Clearance Certificate, if applicable, must be presented at the Accreditation of the Event for verification.

All competitors must be entered through their respective Member Federation.

2. TECHNICAL DATA

Place: **Arena Balashiha (Ice Rink)**
Parkovaya 2, 143900 Balashiha
(ice surface of 60 x 30 m)
Phone/fax : +7(498)662 4195

2. Junior **Age Requirements:** according to ISU Constitution and General Regulations

Short Dance: In accordance with ISU Technical Rules Ice Dance 2010, Rule 609 and all pertinent ISU Communications.
The composition of the Short Dance in the season 2011/12 will contain 5 Required Elements in total:
2 Required Elements in the Pattern Dance part:
2 sequences of the Pattern Dance performed one after the other will be considered as two Required Elements.
3 Required Elements in the Creative Part
Short Lift, Midline Non – Touching Step Sequence and a Set of Sequential Twizzles



Music for the entire Short Dance (including music for the specified Pattern Dance) is chosen by the couple and may be vocal. The music for the specified Pattern Dance, Cha Cha Congelado, must be within the announced tempo range (28-30 measures of 4 beats per minute).

The Pattern Dance may be skated anywhere in the Short Dance but it must be started with step 1 and skated towards the Judges (the step 1 of the Dance must be skated on the left side from the Judges position).

Two full sequences of the dance must be performed one after the other.

The choreography of the Creative Part may be to the same rhythm or chosen from the following rhythms: Cha Cha, Rhumba, Samba, Merengue, which can be included in any order.

Duration: 2 min., 50 sec., +/- 10 sec.

Free Dance:

In accordance with the ISU Technical Rules Ice Dance 2010, Rule 610 and all pertinent ISU Communications. For the values of the required elements and components see the respective Communication.

Duration: 3 min., 30 sec., +/- 10 sec.

The ISU Technical Rules Ice Dance 2010, Rule 610 paragraph 2 (well balanced program and required elements) and the relevant ISU Communication must be observed.

3. Advance Novice

Age requirements: both partners may not be younger than 10 and must not have reached the age of 15 before July 1st 2011

Ice Dance events shall consist of 2 Pattern Dances and a Free Dance

Pattern Dances:

Two Pattern Dances will be skated:

Starlight Waltz

Rocker Foxtrot

The Scale of Values of the Pattern Dances may be updated and will be published in ISU Communications.



Free Dance:

Rule 610 shall apply except that vocal music is **not** permitted. The use

of vocal music shall be considered as a violation of the music restrictions and will be penalized as per Rule 653, paragraph 1 n) (ii) and Rule 409, paragraph 1.

The requirements for the music and the costume are as per ISU Communication 1610 and subsequent updates of this ISU Communications (except that music not be vocal).

A well balanced Free Dance program must contain:

Two (2) different Types of Short Lifts One Short Lift (as defined in Rule 604, paragraph 16), chosen from the following Types of Lifts:

- a) Straight Line Lift
- b) Curve Lift
- c) Rotational Lift

In addition, one (1) additional Lift (up to 6 seconds) without any requirement for the Level of Difficulty is permitted (provided it is not an Illegal Lift), but only the first Lift performed will be identified and considered in determining the Level of Difficulty. However if a fourth Lift is performed, it will be considered by the Technical Panel as an extra element.

In case a Stationary Lift is performed among the two Lifts with a Level of Difficulty, it will be identified by the Technical Panel to occupy a box, but it will be given No Value, and considered as an extra element (elements not according to the Well Balanced Program).

One Spin (as defined in Rule 604, paragraph 14e), but not more.

Note: A combination Spin is not permitted. In case a Combination Spin is performed instead of a Spin, it will be identified by the Technical Panel to occupy a box, given No Value, and considered as an extra element (element not according to the Well balanced Program).

One (1) Step Sequence in hold of any type of Groups A or B (as defined in Rule 603, paragraph 3). The restrictions listed in ISU Communication 1610 and subsequent updates of this Communication apply.



One (1) Set of Synchronised Twizzles (as defined in Rule 604, paragraph 14 a) and b): only the first set of Synchronised Twizzles skated will be identified and considered for the level of Difficulty. In all Required Elements, all features up to Level 4 will be counted.

Duration: 3 minutes, +/- 10 sec.

4. Basic Novice

Age requirements: both partners may not be younger than 7 and must not have reached the age of 12 before July 1st 2011

Ice Dance events shall consist of 2 Pattern Dances and a Free Dance

Pattern Dances:

Rule 639, paragraph 1; for Basic Novice for the 2011/2012 season :
Fourteenstep European Waltz

The Scale of Values of the Pattern Dances may be updated and will be published in ISU Communications.

Free Dance:

Rule 610 shall apply except that vocal music is **not** permitted. The use of vocal music shall be considered as a violation of the music restrictions and penalized as per Rule 653, paragraph 1 n) (ii) and Rule 409, paragraph 1.

Requirements for the music and the costume as per ISU Communication 1610 and subsequent updates of this ISU Communications (except that music not be vocal).

A well balanced Free Dance program must contain:

One Short Lift (as defined in Rule 604, paragraph 16), chosen from the following Types of Lifts:

- a) Straight Line Lift
- b) Curve Lift
- c) Rotational Lift

In addition, one (1) additional Lift (up to 6 seconds) without any requirement for the Level of Difficulty is permitted (provided it is not an Illegal Lift), but only the first Lift performed will be identified and considered in determining the Level of Difficulty. However, if a third Lift is performed, it will be considered by the Technical Panel as an extra element.



One (1) Step Sequence in hold of any type of Groups A or B (as defined in Rule 603, paragraph 3). The restrictions listed in ISU Communication 1610 and subsequent updates of this Communication apply.

One (1) Set of Synchronised Twizzles (as defined in Rule 604, paragraph 14 a) and b): only first set of Synchronised Twizzles skated will be identified and considered for the level of Difficulty.

The **Dance Spin** is not included in the list of Required Elements for the Basic Novice Free Dance. Nevertheless, a spinning movement skated by the couple together in any hold around common axis on one foot (or two feet) with any number of rotations is permitted. A couple may choose to use this movement as part of their choreography. The Technical Panel will ignore these movements and the Judges will not consider these movements as one of permitted stops.

Duration: 2 min., 30 sec., +/- 10 sec.

3. ENTRIES

Deadline for entries:

All Entries of competitors, team leaders, coaches, chaperons and other persons must be made by the I.S.U. Members and must reach the following address on December 1, 2010 at latest.

Olimpiec SC
Parkovaya 2
143900 M.O. Balashiha
Russia
Phone/Fax: +7(498)662 4195
E-mail: olympicru@gmail.com

The Announcement and all entry forms are also available at our website:
<http://www.olympicschool.narod2.ru/>



4. PARTICIPATION

The entries are going to be confirmed by the Organizer.

5. MEALS, LODGING and TRAVEL EXPENSES

All Competitors, Coaches and Team Leaders have to bear their own expenses.

6. CHARGES

The amount of RUB 2500 (EUR 60) has to be paid for each couple at the accreditation on January 6th, 2012 in the secretary room.

Payment conditions: cash only.

7. PRACTICE

Official practices for Competitors begin on January 7th, 2012. The detailed schedule will be issued at the time of the registration. All the practices will be realized in groups as drawn.

8. MUSIC / PLANNED PROGRAM CONTENT

All Competitors shall furnish competition music of excellent quality on CD format, in accordance with Rule 343, paragraph 1.

In accordance with Rule 343, paragraph 1, all discs must show the Competition event, Competitor's name, the Nation and the exact running time of the music (not skating time) including any starting signal and must be submitted at the time of the registration. Each program (Short Dance, Free Dance) must be recorded on one track and on a separate disc or cassette. In addition competitors/couples must provide a back-up drive or cassette for each program.

If music information is not complete and discs not provided, the accreditation will not be given.

With the entry forms, the "Program Content Sheet" must be returned to the Organizing Committee in time. It is mandatory that the Program Content Sheet must be filled in precisely by each couple in English using the terminology for the elements listed in the respective ISU Communication.

It is not permitted to hand over the Program Content Sheets directly to the acting Officials.



9. ARRIVAL OF PARTICIPANTS

All competitors, team leaders, coaches, chaperons and other persons taking part in the competition are requested to register with the Organizing Committee as soon as possible but not later than on January 6th, 2011, dates and times of arrival in Balashiha.

Transport to Balashiha is possible by taxi from Moscow, (Sheremetyevo, Domodedovo, Vnukovo - International Airports) with the distance of 30, respectively 40 kilometres to cover.

10. ACCOMMODATION and MEALS

The accommodation has been booked in the Hotel «Forum Heliopark» and Recreation center «Adonis».

The teams are kindly asked to send their accommodation requests together with the entries.

The prices of the accommodation (including breakfast):

Hotel «Forum Heliopark»:

Double room RUB 2000 per person/night

Recreation center «Adonis»:

Single room RUB 2000 per person/night

Double room RUB 1300 per person/night

Triple room RUB 900 per person/night

The payment for the accommodation will be in cash only in Russian Rubles or by card in any currency..

11. ACCREDITATION

The official accreditation will be for all participants (judges, competitors, coaches and team-leaders) at the Balashiha Arena, Secretary room on **January 6 from 15:00 to 17:00 hours**.

The Opening Draws will be held at the **Arena Balashiha on January 6 at 18:00**.

12. RESULTS

Results in all categories will be calculated in accordance with ISU Regulations 2008, Rules 352 and 353 ISU Judging System.



13. AWARDS

The couples placed in the first three places in each category will obtain cups; all the participants will be presented with diplomas.

14. INSURANCE / LIABILITY

In accordance with Rule 119, it is the sole responsibility of each Member participating in ISU Events, to provide medical and accident insurance for their athletes, officials and all other members of the Member's team. Such insurance must assure full medical attendance and also the return to the home country by air transport or by other expeditious means of the ill or injured person.

The Organizer assumes no responsibility for or liability with respect to bodily or personal injury or property damage incurred in connection incurred by Competitors and Officials.

15. INFORMATION

For further information please contact:

Organizing committee

Figure Skating Club Olimpiec

Parkovaya 2

143900 Balashiha, Russia

Phone/fax: +7(498)662 4195

E-mail: olympicru@gmail.com

Preliminary Timetable will be held on web site

<http://www.olympicschool.narod2.ru/>



