

ICE BLADE Adult Open Cup 2011



Dear Skating Friends,

It is with great honor to invite you to take part at ICE BLADE Adult Open Cup 2011 - men/ladies free skating event.

Categories: Masters Free Single Skating;
Adult Single Gold;
Adult Single Silver;
Adult Single Bronze;
Adult Single Beginners;
Group under 14 years old

Place Sofia
Ice rink "Winter Palace of Sports"

Date: **March 12th, 2011**

The organizers welcome the participation of all skaters who compete only in adult or recreational free skating events.

With best regards,

Georgi Ivanov, President

Figure Skating Club „ICE BLADE”, Sofia

E-mail: ice_blade@mail.bg

Phone number:

English and German: +359886254555

French: +359894991670

1. TIME SCHEDULE

The final competition Time Schedule will be established once the deadline of Final Entries is over - i.e. after **March 12th, 2011**. It will be sent to all participants and posted on the official website of SC ICE BLADE: <http://www.ice-blade.net/>

Saturday March 12th, 2011	• Masters free single skating • Adult single Gold free skating • Adult single Silver free skating • Adult single Bronze free skating • Adult single - beginners • Group under 14 years old
--	--

ICE BLADE Adult Open Cup 2011



2. ENTRIES & CHARGES

25 EURO, have to be paid for each competitor at the registration before the competition.
In cash only!

The Entry forms must reach the organizers not later than **March 5th, 2011**.

3. LIABILITY

The organizers accept no liability for injury, for property loss or damage incurred by Competitors or Officials. Each team is expected to provide its own insurance protection.

4. COMPETITION REGULATION

In application with ISU regulations 2011:

Masters Free Single Skating	A competitor in the Adult Masters Free Skating event must perform a well-balanced program that may contain: a) A maximum of seven (7) jump elements, one of which must be an Axel type jump. Single, double and triple jumps are permitted. A jump combination may consist of the same or another single, double or triple jump. There may be up to three jump combinations or jump sequences in the Free Program. One jump combination could consist of up to three (3) listed jumps, the other two up to two (2) listed jumps. A jump sequence may consist of any number of jumps of any number of revolutions that may be linked by non-listed jumps like mazurkas, half-loops etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no steps/ turns, crossovers or stroking during the sequence. However, only the two jumps with the highest value will count. Any solo jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence. Non-listed jumps may be included in the program as part of
------------------------------------	--

ICE BLADE Adult Open Cup 2011



	connecting footwork. b) A maximum of three (3) spins of a different abbreviation, one of which must be a spin combination with a change of foot and one must be a flying spin. The spins must have a required minimum number of revolutions: five (5) for the flying spin with no change of foot after landing, five (5) for the spin with only one position and no change of foot and five (5) for the spin combination with no change of foot and eight (4 + 4) for the spin combination with change of foot. There must be a minimum of two (2) revolutions in each position or the position will not be counted. c) A maximum of one step sequence (i.e, circular, straight line, serpentine) or spiral sequence according to the requirements. Additional spiral sequences and step sequences will not be counted as a step sequence but will be counted as moves-in-the field (transitions) and marked as such. Duration: The maximum time is 3:10 sec., but may be less.
Adult Single Gold Free Skating	A competitor in the Adult Gold Free Skating event must perform a well-balanced program that may contain: a) A maximum of six (6) jump elements, consisting only of single jumps but can include a single Axel and double jumps, excluding double Flip, double Lutz and double Axel, A jump combination may consist of the same or another single or double jump with the exclusion of the jumps as above. There may be up to three jump combinations or jump sequences in the Free Program. One jump combination could consist of up to three (3) listed jumps, the other two up to two (2) listed jumps. A jump sequence may consist of any number of single and double jumps, excluding a double Flip, a double Lutz, a double Axel and all triple jumps that may be linked by non-listed jumps like mazurkas, half-loops etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no turns/steps, crossovers or stroking during the sequence. However, only the two jumps with the highest value will count. Any solo jump can be repeated only once and this repetition must be done

ICE BLADE Adult Open Cup 2011



	either in a jump combination or in a jump sequence. Non-listed jumps may be included in the program as part of connecting footwork, preceding single or double jumps. b) A maximum of three (3) spins of a different abbreviation, one of which must be a spin combination with a change of foot and one must be a flying spin. The spins must have a required minimum number of revolutions: four (4) for the flying spin with no change of foot after landing, four (4) for the spin with only one position and no change of foot and four (4) for the spin combination with no change of foot and eight (4 + 4) for the spin combination with change of foot. There must be a minimum of two (2) revolutions in each position or the position will not be counted. . c) A maximum of one step sequence (i.e., circular, straight line, serpentine) or spiral sequence according to the requirements. Additional spiral sequences and step sequences will not be counted as a step sequence but will be counted as moves-in-the field (transitions) and marked as such. Duration: The maximum time is 2:40 sec., but may be less.
Adult Single Silver Free Skating	A competitor in the Adult Silver Free Skating event must perform a well-balanced program that may contain: a) A maximum of five (5) jump elements. The single Axel or any other single Axel type jump and all other single jumps are permitted. A jump combination may consist of the same or another single jump. There may be up to three jump combinations or jump sequences in the Free Program. One jump combination could consist of up to three (3) listed jumps, the other two up to two (2) listed jumps. A jump sequence may consist of any number of single jumps that may be linked by non-listed jumps like mazurkas, half-loops etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no turns/steps, crossovers or stroking during the sequence. However, only the two jumps with the highest value will count. Any solo jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence. Non-listed jumps may be included in the program as part of

ICE BLADE Adult Open Cup 2011



	connecting footwork, preceding single jumps or an axel type jump. b) A maximum of three (3) spins of different abbreviations, one of which must be a spin combination with a change of foot. The spins must have a required minimum number of revolutions: three (3) for the flying spin with no change of foot after landing, three (3) for the spin with only one position and no change of foot and four (4) for the spin combination with no change of foot and eight (4 + 4) for the spin combination with change of foot. There must be a minimum of two (2) revolutions in each position or the position will not be counted. c) A maximum of one step sequence (i.e., circular, straight line, serpentine) or spiral sequence covering at least 50% of the usual pattern (e.g., half a serpentine, half of a straight line etc.) In case of a circular step sequence a full circle is required covering 1/2 the ice surface. Additional spiral sequences and step sequences will not be counted as a step sequence but will be counted as moves-in-the field (transitions) and marked as such. Duration: The maximum time is 2:10 sec., but may be less.
Adult Single Bronze Free Skating	A competitor in the Adult Bronze Free Skating event must perform a well-balanced program that must contain: a) A maximum of four (4) jump elements. Only single jumps are permitted, no Axel type jump, no double or triple jumps can be included. A jump combination may consist of the same or another single jump. There may be up to three jump combinations or jump sequences in the Free Program. One jump combination could consist of up to three (3) listed jumps, the other two up to two (2) listed jumps. A jump sequence may consist of any number of single jumps that may be linked by non-listed jumps like mazurkas, half-loops etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no turns/steps, crossovers or stroking during the sequence. However, only the two jumps with the highest value will count. Any solo jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence. Non-listed jumps may be included in the program as part of connecting footwork, preceding single or double jumps.

ICE BLADE Adult Open Cup 2011



	b) A maximum of two (2) spins of a different abbreviation; The spins must have a required minimum number of revolutions: three (3) for the spin with only one position and no change of foot and four (4) for the spin combination with no change of foot and eight (4 + 4) for the spin combination with change of foot. Flying spins are not permitted. There must be a minimum of two (2) revolutions in each position or the position will not be counted. c) A maximum of one step sequence (i.e., circular, straight line, serpentine) or spiral sequence covering at least 50% of the usual pattern (e.g. half a serpentine, half of a straight line etc.). In case of a circular step sequence a full circle is required covering 1/2 the ice surface. Additional spiral sequences and step sequences will not be counted as a step sequence but will be counted as moves-in-the field (transitions) and marked as such. Duration: The maximum time is 1:40 sec., but may be less.
--	--

Adult single Beginners – Free skating

Duration: 1.30 min. (+/-10 sec.)

1. Jumps

A maximum of 3 jump element. Loop, Flip, Lutz and Axel are not permitted.

2. Spins:

A maximum of 2 spins in only one position (at least 3 revolutions)

3. Step sequences:

One step sequence (i.e., circular, straight line, serpentine) covering at least 50% of the usual pattern

4. Spirals:

One spiral, held for at least 2 seconds.

ICE BLADE Adult Open Cup 2011



Group under 14 years old

Duration: 1.40 min. (+/-10 sec.)

1. Jumps:

A maximum of 5 jump elements. There may be up to 2 jump combinations or jump sequences

2. Spins:

A maximum of 2 spins in only one position (at least 4 revolutions)

3. Steps or spirals:

One step sequence (i.e., circular, straight line, serpentine) covering at least 50% of the usual pattern

or

2 spirals held for at least 2 seconds

ATTENTION: Present and ex-competitors* are not allowed to participate in any other category, but: Masters Free Single Skating

***Those that have taken part in any non-adult/recreational competition.**

5. ACCOMMODATION

Travel expenses to and from Sofia, transfer costs to and from the Hotel and Airport will not be covered by the organizer.

The expenses for insurance, rooms and meals, travel and transfer of the Team Leaders, Competitors and other Team officials will not be covered by the organizer and are on the account of the Teams.

Hotel rooms must be paid directly to the hotel.

HOTELS:

Hotel Saint Valentine

Prices

single room - 49/69 lv (25/35) €

double room - lux (mini bar included) - 79 lv (40) €

suite - mini bar included - 89 lv (45)

ICE BLADE Adult Open Cup 2011



Terms:

Prices include: VAT and tourist insurance; Breakfast is not included.

St.Valentin restaurant

Rich variety of specialties and exotic dishes from world-famous cuisine, low-fat dishes, separate lunch, a long wine selection. Air-conditioned.

- breakfast - 8 lv (4) €
- lunch or dinner - between 15 and 30 lv (8/15) €
- coffee-pause - 2 - 4 lv (1/2) €

Web site: <http://www.hotelsvalentin.com/en/>

Hotel Brod

Prices

Single room, standard – single use	50 €
Double room (queen bed) – double use	60 €
Double room (twin bed) – double use	60 €
“Deluxe” room – double use	70 €
Apartment – double use	80 €

There is an extra charge for additional bed in "De Lux" rooms and apartments - 20.00 euros

- Prices include payment for the night's lodging, breakfast and travel insurance
- The hotel car park is free of charge
- Using safety deposit box is free of charge

Web site: <http://www.hotelbrod.com/index.php?page=home&lan=en>

ICE BLADE Adult Open Cup 2011



Hotel Silver House

Prices

Room Type	Price per Single occupancy	Price per Double occupancy
Standard Room	68	87
Standard Comfort Room	75	96
Corner Room	78	100
Deluxe Room	98	110
Junior Apartment	119	119
Deluxe Apartment	159	159

The prices are in Euro and include breakfast, Wi-Fi internet connection, Gym, Parking place, Tourist tax and Insurance, 20% VAT. Tea/Coffee making facilities, Turndown service, Bathrobe and Slippers are included in the price of the Apartments.

Terms for additional bed accommodation:

Children from 0 to 5.99 years of age - accommodation free of charge on regular or extra bed

Children from 6 to 11.99 years of age - Pay a supplement of 39 BGN per night for extra bed and 100% of the price for a regular bed.

Supplement for adults accommodated on extra bed: - 39 BGN per night

An additional bed is available in the following room types: Deluxe room, Junior suite and Deluxe apartment.

Sofia Airport Pick-up service – 10 Euro only!

Web site: <http://www.hotelsilverhouse.com/en/>

ICE BLADE Adult Open Cup 2011



Hotel Maxi

Prices

Standard room 77 € / 151 BGN / Single use
 96 € / 186 BGN / Double use
Business room 112 € / 238 BGN

Web site: <http://www.maxisofia.com/display.php?page=hotel>

6. AWARDS

The three best placed competitors in each category will be awarded with cups/medals. All competitors will receive a diploma and a present.

7. PANEL OF JUDGES

The panel of judges will consist of three international judges nominated by the organizers.

***The club is a member of the Bulgarian Figure Skating Federation**

Contacts:

ICE BLADE – figure skating sports club

Winter Palace of sports, Studentski grad

Sofia

Bulgaria

Phone : +359886254555 Phone : +359894991670