

Announcement / Invitation

Nordics 2011



**International
Competition** for
Senior Men and Ladies
Junior Men and Ladies
Novice Boys and Girls

**February 10 - 13, 2011,
Copenhagen, Denmark**

Organized by Dansk Skøjte Union in cooperation with Rødovre Skøjte- & Ishockey Klub



Sponsored by

TUBORGFONDET



GENERAL REGULATIONS

The Nordics will be conducted in accordance with the ISU Constitution and General Regulations 2010, the ISU Special Regulations & Technical Rules Single & Pair Skating 2010 and the relevant ISU Communications as well as the rules for The Nordics.

Participation in The Nordics is open to all competitors who belong to the following ISU Members:

Senior Men and Ladies:

Open to all members of ISU

Junior Men and Ladies, Novice Boys and Girls:

Dansk Skøjte Union

Icelandic Skating Association

Norges Skøyteforbund

Suomen Taitoluistellulitto

Svenska Konståkningsförbundet

and qualify with regard to eligibility according to ISU Rule 102, provided their ages fall within the limits specified in Rule 108, paragraph 2.b), c) & d) and they meet the participation, citizenship and residency requirements in ISU Rule 109 paragraph 1 through 5 and ISU Communication No. 1420 or any update of the Communication.

Passports of the skaters, as well as the ISU Clearance Certificate, if applicable, must be presented at the accreditation.

TECHNICAL DATA

Place: Rødovre Skøjte Arena, Rødovre Parkvej 425, 2610 Rødovre (Copenhagen)

A skating complex with two indoor ice rinks

Main Rink – air conditioned and heated, size 30 x 60 m

Practice Rink – air conditioned, size 26 x 56 m

Seniors

Short Program: Duration: Men and Ladies: max. 2 min. 50 sec.

The prescribed elements to be skated are those listed in ISU Technical Rules Single & Pair Skating 2010, Rule 511, paragraphs 1 and 2 and the respective ISU Communication.

Free Skating: Duration: Men: 4 min. 30 sec. +/- 10 sec.

Ladies: 4 min. +/- 10 sec.

in accordance with ISU Technical Rules Single & Pair Skating 2010, Rule 512 and the respective ISU Communication.

Factors The multiplying factors for the Program Components for Single Skating are listed in Rule 353, paragraph 1, m)

Juniors

Short program: Duration: Men and Ladies: max. 2 min. 50 sec.

The prescribed elements to be skated are those listed in ISU Technical Rules Single & Pair Skating 2010, Rule 511, paragraphs 1 and 3 for 2010/11 and the respective ISU Communication.

Free Skating: Duration: Men: 4 min. +/- 10 sec.

Ladies: 3 min. 30 sec. +/- 10 sec.

in accordance with ISU Technical Rules Single & Pair Skating 2010, Rule 512 and the respective ISU Communication.



Factors: The multiplying factors for the Program Components for Single Skating are listed in Rule 353, paragraph 1, m)

Advanced Novice

Age and requirements in accordance with ISU Communication No. 1649 (Guidelines for International Novice Competitions)

Boys and Girls Age limits:

May not be younger than ten (10) and must not have reached the age of fifteen (15) by July 1, 2010

Short program: Duration: Boys and Girls max. 2 min. 30 sec.

Free Program: Duration: Boys 3 min 30 sec. +/- 10 sec.
Girls 3 min. +/- 10 sec.

Boys

The **Short Program for Boys' Singles** shall consist of the following elements:

- a) Axel Paulsen or double Axel Paulsen
- b) Double or triple jump immediately preceded by connecting steps, may not repeat jump in a)
- c) One jump combination consisting of two double jumps or one double and one triple jump, both jumps may not repeat jump in a) or b)
- d) Camel or sit spin (minimum of six (6) revolutions) with change of foot and no flying entrance
- e) Spin combination with only one change of foot and at least one change of position (minimum of five (5) revolutions on each foot)
- f) One step sequence with full utilization of the ice surface (straight line, serpentine/ circular)

Girls

The **Short Program for Girls' Singles** shall consist of the following elements:

- a) Axel Paulsen or double Axel Paulsen
- b) Double or triple jump immediately preceded by connecting steps, may not repeat jump in a)
- c) One jump combination consisting of two double jumps or one double and one triple jump, both jumps may not repeat jump in a) or b)
- d) Layback or sideways leaning spin (minimum of six (6) revolutions)
- e) Spin combination with only one change of foot and at least one change of position (minimum of five (5) revolutions on each foot)
- f) One step sequence with full utilization of the ice surface (straight line / circular / serpentine)

Boys and Girls

A well balanced Free Skating program for Singles must contain:

- a) Maximum 6 jump elements for Girls and 7 jump elements for Boys one of which must be an Axel type jump. There may be up to two (2) jump combinations or sequences. A jump combination can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only two most difficult jumps will be counted. Only two (2) jumps with two and a half (2 1/2) revolutions or more can be repeated either in a jump combination or in a jump sequence.
- b) There must be a maximum of two (2) spins of a different nature, one of which must be a spin combination (minimum of ten (10) revolutions) and one a flying spin or a spin with a flying entrance (minimum of six (6) revolutions).
- c) There must be a maximum of one (1) step sequence

Levels explanations:

In all elements which are subject to Levels, only features up to **Level 3** will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.



The Program Components are only judged in

- Skating Skills
- Transitions
- Performance/Execution
- Interpretation

The factors for the Program Components are

- a) Short Program
 - for boys 1.0
 - for girls 1.0
- b) Free Skating
 - for boys 1.5
 - for girls 1.7

ENTRIES

Citizen / residence requirements and Clearance Procedure for Seniors and Juniors

In accordance with Rule 109 of ISU Regulations and Communication No. 1420, all skaters in Seniors and Juniors who do not have the nationality of the Member by which they have been entered or who, although having such nationality, have in the past represented another Member, must produce an ISU Clearance Certificate.

Each invited Member has the right to enter competitors as follows:

Nordic Countries:

3 Senior Men	4 Junior Men	3 Novice Boys
3 Senior Ladies	4 Junior Ladies	3 Novice Girls

Other ISU Members:

1 Senior Man
1 Senior Lady

OFFICIALS

The host country is responsible for appointing Referees and Technical Panels for all categories after suggestions from the Nordic members and for the appointment of the Judges panels, with two neutral judges from a country outside the Nordic countries.

Each Member is responsible for providing one International level judge for each category contested and should at least provide a judge for the categories in which they are represented.

Should there be too many judges and technical panels nominated for participation, the organizer reserves the right to draw for the composition of panels beforehand and inform those who are not drawn for service.

Changes of the Preliminary Entries of Competitors, Judges and Technical Panels made by October 15, 2010 must reach the organizer latest by January 3, 2011. Final Entry Forms by names must reach the organizer latest by January 19, 2011.

The age of each competitor must be stated on the Entry Form and be clearly documented.

The official entry forms have to be used and must be sent to

Dansk Skøjte Union
Brøndby Stadion 20
DK-2605 Brøndby
Fax: +45 43 26 29 08
E-mail: office@danskate.dk



DANSK SKØJTE UNION

Entry Fee:

The entry fee is EUR 75,00 per skater and minimum EUR 250,00 per Nordic Member.

For other ISU Members the entry fee is EUR 75,00 per skater.

Amount due for payment by January 19, 2011 to

Dansk Skøjte Union
Danske Bank
Nytorv Afdeling
IBAN No.: DK69 3000 0005 2015 35
SWIFT Code: DABADKKK

Please specify in your payment what portion is denoted for Entry Fee.

EXPENSES

Each participating Member must bear all expenses for their Competitors, Judges, Technical Panel members, Team Leaders and Coaches.

If a Nordic country does not provide a judge and a technical panel person from their own country, the country must cover the costs of one judge/technical panel person invited by the organizer.

Travel and accommodation expenses will be paid **only** for the invited Referees, invited Technical Panel members and invited Judges from outside the Nordic countries.

Hotel rooms must be paid by the respective Member directly to the hotel.

MUSIC / PLANNED PROGRAM CONTENT

All competitors shall furnish competition music of excellent quality on either CD or MD format, in accordance with ISU Rule 343, paragraph 1.

Each programme (short/free) must be recorded on one track respectively on a separate disc.

Discs must show the competition event, competitors name, nation and the exact running time of the music (not skating time) including any starting signal, and must be submitted at the time of registration.

With the entry forms, the "Program Content Sheet" must be returned to the organizing Committee. It is mandatory that the Program Content Sheet must be completed precisely by each skater in English using the terminology listed in the respective ISU Communication.

REGISTRATION

Accreditation will be given to all Referees, Judges, Technical Panels, Competitors, Team Leaders, Coaches and representatives from each Member Federation. Accreditation will be given at the Hotel upon arrival.

RESULTS

The results will be calculated according to ISU Special Regulations Single & Pair Skating 2010, Rule 352 and 353

AWARDS

The three best placed Competitors in each event will be announced and honoured at the official Victory Ceremony. Gold, silver and bronze medals will be presented to the medallists. The national anthem of the winner will be played and the flag of the medal winners hoisted.



INSURANCE / LIABILITY

In accordance with ISU Rule 119, it is the sole obligation of each member participating in The NORDICS 2011, to provide medical and accident insurance for their athletes, officials and all other members of the Member's team. Such insurance must assure full medical attendance and also the return of the ill or injured person to the home country by air transport or by other expeditious.

The Organizer assumes no responsibility for or liability with respect to bodily or personal injury or property damage incurred by competitors and officials.

ANTI-DOPING

Anti-Doping tests may be carried out in accordance with the current ISU Anti-Doping Rules and Procedures (ISU Communication No. 1603 and 1604 or any further update of this Communication).

ACCOMODATION / MEALS

The official hotel will be

Scandic Glostrup
Roskildevej 550
DK-2605 Brøndby
Tel: +45 43 43 42 00
Fax +45 43 43 33 80
www.scandichotels.dk/glostrup

The Hotel is situated 4 km from the Ice Arena (10 minutes by shuttle bus)

Hotel accommodation must be booked by each member on the official form.

Prices per night, breakfast included:

Single rooms	DKK 740,00
Twin-Bed Room	DKK 840,00
Three-Bed Room	DKK 940,00

There will be a Reception on Thursday, February 10, 2011 in Hotel Scandic Glostrup.
The price is DKK 199,00 per person.

Teams can buy meal vouchers for lunch on Thursday, Friday, Saturday and Sunday, and for dinner Thursday, Friday and Saturday. The price is DKK 100,00 per voucher. Meals will be served in the Main Rink. Meal vouchers will be distributed to the Team Leaders at the time of registration.

Meals and Reception must be booked by each member on the official form and **paid by January 19, 2011**. Please specify in your payment what portion is denoted for the Meals respectively for the Reception.

VARIOUS

Hotel Scandic Glostrup is situated approx. 20 km from Kastrup Airport, Copenhagen. Trains leave from the Airport for Copenhagen Central Station every 20 minutes, from where all S-Trains leave every 20 minutes. Take the S-train B, B+ or BX towards Taastrup. Get off at Glostrup Station and take No. 13 bus towards Bellahøj. Alight at Paul Bergsøes Vej for the Hotel.

From Thursday morning, February 10 there will be shuttle buses between the hotel and the Arena.

WEBSITE

From December 2010 information regarding Nordics 2011 can be found at www.nordics2011.dk



DANSK SKØJTE UNION

INFORMATION

For further information please contact

Dansk Skøjte Union
Brøndby Stadion 20
DK-2605 Brøndby
Phone: (45) 43 26 29 10 - Fax: (45) 43 26 29 08
E-mail: office@danskate.dk

Payment of all costs to

Dansk Skøjte Union
Danske Bank
Nytorv Afdeling
IBAN No.: DK69 3000 0005 2015 35
SWIFT Code: DABADKKK

When paying, please specify what each portion of the amount is denoted.

FORMS AND RETURN DATES

Form	Form Content	Return date (Latest)
Form 01	Composition of Delegation	January 19, 2011
Form 02	Entry Form for Competitors	January 19, 2011
Form 03	Entry Form for Judges and Technical Panels	January 19, 2011
Form 04	Hotel Sheet	January 19, 2011
Form 05	Team Travel Form	January 19, 2011
Form 06	Competition Music Information	January 19, 2011
Form 07	Planned Program Content	January 19, 2011
Form 08	Meals and Reception	January 19, 2011



PRELIMINARY EVENT SCHEDULE (Subject to changes)

Thursday, February 10, 2011

09.00	Draw Novice Boys and Girls SP – Scandic Hotel
09.00	Technical Panel Meeting – Scandic Hotel
10.00 – 16.00	Official practice
13.00	Judges meeting – Scandic Hotel
14.00	Draw Junior Men and Ladies SP – Scandic Hotel
15.15	Opening on Ice
16.00	Competition Novice Boys and Girls SP – Main Rink
19.30	Draw Novice Boys and Girls FS – Main Rink
21.00	Draw Senior Men and Ladies SP and Reception – Scandic Hotel

Friday, February 11, 2011

07.00 – 14.00	Official Practice
08.00	Nordic Meeting – Scandic Hotel
12.00	Competition Junior Men and Ladies SP – Main Rink
16.45	Draw Junior Men and Ladies FS – Main Rink
17.00	Competition Senior Men and Ladies SP – Main Rink
20.30	Draw Senior Men and Ladies FS – Main Rink

Saturday, February 12, 2011

07.00 – 14.00	Official Practice
11.00	Competition Novice Boys and Girls FS – Main Rink
14.30	Competition Junior Ladies FS – Main Rink
18.00	Competition Senior Men FS – Main Rink
20.30	Victory Ceremony for Novice Boys and Girls, Junior Ladies and Senior Men - Main Rink
TBA	Round Table Discussion for Novice Boys and Girls
TBA	Round Table Discussion for Senior Men

Sunday, February 13, 2011

07.00 – 10.30	Official Practice
08.00	Round Table Discussion for Junior Ladies – Scandic Hotel
11.00	Competition Junior Men FS – Main Rink
13.00	Competition Senior Ladies FS – Main Rink
TBA	Round Table Discussion for Junior Men
TBA	Round Table Discussion for Senior Ladies
16.30	Victory Ceremony for Junior Men and Senior Ladies – Main Rink