



Announcement / Invitation

NRW Trophy Dortmund

2010

International Competition for Single

and

Pair Skating

Seniors, Juniors, Novice (Ladies, Men, Pairs)

Dortmund, Germany

December 2nd, 2010 - December 5th, 2010

Organized by the

Eissport Verband NRW



1. GENERAL

The NRW Trophy 2010 will be conducted in accordance with the ISU Constitution and General Regulations 2010 edition, the ISU Special Regulations and Technical Rules Single & Pair Skating, 2010 edition, and all relevant ISU Communications.

Once the new ISU Communication "Guidelines for International Novice Competitions" is issued, this Communication will prevail and a separate note from the Organizing Committee will be launched to each entered ISU member.

Participation is open to all Competitors who belong to an ISU member, and qualify with regards to eligibility according to Rule 102, provided their age fall within the limits specified in Rule 108, paragraph 2. b) for Seniors and paragraph 2. c) for Juniors. For the Novice competitions, the age requirements are as follows:

- Basic Novice A must have reached at least the age of ten (10) but not the age of thirteen (13) by July 1st preceding the competition;
- Basic Novice B must have reached at least the age of thirteen (13) but not the age of fifteen (15) by July 1st preceding the competition.
- Novice in Pair Skating and Advanced Novice skaters must have reached at least the age of ten (10) but not the age of fifteen (15) by July 1st, preceding the competition.

Furthermore all participants must meet the participation, citizenship and residency requirements of Rule 109, paragraphs 1 through 5 and ISU Communication 1420 or any update of this Communication.

All competitors must be entered through their respective Member Federation.

2. TECHNICAL DATA

Venue:

Eissportzentrum Westfalenhallen, Strobelaallee 32, D-44139 Dortmund
(an indoor ice-rink, heated, with the ice surface of 60 x 30 m)

Phone: +49 231 912 82 33

Fax: +49 231 912 82 34

Email frieder.dieck@lev-nrw.de

Categories:

SENIOR Men and Ladies

Short Program: In accordance with the ISU Technical Rules Single and Pair Skating 2010, Rule 511, paragraph 1 and 2 and the respective ISU Communication.

Duration: 2 minutes and 50 seconds maximum, but may be less.

Free Skating: In accordance with the ISU Technical Rules Single and Pair Skating 2010, Rule 512 and the respective ISU Communication. Special attention should be paid to the "well-balanced-program" and the element values.

Duration:	Men:	4 min, 30 sec., +/- 10 sec
	Ladies:	4 min, +/- 10 sec

Factors: In accordance with ISU Technical Rules Single and Pair Skating 2010, Rule 353, paragraph 1, m) the multiplying factors for the Program Components are:

for Men	Short Program	1,0
	Free Skating	2,0
for Ladies	Short Program	0,8
	Free Skating	1,6

SENIOR Pairs

Short Program: In accordance with the ISU Technical Rules Single and Pair Skating 2010, Rule 520, paragraph 1 and 2, group for 2010/2011 and the relevant ISU Communications.

Duration: 2 min and 50 sec maximum, but may be less.

Free Skating: In accordance with the ISU Technical Rules Single and Pair Skating attention should be paid to the "well-balanced program" and the element values.

Duration: 4 min, 30 sec, +/-10 sec

Factors: In accordance with ISU Technical Rules Single and Pair Skating 2010, Rule 353, paragraph 1, m) the multiplying factors for the Program Components are:

for Pairs	Short Program	0,8
	Free Skating	1,6

JUNIOR Men and Ladies

Short Program: The required elements to be skated are those listed in ISU Technical Rules Single & Pair Skating 2010 Rule 511, paragraphs 1 and 3 for 2010/11.

Duration: 2 min, 50 sec maximum, but may be less

Free Skating: In accordance with ISU Technical Rules Single & Pair Skating 2010, Rule 512 and the respective ISU Communication. Special attention should be paid to the "well balanced program" and the element value.

Duration: Men: 4 min, +/- 10 sec
Ladies: 3 min, 30 sec, +/- 10 sec

Factors: In accordance with ISU Technical Rules Single and Pair Skating 2010, Rule 353, paragraph 1, m) the multiplying factors for the Program Components are:

for Men	Short Program	1,0
	Free Skating	2,0
for Ladies	Short Program	0,8
	Free Skating	1,6

JUNIOR Pairs

Short Program The required elements to be skated are those listed in ISU Technical Rules Single & Pair Skating 2010, Rule 521, paragraphs 1 and 3 for 2010/11.

Duration: 2 min, 50 sec maximum, but may be less

Free Skating In accordance with ISU Technical Rules Single & Pair Skating 2010, Rule 520 and the respective ISU Communication. Special attention should be paid to the "well balanced program" and the element value.

Duration: 4 min, +/-10 sec

Factors: In accordance with ISU Technical Rules Single and Pair Skating 2010, Rule 353, paragraph 1, m) the multiplying factors for the Program Components are:

for Pairs	Short Program	0,8
	Free Skating	1,6

ADVANCED NOVICE Girls and Boys

Short Program: The Short Program for Boys' Single Skating shall consist of the following elements:

- a) Axel Paulsen or double Axel Paulsen
- b) Double or triple jump immediately proceeded by connecting steps, may not repeat jump in a)
- c) One jump combination consisting of two double jumps or one double and one triple jump, both jumps may not repeat jump in a) or b)
- d) Camel or sit spin (minimum of six (6) revolutions) with change of foot and no flying entrance
- e) Spin combination with only one change of foot and at least one change of position (minimum of five (5) revolutions on each foot)
- f) One step sequences with full utilization of the ice surface (straight line, serpentine/ circular)

The Short Program for Girls' Single Skating shall consist of the following elements:

- a) Axel Paulsen or double Axel Paulsen
- b) Double or triple jump immediately preceded by connecting steps, may not repeat jump in a)
- c) One jump combination consisting of two double jumps or one double and one triple jump, both jumps may not repeat jump in a) or b)

- d) Layback or sideways leaning spin (minimum of six (6) revolutions)
- e) Spin combination with only one change of foot and at least one change of position (minimum of five (5) revolutions on each foot)
- f) One step sequence with full utilization of the ice surface (straight line / circular / serpentine)

Duration: 2 min, 30 sec maximum for boys and girls

Free Skating: A well balanced Free Skating program for Singles (ADVANCED NOVICE) must contain:

- a) Maximum 6 jump elements for Girls and 7 jump elements for Boys one of which must be an Axel type jump. There may be up to two (2) jump combinations or sequences. A jump combination can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only two most difficult jumps will be counted.
Only two (2) jumps with two and a half (2 1/2) revolutions or more can be repeated either in a jump combination or in a jump sequence.
- b) There must be a maximum of two (2) spins of a different nature, one of which must be a spin combination (minimum of ten (10) revolutions) and one a flying spin or a spin with a flying entrance (minimum of six (6) revolutions).
- c) There must be a maximum of one (1) step sequence

Levels explanations:

For Advanced Novice Singles, in all elements which are subject to Levels, only features up to **Level 3** will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

The Program Components are only judged in

- Skating Skills
- Transitions
- Performance/Execution
- Interpretation

Duration: 3:00 min, +/- 10 sec for girls
3:30 min, +/- 10 sec for boys

<i>Factors:</i>	<i>Short Program</i>	for boys 1.25 and for girls 1.00
	<i>Free Skating</i>	for boys 2.50 and for girls 1.00

ADVANCED NOVICE Pairs

Free Skating only. A well balanced Free Skating program must contain a maximum of:

- a) Two different lifts of Groups 1 to 4, one arm holds not allowed, (in group 1 and 2 full extension of the lifting arm of the partner is not required).
- b) One Lutz Twist lift (single or double)
- c) One Throw jump (single or double)
- d) One solo jump (single or double)
- e) One solo spin or solo spin combination (minimum of five (5) revolutions in total) or pair spin or pair spin combination (minimum of five (5) revolutions in total)
- f) One death spiral or any other pivot figure *)
- g) One spiral sequence with at least two (2) spiral positions with fixed Base value and GOE only
- h) One step sequence: serpentine, circular or straight line with full utilization of the ice surface

*If a death spiral is executed, it is marked according to ISU Technical Rules Single & Pair Skating 2010. In other cases for the Death Spiral there are no levels.

Levels explanations:

For Advanced Novice Pairs, in all elements which are subject to Levels, only features up to Level 3 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

The Program Components are only judged in

- Skating Skills
- Transitions
- Performance/Execution
- Interpretation

Factor: For the Program Components is 2.00.

Duration: 3:30 min, +/- 10 sec

BASIC NOVICE A Girls and Boys

Free Skating only. A well balanced Free Skating program for Singles
a must contain:

- a. Maximum of 4 jump elements for Girls and Boys one of which must be an Axel type jump. There may be up to two (2) jump combinations or sequences. Jump combinations can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only two most difficult jumps will be counted. Triple jumps are not permitted.
- b. There must be a maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination with or without change of foot (minimum of six (6) revolutions in total) and one spin with no change of position and with or without change of foot (minimum of six (6) revolutions in total).
- c. There must be a maximum:
 - (i) for Girls one (1) step sequence or one (1) spiral sequence consisting of max. two (2) spiral positions. The sequence (step or spiral) will have a fixed Base value and evaluated in GOE only.
 - (ii) for Boys maximum of one (1) step sequence with a fixed Base value and evaluated in GOE only.

Levels explanations:

For Basic Novice A Singles, in all elements which are subject to Levels, only features up to **Level 2** will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

The *Program Components* are only judged in

- Skating Skills
- Performance/Execution

Factor: for boys 5.00
for girls 4.00

Duration: 2:30 min, +/- 10 sec for boys and girls

BASIC NOVICE B Girls and Boys

Free Skating only. A well balanced Free Skating program for Singles B Girls and Boys must contain:

- a) Maximum of 5 jump elements for Girls and 6 jump elements for Boys one of which must be an Axel type jump. There may be up to two (2) jump combinations or sequences. A jump combination can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only two most difficult jumps will be counted.
Only two (2) jumps with two and a half (2 1/2) or more revolutions can be repeated either in a jump combination or in a jump sequence.
- b) There must be a maximum of two (2) spins of a different nature, one of which must be a spin combination (minimum of ten (10) revolutions in total) and one a flying spin or a spin with a flying entrance (minimum of six (6) revolutions in total).
- c) There must be a maximum:
 - (i) for Girls one (1) step sequence or one (1) spiral sequence consisting of max. two (2) spiral positions. The sequence (step or spiral) will have a fixed Base value and evaluated in GOE only.
 - (ii) for Boys maximum of one (1) step sequence with a fixed Base value and evaluated in GOE only.

Level explanations:

For Basic Novice B Singles, in all elements which are subject to Levels, only features up to **Level 2** will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

The Program Components are only judged in

- Skating Skills
- Performance/Execution
- Interpretation

Factor: for boys 3.33
for girls 2.67

Duration: 3:00 min, +/- 10 sec for boys and girls

BASIC NOVICE Pairs

Free Skating only. A well balanced Free Skating program must contain a maximum of:

- a) Two different lifts of Group 1 to 2, one arm holds not allowed (full extension of the lifting arm of the partner is not required)
- b) One Lutz Twist lift (single)
- c) One solo jump (single or double)
- d) One solo spin, no change of foot, change of position optional, minimum five (5) revolutions or one pair spin, minimum 5 revolutions
- e) One pivot figure *)
- f) One spiral sequence consisting of max. two (2) spiral positions. The sequence will have a fixed Base value and evaluated in GOE only.

*If a death spiral is executed, it is marked according to ISU Technical Rules Single & Pair Skating. In other cases there are no Levels.

Levels explanations:

For Basic Novice Pairs, in all elements which are subject to Levels, only features up to **Level 2** will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

The Program Components are only judged in

- Skating Skills
- Performance/Execution

Factor: for pairs 4.00

Duration: 3:00 min, +/- 10 sec

3. ENTRIES:

Each ISU Member has the right to nominate 3 competitors for each single event and 3 pairs for each pair event in the NRW-Trophy 2010. The official entry forms must be used. The organizer reserves the right to enter more competitors in each category.

Passports of the skaters, as well as ISU Clearance Certificate, if applicable, must be presented at the accreditation.

The entries by name should reach the organizer not later than **November 6th, 2010**. Entries by fax or E-Mail are appreciated.

The entry forms have to be used and must be sent to:

**Eissport – Verband NRW e.V.
Strobelallee 32
D - 44139 Dortmund
Germany**

Phone: +49 231 912 82 33

Fax: +49 231 912 82 34

Email: frieder.dieck@lev-nrw.de

Entries must be accompanied by the official "ISU Declaration Form" as per Rule 1, In case of competitors who are not full of age (under 18), such Declaration must be co-signed by at least one of the parents or other guardian at law. Each Entry Form and Declaration Form must be signed by an authorized ISU Member Representative such as President, General Secretary, Executive Director, CEO (Rule 104, paragraph 4).

World Standing Points

In case the requirements as per ISU Communication 1629 are fulfilled, World Standing points will be awarded in the Senior Categories Men, Ladies and Pairs.

4. ENTRIES OF JUDGES

Each participating ISU Member is requested to nominate one Judge and one substitute Judge with at least the qualification "International Judge or International Referee". If an ISU Member has entries in Men' and Ladies' events or in a single event and a pair event, the Member has the right to enter a second Judge.

Should there be more judges entered than needed in competition, the organizer reserves the right to conduct a pre-draw of the panels of Judges. Judges not drawn will be informed accordingly in time before the competition.

5. PRACTICE

Official practice for competitors starts on **December 2nd, 2010**. The detailed schedule will be issued at the time of registration.

6. MUSIC / PLANNED PROGRAM

All Competitors shall furnish competition music of excellent quality on CD format, in accordance with Rules 343, paragraph 1. The music covers/discs must show the exact running time of the music (not skating time), which shall be certified by the competitor and by the coach, when submitted at the time of registration. Each program (Short/Free) must be recorded on one track and on a separate disc. The discs must show the competition event, competitor's name and the nation. A list of titles, composer and orchestras of the music to be

used for Short Program and Free Skating Program for Single and Pair Skating must be listed for each Competitor on the official Music Information Form and attached to the official Entry Form for Competitors.

Together with the entry forms, the "Program Content Sheet" must be returned to the Organizing Committee. It is mandatory that the Program Content Sheet has to be completed precisely by each skater/couple in English using the terminology listed in ISU Communication 1318 and 1319 or any update.

7. INDIVIDUAL RESULTS

Judging and calculations will be done as described in ISU Special Regulations Single and Pair Skating 2010, Rule 352 und 353.

9. ACCOMMODATION AND TRAVEL FEES

The organizer covers the costs of accommodation and full board for one judge beginning with Thursday, December 2nd, 2010, starting with lunch to Sunday, December 5th, 2010, including lunch or after the Round Table Discussion whichever is later. Additional judges need to cover their own costs. Travel fees will be paid only to Technical Specialists and Technical Controllers based on economy air fare.

10. OFFICIAL HOTEL

The official Team Hotels will be named after receipt of your entry.

11. TRANSPORT

All hotels are located nearby the ice rink so that no transportation will be necessary.

The nearest airports to Dortmund are Dortmund-Airport and Duesseldorf International Airport. There is a direct train from Duesseldorf International Airport Station (to be reached by the Sky train) to Dortmund Main Station (approx. 1 ½ hours).

A special bus-service will also be provided between the Duesseldorf International Airport (**not Duesseldorf-Weeze**) and Dortmund at certain times. Costs for this service will be € 25,00 per person and way. Only in very exceptional cases transport for single persons will be provided at the cost of the person concerned,

12. ACCREDITATION

The official accreditation is planned at the Ice Rink. Accreditation will be given to all Referees, Assistant Referees, ISU Office Holders and Guests. Accreditation as a Team Member will furthermore be given to all entered Judges and Participants, one Team Leader, one coach per Competitor and one Chaperon.

13. ENTRY FEES

Entry fees: € 30,00 for single skater and € 60,00 for pairs.

14. PRACTICE SCHEDULE

The detailed schedule will be issued at the time of registration.

15. INSURANCE / LIABILITY

In accordance with Rule 119, it is the sole responsibility of each Member participating in the NRW Trophy 2010, to provide medical and accident insurance for their athletes, officials and all other members of the Member's team. Such insurance must assure full medical attendance and also the return to the home country by air transport or by other expeditious means of the ill or injured person.

The Organizer assumes no responsibility for or liability with respect to bodily or personal injury or property damage incurred in connection incurred by Competitors and Officials.

16. INFORMATION

For further Information please contact

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