

# Figure skating club USK Praha



## Prague Cup Grebovka

### Interclub Competition ice dance

#### GENERAL REGULATIONS

The Prague Cup Grebovka 2022 Interclub Competition in Ice Dance will be conducted in accordance with the ISU Constitution and General Regulations 2022, the Special Regulations & Technical Rules Ice Dance 2022, and the relevant ISU Communications.

- Organizer:** Figure skating club USK Praha
- Date:** 22.1.2023
- Place of competition:** Ice-rink Hasa, Sámova 1, Praha 10
- Manager:** Ing. Markéta Štroblová,  
E-mail: [kraso.usk@gmail.com](mailto:kraso.usk@gmail.com)
- Office:** Lucie Petráková, tel.: +420 724 245 760  
E-mail: [zavodyusk@gmail.com](mailto:zavodyusk@gmail.com)
- Accommodation:** Will be secured for officials, judges, technical panel and invited guests only.
- Draw:** The starting number will be drawn by organizer the day before competition.
- Entries:** Full names, category, PPC and music  
via E-mail: [zavodyusk@gmail.com](mailto:zavodyusk@gmail.com)  
**Deadline for entries – 12.1.2023.**
- Entry fee:** 120 euro per couple – all categories  
**Deadline for fees – 12.1.2023.**

**Bank information:**            **Bank name:** ČESKÁ SPOŘITELNA  
**Bank Adress:** Václavské n.16, 110 00 Praha 1,CZ  
**BIC:**                            GIBACZPX  
**IBAN:**                         CZ61 0800 0000 0019 2239 0329  
**Account Name:** Univerzitní sportovní klub Praha  
**Account Number:** 1922390329/0800

**Results:**                        Will be published at Czech Figure Skating Association official web sides - ČKS [www.czechskating.org](http://www.czechskating.org)

**Program schedule:**        Please, be informed that only the category starting times are fixed and that all changes in entries and Preliminary Program might be followed on the information board in the ice rink.

## Categories

### Senior Ice Dance

1/ Rhythm Dance In accordance with ISU Technical Rules Ice Dance 2022, Rule 709. Rhythms, required elements and guidelines are those listed in ISU Communications 2468 and subsequent updates. Duration: 2 min., 50 sec., +/- 10 sec

2/ Free Dance In accordance with ISU Technical Rules Ice Dance 2022, Rule 710. The required elements to be skated are those listed in ISU Communication 2468 and subsequent updates. Duration: 4 min., +/- 10 sec

### Junior Ice Dance

1/ Rhythm Dance In accordance with ISU Technical Rules Ice Dance 2022, Rule 709. Rhythms, required elements and guidelines are those listed in ISU Communications 2468 and subsequent updates. Duration: 2 min., 50 sec., +/- 10 sec

2/ Free Dance In accordance with ISU Technical Rules Ice Dance 2022, Rule 710. The required elements to be skated are those listed in ISU Communication 2468 and subsequent updates Duration: 3 min., 30 sec., +/- 10 sec.

### Advanced Novice Ice Dance

1/ Pattern Dances In accordance with ISU Technical Rules Ice Dance 2022, Rule 711, ISU Communication 2463 and all pertinent ISU Communications. Two (2) Pattern Dances are to be skated: **Westminster Waltz** and **Argentine Tango**. Couples shall provide their own music for all Pattern Dances.

2/ Free Dance In accordance with ISU Technical Rules Ice Dance 2022, Rule 710 The required elements to be performed are those listed in ISU Communication 2463 and subsequent updates. Duration: 3 minutes, +/- 10 sec.

### **Intermediate Novice Ice Dance**

1/ Pattern Dances In accordance with ISU Technical Rules Ice Dance 2022, Rule 711, ISU Communication 2463 and all pertinent ISU Communications. Two (2) Pattern Dances are to be skated: Group 2: **Fourteenstep** and **Tango**. Couples shall provide their own music for all Pattern Dances.

2/ Free Dance In accordance with ISU Technical Rules Ice Dance 2022, Rule 710. The required elements to be performed are those listed in ISU Communication 2463 and subsequent updates. Duration: 2 min., 30 sec., +/- 10 sec.

### **Basic Novice Ice Dance**

1/ Pattern Dances In accordance with ISU Technical Rules Ice Dance 2022, Rule 711, ISU Communication 2463 and all pertinent ISU Communications. Two (2) Pattern Dances are to be skated: **Willow Waltz** and **Tango Fiesta**. Couples shall provide their own music for all Pattern Dances.

2/ Free Dance In accordance with ISU Technical Rules Ice Dance 2022, Rule 710. The required elements to be performed are those listed in ISU Communication 2463 and subsequent updates. Duration: 2 minutes, +/- 10 sec.

## **Preliminary Schedule**

### **Neděle 22.1.2023**

07:15 – 07:45 Judges meeting

08:00 – 09:40 PD Basic novice ice dance

09:40 – 11:20 PD Intermediate novice ice dance

11:20 – 12:00 RD Advanced novice ice dance

12:00 – 13:00 RD Junior ice dance

13:00 – 13:30 RD Senior ice dance

14:00 – 14:40 FD Basic novice ice dance

14:40 – 15:20 FD Intermediate novice ice dance

15:20 – 16:10 FD Advanced novice ice dance

16:10 – 17:00 FD Junior ice dance

17:00 – 17:30 FD Senior ice dance